

CASA/GAL Training Opportunities

JULY - SEPT 2025



1. CASA volunteers are to take twelve (12) hours of on-going training annually, of which 3 hours must qualify as GAL training under Ohio Supreme Court Rule 48, noted as such below: ***Rule 48.**
2. Trainings in **BLUE** are highly recommended and are organized by CASA.
3. Submit all training certificates to award@co.lucas.oh.us for credit towards your required annual training.
4. **LCCS Note:** If you miss more than 15 minutes of any training at the Lucas County Conference and Learning Center, you will not be given a training certificate. Arrive on time! There is a charge for parking. Please make sure to bring a form of payment in either debit/credit or cash with you.
6. **CASA Office Note:** Complete & submit an **In-Service Training Form** for any training that does not provide you a certificate of completion. See website or email for a copy of the In-Service Training Form.
7. Please remember to **cancel** if you are unable to attend.
5. Additional valuable online trainings are available on the following websites:
<https://www.nationalcac.org/online-training-catalog/>
<https://www.supremecourt.ohio.gov/JudicialCollegePublicCalendar/#/judicialcollegecourses>
<https://www.ohiocasa.org/available-courses/>
<https://static1.squarespace.com/static/5b3ffea5620b85be5d272f4b/t/601ab323ca147d37c16988ed/1612362533393/National-CASA-GAL-Association-for-Children-2020-Archived-Webinars-Catalog.pdf>

*****Please email Aislynn Ward to see if the training you are interested in is Rule 48 approved.*****

JULY 2025

Preventing Foster and Adoption Care Disruptions

Date: Wednesday July 16, 2025

Place: Lucas County Conference and Learning Center, 301 Adams St.

Instructor: Jim Still-Pepper

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Disruption does not have to determine the end of the relationship. This training will help participants know how to respond to youth who are struggling. Participants will discover what it takes to help youth feel like they belong. Foster and adoptive parents will learn the keys to staying on course and will explore how trust filters help prevent disruptions.

IN-PERSON

***Rule 48**

Time: 9:00 am – 4:00 pm (6 Credit Hours)

Cost: Free

Mission Possible: Effective Work with Parents with Mental Illness

Date: Thursday July 17, 2025

Place: Lucas County Conference and Learning Center, 301 Adams St.

Instructor: Jim Still-Pepper

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: When parents suffer from mental illness, the entire family is influenced. This training explores the impact on children when their parents carry a diagnosis. It offers practical steps to understanding and managing the dynamics of difficult parents. It also includes ways for motivating parents to create positive change.

IN-PERSON

***Rule 48**

Time: 9:00 am – 4:00 pm (6 Credit Hours)

Cost: Free

The Biased Brain: Understanding and Applying Heuristics in the World of Child Welfare

Date: Friday July 18, 2025

Place: Lucas County Conference and Learning Center, 301 Adams St.

Instructor: Jim Still-Pepper

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Our brains constantly think, but sometimes our thoughts can be tricked. Sometimes our brains help us make sense of a confusing world, and sometimes the world confuses us. This workshop will help caseworkers to better understand the thought processes of youth and parents and how to appropriately respond not just to the behavior, but to the underlying thought processes as well. The workshop will also help participants understand how their own heuristics may be affecting their work.

IN-PERSON

***Rule 48**

Time: 9:00 am – 4:00 pm (6 Credit Hours)

Cost: Free

Bridges Out of Poverty**Date:** Friday, July 25, 2025**Place:** TBA**To sign up:** Contact Stephen MacDonald at smacdonald@lucasfcfc.org or call (419) 283-5485.**Description:** This seminar gives staff and volunteers a common language, understanding, and tools to prevent and alleviate poverty. Participants increase awareness of how economic class impacts life experience, resources, and stability. Customer service and teamwork in business and community settings are improved. This seminar is based on the book Bridges Out of Poverty: Strategies for Professionals and Communities, a collaboration between Ruby K. Payne, Philip DeVol, and Terie Dreussi Smith.**NOTE:** 90% of the cost is eligible for reimbursement via CASA. There's free parking next to the building-the driveway is on Jefferson. Drive under the building overhang to get to the parking lot.**IN-PERSON****Time:** 8:30 am – 4:30 pm (6.5 Credit Hours)**Cost:** \$50 Price includes a box lunch and a book.***Rule 48**

AUGUST 2025

What is Poverty Culture? Strategies for Working with Families Living in Poverty**VIRTUAL*****Rule 48****Date:** Friday, August 8, 2025**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 301 Adams St. **Cost:** Free**Instructor:** Daniel Houston**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Description:** This workshop provides information about the characteristics of children and families living in poverty. It provides strength-based strategies and creates climates of mutual respect and mutual purpose that empowers children, youth and families to solve problems associated with poverty. It examines how and why people view clients in poverty from a deficit rather than a strengths-based approach. The workshop explores a framework for developing strategies to enhance the professional's ability to work with individuals living in generational poverty.**Bridges Out of Poverty****IN-PERSON*****Rule 48****Date:** Monday, August 11, 2025**Time:** 8:30 am – 4:30 pm (6.5 Credit Hours)**Place:** TBA**Cost:** \$50 Price includes a box lunch and a book.**To sign up:** Click the link to register <https://www.eventbrite.com/e/bridges-out-of-poverty-training-tickets-1115966518899?aff=oddttdcreator> Or contact Stephen MacDonald at smacdonald@lucasfcfc.org or call (419) 283-5485.**Description:** This seminar gives staff and volunteers a common language, understanding, and tools to prevent and alleviate poverty. Participants increase awareness of how economic class impacts life experience, resources, and stability. Customer service and teamwork in business and community settings are improved. This seminar is based on the book Bridges Out of Poverty: Strategies for Professionals and Communities, a collaboration between Ruby K. Payne, Philip DeVol, and Terie Dreussi Smith.**NOTE:** 90% of the cost is eligible for reimbursement via CASA. There's free parking next to the building-the driveway is on Jefferson. Drive under the building overhang to get to the parking lot.**Trauma: Unresolved Trauma Can be a Monster Pain and Fire****VIRTUAL*****Rule 48****Date:** Wednesday, August 13, 2025**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 301 Adams St. **Cost:** Free**Instructor:** Linda Davis**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Description:** This workshop focuses on trauma and how it can affect individuals in different ways. We will discuss DSM-5 criteria on trauma- and stressor-related disorders, including Acute Stress Disorder, Adjustment Disorder, Post-traumatic Stress Disorder, Reactive Attachment Disorder, and Disinhibited Social Engagement Disorder. The definition of trauma, as well as the symptoms and types of trauma, will also be discussed; and indicators that help with the assessment and diagnosis of trauma-related disorders will be presented. Finally, treatment methods will be outlined and discussed to prepare caseworkers to better assist caregivers in working with clinicians to address trauma.**Blurry Lines: Boundaries for CASA/GALs (CASA Core)****VIRTUAL*****Rule 48****Date:** Thursday, August 14, 2025**Time:** 5:30 pm - 7:00 pm (1.5 Credit Hours)**Place:** Via Zoom**Cost:** Free**To Sign-Up:** E-mail Aislynn Ward award@co.lucas.oh.us or call 419-213-6985**Instructor:** Chris Caryer, Esq. (Lucas County CASA Director)**Description:** Join CASA staff members to learn about setting boundaries as you work your cases. We will be giving true life examples of important boundaries, discussing why boundaries are important, and providing tips for toeing the line!

Coffee with CASA: Diversity, Equity & Inclusion (DEI)**Date:** Thursday, August 21, 2025**Place:** Mott Branch Library 1010 Dorr St., Toledo, OH 43607**To Sign-Up:** E-mail the CASA Coaches casacoaches@co.lucas.oh.us**Instructor:** Melony King, MSW, MA Manager of Training and Development (NWORTC & LCCS)**Description:** Join us for an opportunity to connect with fellow CASA Volunteers and increase awareness & understanding of Diversity, Equity and Inclusion (DEI). DEI training is all about fostering a more inclusive, fair, and respectful environments.**IN-PERSON****Time:** 10:00 am – 1:00 pm**Cost:** Free***Rule 48****The Ethics of Trauma-Informed Self-Care****Date:** Thursday, August 21, 2025**Place:** Lucas County Conference and Learning Center, 301 Adams St.**Instructor:** Laura Perkins**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Description:** This training will provide an overview on symptoms of burnout and secondary traumatic stress, as well as the ethical principles and standards that call on helpers and caregivers to care for themselves as part of ethical practice. Much of the training will focus on motivating and sustaining behavior change related to enhancing both personal and professional self-care practices and developing new skills for recognizing and managing stress responses arising from the challenges faced in environments where traumatized clients are served.**VIRTUAL****Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Cost:** Free***Rule 48****Working with Youth Who Display Psychotic Features: Double Checking Reality****Date:** Friday, August 29, 2025**Place:** Lucas County Conference and Learning Center, 301 Adams St.**Instructor:** Jim Still-Pepper**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Description:** Youth who display psychotic features are rare, but when it happens, we need to be able to assist the youth and their support system with practical help. This training delves into the world of youth psychosis. It will help participants discover and implement practical steps to help youth who are struggling with psychotic features. It will also explore how participants can assist caregivers in trying to help the youth.**VIRTUAL****Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Cost:** Free***Rule 48**

SEPTEMBER 2025

Fetal Alcohol Spectrum Disorders: A Hidden Struggle**Date:** Thursday, September 4, 2025**Place:** Lucas County Conference and Learning Center, 301 Adams St.**Instructor:** Karen Chennells**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Description:**

- Identify FASD as a brain-based disability and not willful misbehavior
- Describe the role FASD plays in the lives of foster and adoptive children.
- Identify the 12 main primary symptoms and how they present themselves in behaviors.
- Identify common misdiagnoses children with FASDs are given if this disability isn't understood.

VIRTUAL**Time:** 9:00 am – 12:00 pm (3 Credit Hours)**Cost:** Free***Rule 48****Normalcy and the Reasonable and Prudent Parent Standard****Date:** Thursday, September 11, 2025**Place:** Lucas County Conference and Learning Center, 301 Adams St.**Instructor:** Dave Zidar**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Description:** This training introduces caregivers to the concept of normalcy and defines the Reasonable and Prudent Parent Standard (RPPS). Caregivers will learn what needs to be considered when applying the RPPS and will practice applying the standard in a number of scenarios.**IN-PERSON****Time:** 9:00 am – 12:00 pm (3 Credit Hours)**Cost:** Free***Rule 48****Testifying in Court (CASA Core)****Date:** Thursday, September 11, 2025**Place:** Via Zoom**To Sign-Up:** E-mail Aislynn Ward award@co.lucas.oh.us or call 419-213-6985**Instructor:** Chris Caryer, Esq. (Lucas County CASA Director)**Description:** Testifying in court can be scary and challenging, but CASA Staff is here to help! You will learn to identify case information that needs to be shared with the Court and how to compellingly communicate it.**VIRTUAL****Time:** 5:30 pm - 7:00 pm (1.5 Credit Hours)**Cost:** Free***Rule 48**

Bridges Out of Poverty**Date:** Tuesday, September 16, 2025**Place:** TBA**To sign up:** Click the link to register <https://www.eventbrite.com/e/bridges-out-of-poverty-training-tickets-1115975947099?aff=oddtcreator> Or contact Stephen MacDonald at smacdonald@lucasfcfc.org or call (419) 283-5485.**Description:** This seminar gives staff and volunteers a common language, understanding, and tools to prevent and alleviate poverty. Participants increase awareness of how economic class impacts life experience, resources, and stability. Customer service and teamwork in business and community settings are improved. This seminar is based on the book Bridges Out of Poverty: Strategies for Professionals and Communities, a collaboration between Ruby K. Payne, Philip DeVol, and Terie Dreussi Smith.**NOTE:** 90% of the cost is eligible for reimbursement via CASA. There's free parking next to the building-the driveway is on Jefferson. Drive under the building overhang to get to the parking lot.**IN-PERSON*****Rule 48****Time:** 8:30 am – 4:30 pm (6.5 Credit Hours)**Cost:** \$50 Price includes a box lunch and a book.**Burnout, Secondary Trauma, and Self-Care****Date:** Thursday, September 18, 2025**Place:** Lucas County Conference and Learning Center, 301 Adams St.**Instructor:** Laura Perkins**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Description:** While burnout and secondary trauma are becoming more frequently discussed in the field of social services and exposure to trauma in helping work, symptoms of each often go unrecognized or mislabeled. This presentation seeks to provide an overview of the continuum of reactions experienced by helping professionals due to exposure to secondary and primary trauma in their work. A range of self-care domains will be discussed. The facilitator will guide participants through several experiential activities including a chair yoga demonstration, breathing exercises, guided meditation, and the development of an individualized self-care plan using SMART goals and the latest research in behavior management.**IN-PERSON*****Rule 48****Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Cost:** Free**Children whose Parents are Incarcerated****Date:** Thursday, September 18, 2025**Place:** Lucas County Conference and Learning Center, 301 Adams St.**Instructor:** Dr. Paul Martin**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Description:** We will take an in-depth look at how the incarceration of a parent impacts the child, the community, and society at large. Additionally, we will examine unique therapeutic needs, mental health issues, and permanency planning needs that these children will have. We will then look at intervention strategies.**IN-PERSON*****Rule 48****Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Cost:** Free**Child and Adolescent Violence****Date:** Friday, September 19, 2025**Place:** Lucas County Conference and Learning Center, 301 Adams St.**Instructor:** Dr. Paul Martin**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Description:** This is an in-depth discussion about violence perpetrated by children and adolescents, as well as solutions for curbing this violence. We will discuss types and causation of violence, signs of violence and how to respond, risk factors, treatment and prevention, as well as legal implications of violence in children.**IN-PERSON*****Rule 48****Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Cost:** Free**30TH Annual Celebrate Kids! Conference (Ohio CASA)****Date:** Wednesday, September 24, 2025 – Friday, September 26, 2025 (12 Credit Hours)**Place:** Columbus, OH**For More Information:** E-mail us at casacoaches@co.lucas.oh.us***Rule 48****Cost:** \$\$\$**Autism and Sensory Processing Disorder: Understanding and Supporting Children with Special Needs****VIRTUAL*****Rule 48****Date:** Friday, September 26, 2025**Place:** Lucas County Conference and Learning Center, 301 Adams St.**Instructor:** Allison Aldrich**To sign up:** Email Megan Hite at megan.hite@jfs.ohio.gov**Description:**

- Describe autism and sensory processing disorder, including the signs, symptoms, and diagnostic process
- Define each sense and how they play a role in regulation
- Differentiate between a tantrum and meltdown and identify strategies for de-escalation of each type of behavior
- Access additional resources and support for these diagnoses and behaviors

Time: 9:00 am – 12:15 pm (3.25 Credit Hours)**Cost:** Free

**KEEP READING FOR MORE TRAINING OPTIONS –
AVAILABLE ONLINE, ANYTIME**

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Ohio CASA Association: Available online, anytime:

What are Kids Up To: A Serious Look into Juvenile Drug Abuse

***Rule 48**

Date: Available anytime online

Time: 1.5 Credit Hours, CLE & CPE

Place: Webinar

Cost: Free

Instructor: Kevin Everhart, Area Manager for Central and Southern Ohio for American Court and Drug Testing Services (Averhealth). Certified Breath Alcohol Instrument Instructor and Certified Instructor for federal DOT Urine Collections

To sign up: <https://www.ohiocasa.org/available-courses/>

Description: This course provides a serious look into juvenile drug abuse and what kids are up to. Beginning with alcohol consumption and going through more serious substances such as fentanyl and tranq-dope the presenter explains the basics of what is trending amongst kids these days. This course will provide the attendees with the tools needed to understand the current drug trends, what to be aware of while in the field and how to stay safe. This session will improve the participants' professional competence as the presenter explains new, current and past trends of juvenile drug abuse.

The Value of Leveraging Specialized Healthcare Services for Foster Youth

***Rule 48**

Date: Available anytime online

Time: .75 Credit Hours & CLE

Place: Webinar

Cost: Free

Instructor: Mary V. Greiner, MD, MS, Professor of Pediatrics and Medical Director, Comprehensive Health Evaluations for Cincinnati's Kids (CHECK) Center, Cincinnati Children's Hospital Medical Center

To sign up: <https://www.ohiocasa.org/available-courses/>

Description: This course will discuss the health needs and models of healthcare service delivery for children in the custody of county public children's services agencies, including barriers to services as children experience entry into PCSA custody and placement changes. A description of service delivery models in Ohio and other states will be described, with the focus of helping CASA volunteers support children and families in accessing healthcare information and health services for children in their care. Final questions will focus on methods to identify healthcare needs of children and overcome challenges faced by CASA's, families and youth.

Compassion Fatigue – CASA Volunteer Self Care

***Rule 48**

Date: Available anytime online

Time: 1.25 Credit Hours & CLE

Place: Webinar

Cost: Free

Instructor: Tim Green has been the Executive Director of the Voices for Children, Lorain County CASA Program for 23 years and has been employed with the Lorain County Domestic Relations Court since 1990. He holds a bachelor's degree in psychology from Hillsdale College which he obtained in 1988.

To sign up: <https://www.ohiocasa.org/available-courses/>

Description: This course will provide knowledge covers the ways to combat compassion fatigue when working with families in trauma, including how to maintain your resiliency while hearing stories of trauma. This course provides tips on self-care while working with families and afterward. This course will discuss consequences that will arise while working in trauma and give examples to of how to prevent burnout, secondary traumatic stress, and vicarious trauma. This program will benefit not only CASA's but those practitioners who work with clients in trauma, including those in social work, law and therapy, as it touches on issues of trauma. They will walk away with a toolbox full of strategies designed specifically to prevent compassion fatigue — no matter your setting or specialty — and confidently know how to manage emotions, reduce anxiety, and stop feeling overwhelmed; maintain focus, fulfillment, and thrive; successfully navigate the road between caring too much and being too burnt out to care; prioritize your own health and initiate change; and, successfully transition from work to home life.

Ohio CASA- Diversity Training

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hours, CLE & CPE

Place: Webinar

Cost: Free

Instructor: Carin Burr, MS, LPC, LICDC-CS – Full Time Professor at Clark State College in the Social Services Department of the Health, Human, and Public Services Division. Bachelor's degree in Developmental Psychology and a master's degree in Mental Health Counseling.

To sign up: <https://www.ohiocasa.org/available-courses/>

Description: This course will provide knowledge regarding diversity, equity, and inclusion issues surrounding modules on poverty, ethnicity, gender, corrections, mental health, and additions. You will be encouraged to develop insights and to explore myths and other learned information to better understand the challenges provided by barriers and lack of resources from society to the many diversities in the populations we serve and the intersectionality between these issues. Everyone we work with has a unique combination of characteristics including gender, race, socioeconomic status, ethnicity, culture, religion, etc. that have influenced their experience and thus their perceptions and resources they have available with which to navigate the world. When we listen and develop an understanding of what an individual's perceptions and resources are, we can use a more empathetic approach where we do not just imagine their situation but

imagine navigating that situation with their resources and perceptions. To truly imagine their situation, one must first understand their own perceptions and beliefs so that they may begin to remove biases they have learned that create barriers to their own ability to understand and empathize with their client. Biases are not evil things; we have come by many of them through what we have been exposed to. Biases only become issues when we hang on to them in spite of evidence to the contrary or judge from their biases without listening to the individual. What we will be exploring in this training is asking you to consider what information you are using to approach clients and whether that information may be creating barriers to understanding or whether we may be able to incorporate new information to create a broader level of understanding that will help us work in the best interests of those we serve.

Recognizing, Understanding, and Addressing Bias

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour, CLE & CPE

Place: Webinar

Cost: Free

Instructor: Jenny Stotts, Ohio's first Youth Ombudsman, serving foster youth across Ohio.

To sign up: <https://www.ohiocasa.org/available-courses/>

Description: What's YOUR bias? How might it be impacting your work? Learn more about the science behind implicit bias and what you can do to mitigate the effect of implicit bias on your work as a CASA Volunteer. This session will cover the construction of implicit biases, how to recognize implicit bias in yourself, and practical steps to address implicit bias.

The Gender Unicorn: Gender & Sexuality 101

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour & CPE

Place: Webinar

Cost: Free

Instructor: Amanda Erickson, Director of Education & Outreach, Kaleidoscope Youth Center

To sign up: <https://www.ohiocasa.org/available-courses/>

Description: This course will explore the complexity and depth of gender, including gender identity, gender expression, and sex assigned at birth; along with sexuality and the LGBTQIA+ acronym. Participants will practice using personal gender pronouns correctly (and the importance of doing so), and what words to avoid.

Narcotics 101

***Rule 48**

Date: Available anytime online

Time: 1.75 Credit Hour & CPE

Place: Webinar

Cost: Free

Instructor: Kevin Everhart, retired Narcotics Detective and Asst. Task Force Commander of a Major Crimes Task Force

To sign up: <https://www.ohiocasa.org/available-courses/>

Description: This course provides an overall understanding of the world of narcotics. Beginning with Medical Marijuana Laws of Ohio and continuing to the basic understanding of drugs of abuse, this course will provide you the tools you need to understand current drug trends. You also will learn what to be aware of when you are in the field and how to stay safe, along with understanding and interpreting drug testing results.

Engagement 101

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour, CLE & CPE

Place: Webinar

Cost: Free

Instructor: Talia Holmes & Nashawn Lariviere, Both Foster Care Advocates, Ohio Department of Job & Family Services

To sign up: <https://www.ohiocasa.org/available-courses/>

Description: Nashawn Lariviere and Talia Holmes draw both from their own lived experiences in the child welfare system and their professional experiences working with current and former youth in foster care to offer suggestions regarding different techniques that CASA volunteers and other professionals can use to effectively engage the youth with whom they work. While there is no single approach that is all inclusive or encompassing –each youth or young adult has their own individual story and experiences– the information provided should be useful to all who work with youth.

Post-Emancipation Services: Young Adult Services & Bridges

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hours, CLE & CPE

Place: Webinar

Cost: Free

Instructor: Sarah Levels, MSW, Bridges Policy Developer, Ohio Department of Job and Family Services

To sign up: <https://www.ohiocasa.org/available-courses/>

Description: This video offers an overview of post emancipation services available to young adults 12-18 who have aged out of foster care in Ohio. The presentation begins with a discussion about final transition planning requirements and considerations for youth in foster care. Ms. Levels also provides an overview of Ohio's available post-emancipation services such as Medicaid coverage until the age of 26; the Ohio Education Training Voucher (ETV) which offers grant money to attend college; Young Adult Services' post-care services and supports that are offered through the county public children services agencies; and, Bridges, a state-administered program offering support services to emancipated foster youth who meet eligibility criteria. Finally, the audience is provided with information that outlines how, as individuals, we each are able to play an important role in supporting former foster youth on their journey to independence.

Trauma in Childhood

***Rule 48**

Date: Available anytime online

Time: 1.5 Credit Hour, CLE & CPE

Place: Webinar

Cost: Free

Instructor: Ohio CASA Association

To sign up: <https://www.ohiocasa.org/available-courses/>

Description: Participants will gain a better understanding of how stress and trauma impact children and their behavior. By learning how children can develop the capacity to cope and be strengthened by adversity, participants will be better equipped to provide needed support, help children prepare for stressful situations, and build their own resiliency.

CASA Volunteers + Special Education

***Rule 48**

Date: Available anytime online

Time: 1.5 Credit Hours & CEUs (2 Parts, both required)

Place: Webinar

Cost: Free

Instructor: Kristin Hildebrandt, Senior Attorney at Disability Rights Ohio

To sign up: <https://www.ohiocasa.org/available-courses/>

Description: Participants will gain a better understanding of Ohio's special education laws and processes, as well as specific ways that CASA volunteers can advocate within the educational system on behalf of the children they represent. This session also identifies various valuable resources to further aid the CASA volunteer.

Best Practices: Testifying in Court

***Rule 48**

Date: Available anytime online

Time: 1.75 Credit Hours, CLE & CPE (2 Parts, both required)

Place: Webinar

Cost: Free

Instructor: Emily Richter, J.D. & Chris Caryer, Lucas County CASA/Juvenile Court

To sign up: <https://www.ohiocasa.org/available-courses/>

Description: Conducted by two highly experienced attorneys, this session gives participants an overview of the CASA volunteer's role when testifying in court, as well as tips for effectively conveying the information considered most important to judicial decision-making. It is appropriate for newer CASA volunteers preparing to present their report in juvenile court, as well as more seasoned CASA volunteers who want to refresh their knowledge.

On the Margin: Foster Youth at Risk of Human Trafficking

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar

Cost: Free

Instructor: Ohio CASA Association

To sign up: <https://www.ohiocasa.org/available-courses/>

Description: Attendees will hear an open discussion among adult survivors of human trafficking and experts who are fighting to address the trafficking of juveniles. The conversation is led by former Ohio Supreme Court Justice Yvette McGee Brown. Attendees will better understand how professionals and advocates work together to help victims experience "healthy" and accept how to embrace it within their own lives to make change happen. This course has been approved for one hour Sup. Rule 48 continuing education hours.

Understanding Ohio's Child Protection System

***Rule 48**

Date: Available anytime online

Time: 1.5 Credit Hours, CLE & CPE

Place: Webinar

Cost: Free

Instructor: Denielle Ell-Rittinger and Renee Lupi

To sign up: <https://www.ohiocasa.org/available-courses/>

Description: This video will walk the participant through a family's journey when the subject of a suspected child abuse, neglect, or dependency report to an Ohio Public Children Services Agency (PCSA). Although there may be some variation in application among counties, all Ohio PCSA caseworkers utilize the same tools and processes for decision-making. The presenters will examine each of those tools, their purposes, the factors a caseworker must take into consideration, and how assessments guide decision-making. Understanding these processes can help the CASA volunteer and attorney guardian ad litem identify and collaboratively secure appropriate services and protections for the child they represent.

Part 1 begins with a look at the first two stages of intervention in Ohio's child welfare system, Intake and Assessment. As the family and caseworker move from the screening of a report to case decision, the video will examine the various decision points and assessments that are conducted to inform the caseworker's decision, as well as the pieces that the caseworker must put in place to protect and guide the child to permanency. This includes a high-level understanding of risk, safety and family assessments, case decisions, and placement options.

Part 2 looks at the third stage of Ohio's child welfare system, case management. This video dissects the elements of a quality case plan and helps the viewer to better understand how the language of the plan affects the family's ability to successfully modify behavior and address the concerns that led to protective intervention. As a CASA volunteer or

attorney guardian ad litem you can advocate for families to be engaged in the development of case plans that are written clearly with observable measures and actions that directly link to the identified concerns.

Altering the Path to Delinquent Behaviors: A Guide for GALs

***Rule 48**

Date: Available anytime online

Time: 1.5 Credit Hours, CLE & CEU

Place: Webinar

Cost: Free

Instructor: Stefanie Lynn Coe, J.D., CASA of Franklin County

To sign up: <https://www.ohiocasa.org/available-courses/>

Description: Have you wondered how it is that so many of the children represented by CASA Volunteers or attorney guardians ad litem as a result of the child's abuse or neglect end up in the juvenile justice system? This course will help the CASA volunteer and attorney guardian ad litem become familiar with risk factors that may contribute to delinquent behavior, the steps that can be taken to help prevent or mitigate delinquent acts, and the types of community supports that may be available to help.

In this course, a highly experienced attorney describes the legal framework of juvenile delinquency and gives insight as to how this may impact the role of a CASA volunteer or attorney guardian ad litem. At conclusion, the participant will better understand the nature of delinquency and its causes and have gained knowledge about the factors that contribute to a child choosing to engage in delinquent behavior.

Understanding Addiction: Squirrel Logic

***Rule 48**

Date: Available anytime online

Time: 1.5 Credit Hours, CLE & CPE

Place: Webinar

Cost: Free

Instructor: Brad Lander, Ph.D, Clinical Director - Addiction Medicine at The Ohio State University Wexner Medical Center

To sign up: <https://www.ohiocasa.org/available-courses/>

Description: Ever asked yourself, "Why don't they just stop?" Using a mood-altering drug over time creates fundamental changes to the brain that lead to compulsive and self-destructive behavior. This presentation will help the viewer understand substance abuse as a chronic brain disease rather than bad behavior and fully conceptualize the impact of alcohol and drug use on the brain and behavior. Dr. Lander explores the physiology of how substance use becomes addiction and what this means in terms of establishing realistic time frames and expectations to support successful recovery based on neurological findings.

National CASA/GAL Association: Available online, anytime:

Advancing Education Rights, Ensuring Equal Access & Addressing Barriers for Students in Care

***Rule 48**

Date: Available anytime online

Time: 1.20 Credit Hours

Place: Webinar

Cost: Free

Presenter: Paige Joki, Esq., Staff Attorney, Education Law Center Recorded on April 19, 2023

To sign up: To access, click here or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/component-page?hasValidToken=false&clusterId=aw1&action=play&filePlayId=fksmE7jHD5aKt2caKan7MK8_QzwcZuKzSwQlOmYXTIENGqcx3BV3uOafFEkn_zB11YsfoHf5JDwC_ttm.uQRHkJjixDgGFcFa&componentName=recording-register&meetingId=eY5kGkwYdI8W7Y7Q70BggnUt_Zf6pmRZAF8OcGywLVVC4AACdiTr20soeOkqaHcc.-IKAIjFLaiXPAwa9&originRequestUrl=https%3A%2F%2Fnationalcasagal.zoom.us%2Frec%2Fplay%2Fkbj7hGwxvcfDontPz2mhZ2GoEYBqCLZTh3-vby4xvehZTYeh2IDmiUt9QrppP4TfQ2ClYeiNG0AVYQLd.Y8tOIRm_js5Vh-ty%3Fautoplay%3Dtrue%26startTime%3D1681927236000

Description: This webinar will discuss educational barriers that children in foster care face including educational instability, special education programming, and roadblocks to graduation. Attendees will be equipped with strategies to comprehensively address individual and systemic barriers to quality public education using existing protections and strategies.

Creating a Gender Inclusive Environment in Child Welfare Systems

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar

Cost: Free

Presenter: Presented by the Human Rights Campaign Foundation: Phii Regis, MPS, ACAF Deputy Director, Human Rights Campaign Foundation Recorded on October 11, 2023

To sign up: To access, click here or copy the link below into your browser:

<https://nationalcasagal.zoom.us/rec/share/JkKxD8xjtG8s8KfREGQQ2D7-ixwLZOY5AXGUJ9c98mw0PhrI8lhgEVS7kMHd5lyK.PDBjg330-uejSIUg>

Description: There are between 1.5 to 2 times as many LGBTQ youth living in foster care as LGBTQ youth living outside of foster care. LGBTQ youth have a higher average number of foster care placements and are more likely to be living in a

group home. Understanding the prevalence of children in the child welfare system who are LGBTQ youth and how to advocate for the needs of this population will be considered during the webinar. You will learn about transgender inclusion, including gender identity and expression, transgender, non-binary and gender-expansive identities and experiences; learn ways to create a gender-inclusive agency environment through policy and practice change; and explore language and behaviors that are welcoming and affirming to youth and adults with diverse gender identities and expressions.

Understanding Relationships and Their Importance to Early Childhood Development

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar

Cost: Free

Presenter: Presented by Zero to Three: Mike Sherman, Psy.D., Infant and Early Childhood Mental Health Clinical Manager, National Infant Toddler Court Team Program Recorded on October 25, 2023

To sign up: To access, click here or copy the link below into your browser:

<https://nationalcasagal.zoom.us/rec/share/oBplwMVnsnrTDiJoSLXoZZ1NCPc2ragU7m2Y0eJKOGq7TnmRz2NrMcTXMUgHLQI.XV45pXDYhbtOSofl?startTime=1698253171000>

Description: Webinar participants will understand how relationships play a pivotal role in shaping the trajectory of a child's development. From the earliest moments of life, the interactions children have with caregivers and their surrounding environment form the foundation for their cognitive, social, emotional, and physical development. This webinar, tailored for CASA/GAL staff and volunteers, delves deep into the intertwined nature of relationships and development in the early years. Leveraging the considerable expertise of Zero to Three, the content ensures a comprehensive understanding and actionable insights for CASA/GAL staff and volunteers.

Mental Health Essentials Part One: Foundations of Mental Health

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar Recorded on November 2, 2023

Cost: Free

Presenter: Presented by Mental Health Collaborative: Sue Hanly, MSN, RN and Arti, Kumar-Jain, Ph.D Candidate, MCHC, M.Ed., Mental Health Collaborative

To sign up: To access, click here or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/share/uThSjd9rRML9GgRiqPEXPTFNI57BwBfrJGJKyS_G6eoPKGZzZOTXBP6_a9rrbOa0.QRNLXPfS9MNfkmRW?startTime=1698944411000

Description: This webinar is part one of a two-part webinar series with the Mental Health Collaborative, where they will present evidence-based training tailored for CASA/GAL staff and CASA/GAL volunteers. Dive deep into the core tenets of Mental Health Literacy, encompassing essential topics like combating stigma, gaining insights into mental illnesses, advocating for positive mental health, and navigating the roadmap to professional support. As an added bonus, this webinar will equip you with invaluable strategies to safeguard your own mental well-being as you advocate for others. Gain insights from seasoned clinicians who'll spearhead these webinars, ensuring an insightful learning experience.

Mental Health Essentials Part Two: Strategies to Support & Promote Mental Health

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar, Recorded on November 16, 2023

Cost: Free

Presenter: Presented by Mental Health Collaborative: Sue Hanly, MSN, RN and Arti, Kumar-Jain, Ph.D Candidate, MCHC, M.Ed., Mental Health Collaborative

To sign up: To access, click here or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/share/TYio47t_NWtF5obwLxhib7VetvLnI-jbLCFgBLEeQvr0z7aaVCGWRibPTZV5T7KO.PsGjo_H0K7C3JIFV?startTime=1700157606000

Description: This webinar is part one of a two-part webinar series with the Mental Health Collaborative, where they will present evidence-based training tailored for CASA/GAL staff and CASA/GAL volunteers. Dive deep into the core tenets of Mental Health Literacy, encompassing essential topics like combating stigma, gaining insights into mental illnesses, advocating for positive mental health, and navigating the roadmap to professional support. As an added bonus, this webinar will equip you with invaluable strategies to safeguard your own mental well-being as you advocate for others. Gain insights from seasoned clinicians who'll spearhead these webinars, ensuring an insightful learning experience.

Through the Eyes of the Child: Exploring Protective Factors and Supporting Resiliency

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar, Recorded on December 13, 2023

Cost: Free

Presenter: Presented by Zero to Three Gain valuable insight from a unique perspective – that of a child. Mike Sherman, Psy.D., Infant and Early Childhood Mental Health Clinical Manager, National Infant Toddler Court Team Program

To sign up: To access, click here or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/share/rXVaTUwcz5nzRO2gz69075FeyNV9LQweml_0URiL6ij1PUqtKKuHASPkpz2WcfKI.3U7hV_xrVOswMa3p?startTime=1702490412000

Description: This webinar will provide a view, from a child's perspective, of the challenges, vulnerabilities, but most importantly, the resilience inherent within young children. Young children, especially those who've experienced maltreatment and the complexities of foster care, navigate their world with a unique lens, influenced by both trauma and hope. This webinar by Zero to Three highlights the distinction between typical development and the effects of adverse experiences. With a strong emphasis on innovative trauma informed strategies and the importance of cultural humility, this webinar will empower CASA/GAL staff and volunteers in their advocacy roles. Participants will leave the webinar with strategies to support CASA/GAL advocacy for young children and their families.

NOTE: Please complete an In-Service Training form for webinars watched.

Aging Out Institute: Available online, anytime

Podcast episodes:

Episode 080: Topic Discussion - Helping Foster Youth Reach Education Goals

***Rule 48**

Date: Available anytime online

Time: .80 Credit Hour

Place: Podcast

Cost: Free

To sign up: Click the Link to listen. <https://www.podbean.com/ep/pb-vby6x-14a9fd7>

Description: In this episode, Lynn Tonini facilitates a conversation between three individuals connected with organizations that support youth aging out of foster care by helping them reach their education goals: Elizabeth Bruchez with DPHHS (Lewistown MT), Stephen Coop with Reach Higher Montana (Helena, MT), and Kate Danielson with Foster Progress (Chicago, IL). During this conversation, we discussed what their organizations do for youth, how the Chafee program works and the funds that Chafee provides, the challenges that foster youth face in reaching their education goals, and strategies to help them overcome those hurdles.

Resources mentioned during podcast:

[DPHHS – Child & Family Services \(Lewistown, MT\)](#)

[Reach Higher Montana](#)

[Foster Progress](#)

[John H. Chafee Foster Care Program for Successful Transition to Adulthood](#)

[National Youth in Transition Database](#)

[Foster Club](#)

[Mike Rowe Works Foundation](#)

Episode 089: Interview with Donna Skora, Founder of Surrogate Grandparents USA (Summerfield, FL)

***Rule 48**

Date: Available anytime online

Time: .75 Credit Hour

Place: Podcast

Cost: Free

To sign up: Click the Link to listen. <https://www.podbean.com/ep/pb-s26ec-1542ddd>

Description: In this episode, Lynn Tonini interviews Donna Skora, Founder of Surrogate Grandparents USA, based in Summerfield, FL. We discussed the reason that she started this Facebook page, which is dedicated to connecting people in order to develop chosen families. We then moved into a conversation about how this site can help connect former foster youth with adults who can serve as surrogate family and mentors. We wrapped up with the challenges that youth aging out of foster care face, and how developing a strong relationship with supportive adults can be the key to making the transition successfully.

Resources mentioned during podcast:

[Surrogate Grandparents USA](#)

[Trauma Informed Care](#)

[Adverse Childhood Experiences \(ACEs\)](#)

[Positive Childhood Experiences \(PCEs\)](#)

[Foster Care Alumni of America](#)

Episode 092: Interview with Bruce Wingate with Foster Care Furniture (Boise, ID)***Rule 48****Date:** Available anytime online**Time:** 1 Credit Hour**Place:** Podcast**Cost:** Free**To sign up:** Click the Link to listen. <https://www.podbean.com/ep/pb-4fgsi-15a9fe6>

Description: In this episode, Lynn Tonini interviews Bruce Wingate, President of Foster Care Furniture in Boise, Idaho. Bruce describes how his organization provides training in woodworking and carpentry for youth who have aged out of foster care. Their nonprofit offers 13 weeks of training in which the youth build products to specifications for a paying client. Then, they assist the youth in finding employment in the trades. They are also planning a second phase, which will include enabling youth to own their own tiny homes.

Resources mentioned during podcast:

[Foster Care Furniture](#)[Protect Idaho Kids](#)[College of Western Idaho](#)[Woodcraft](#)[Maker Shop](#)[Idaho Workforce Development Council](#)[CASA/GAL](#)[Casey Family Programs](#)**Episode 094: Interview with Mark Mecum from Ohio Children's Alliance (Columbus, OH)*****Rule 48****Date:** Available anytime online**Time:** .80 Credit Hour**Place:** Podcast**Cost:** Free**To sign up:** Click the Link to listen. <https://www.podbean.com/ew/pb-rcpn9-15ef901>

Description: In this episode, Lynn Tonini interviews Mark Mecum, CEO of Ohio Children's Alliance in Columbus, Ohio. Mark explains the work that his organization does for youth aging out of foster care through the **Ohio Bridges Program**, the state's extended foster care program. We talk about the importance of prevention so that youth don't have to go into foster care in the first place, and we wrap up discussing opportunities to improve outcomes for aged-out youth.

Resources mentioned during podcast:

[Ohio Children's Alliance](#)[Midwest Evaluation of the Adult Functioning of Former Foster Youth: Outcomes at Age 26](#)[National Youth in Transition Database](#)[The Open Table](#)

NOTE: Please complete an In-Service Training form for podcasts listened to. Consider the following: How does the information from these podcasts & the differing geographical locations pertain to your CASA work? How does this information influence your advocacy? Are you able to think of similar services that are available in your CASA child's community?

Center on the Developing Child at Harvard University: Available online, anytime

#PlaceMatters series:**1.) A New Lens on Poverty*****Rule 48****Date:** Available anytime online**Time:** 1 Credit Hour**Place:** Webinar**Cost:** Free**Speakers:** Lindsey Burghardt, Monna Hanna-Attisha, Luke Shafer**To sign up:** Click the Link to Watch https://www.youtube.com/watch?v=Y9kl_b5VEb8

Description: "We explored how the qualities of the places where people live are shaped by historic and current policies, which have created deep disadvantage across many communities with important implications for the health and development of the children who live there."

2.) Understanding Racism's Impact on Child Development***Rule 48****Date:** Available anytime online**Time:** 1 Credit Hour**Place:** Webinar**Cost:** Free**Speakers:** Stephanie Curenton, Natalie Slopen, Mavis Sanders, Nate Hartnett**To sign up:** Click the Link to Watch <https://www.youtube.com/watch?v=Z5Q4TJ7s4Vg>

Description: “[...]examined how racism gets “under the skin” to impact children’s development as well as contributes to unequal access to opportunity in the places where children live, grow, play, and learn.”

The Brain Architects Podcast: Brain Architecture: Laying the Foundation

***Rule 48**

Date: Available anytime online

Time: .5 Credit Hour

Place: Podcast

Cost: Free

To sign up: Click the Link to Listen <https://developingchild.harvard.edu/resources/podcasts/the-brain-architects-podcast-brain-architecture-laying-the-foundation/>

Description: Why are the early years of a child’s life so important for brain development? How are connections built in the brain, and how can early brain development affect a child’s future health? This episode of The Brain Architects dives into all these questions and more. First, Dr. Jack Shonkoff, director of the Center on the Developing Child, explains more about the science behind how brains are built—their architecture—and what it means to build a strong brain. This is followed by a panel discussion with Dr. Judy Cameron, professor of psychiatry at the University of Pittsburgh; Debbie LeeKeenan, an early childhood consultant and former director of the Eliot-Pearson Children’s School at Tufts University; and Dr. Pia Rebello Britto, the global chief and senior advisor for the Early Childhood Development Program Division at UNICEF. These panelists discuss the practical side of building brain architecture, and what any parent or caregiver can do to help give children’s brains a strong foundation

The Brain Architects Podcast: Toxic Stress: Protecting the Foundation

***Rule 48**

Date: Available anytime online

Time: .55 Credit Hour

Place: Podcast

Cost: Free

To sign up: Click the Link to Listen <https://developingchild.harvard.edu/resources/podcasts/the-brain-architects-podcast-toxic-stress-protecting-the-foundation/>

Description: What is toxic stress? What effects can it have on a child’s body and development, and how can those effects be prevented? What does it mean to build resilience? This episode of The Brain Architects explores what “toxic stress” means, and what we can do about it. Host Sally Pfitzer is once again joined by Center Director Dr. Jack Shonkoff as they dive into the different types of stress, including what makes certain stress “toxic,” while other stress can be tolerable or even positive for children. They discuss the effects that toxic stress can have on developing brains, as well as what it means to be resilient to sources of stress, and how parents and caregivers can help encourage that resilience in children. Dr. Shonkoff also emphasizes the point that, even for those who may have experienced toxic stress, “it’s never too late to make things better.” Then, listen to a panel discussion featuring Pediatrician Dr. Kathleen Conroy, Community Mental Health Worker Cerella Craig, Professor and Researcher Dr. Megan Gunnar, and Training Director for Rise Magazine Jeanette Vega, as they discuss the various ways in which they encounter toxic stress and its effects in their work. The panelists speak openly about how toxic stress can affect families and children—including ways in which the systems set up to help can be the cause of further stress—and how to talk about toxic stress in a way that doesn’t make things feel hopeless to those who have experienced it. They also dig into strategies they employ in their various fields to help children and families deal with stress, and move what might be toxic stress back to tolerable levels

The Brain Architects Podcast: Serve and Return: Supporting the Foundation

***Rule 48**

Date: Available anytime online

Time: .5 Credit Hour

Place: Podcast

Cost: Free

To sign up: Click the Link to Listen <https://developingchild.harvard.edu/resources/podcasts/the-brain-architects-podcast-serve-and-return-supporting-the-foundation/>

Description: What is “serve and return”? What does it mean to have a “responsive relationship” with a child? How do responsive relationships support healthy brain development? And what can parents and caregivers do in their day-to-day lives to build these sorts of relationships? This episode of The Brain Architects podcast addresses all these questions and more! Fortunately, there are many quick, easy, and free ways to create responsive relationships with children of any age. To kick off this episode, Center Director Dr. Jack Shonkoff describes the science behind how these interactions—known as “serve and return”—work. This is followed by a discussion among a panel of scientists and practitioners including Dr. Phil Fisher, the Philip H. Knight Chair and Professor of Psychology at the University of Oregon, and director of the Center for Translational Neuroscience; Patricia Marinho, founder and CEO of Tempojunto and co-founder of Programa BEM; and Sarah Ryan, director of Life Skills at Julie’s Family Learning Program. The panelists discuss what it looks like to serve and return with children daily, and how to encourage these interactions.

The Brain Architects Podcast: Building Resilience Through Play

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Podcast

Cost: Free

To sign up: Click the Link to Listen <https://developingchild.harvard.edu/resources/podcasts/podcast-resilience-play/>

Description: These days, resilience is needed more than ever, and one simple, underrecognized way of supporting healthy and resilient child development is as old as humanity itself: play. Far from frivolous, play contributes to sturdy brain architecture, the foundations of lifelong health, and the building blocks of resilience, yet its importance is often overlooked. In this podcast, Dr. Jack Shonkoff explains the role of play in supporting resilience and five experts share their

ideas and personal stories about applying the science of play in homes, communities, and crisis environments around the world.

NOTE: Please complete an In-Service Training Request Form for webinars watched or podcasts listened to.

Groundwork OHIO: Available online, anytime

Asthma Disparities for Black Children in Ohio

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar

Cost: Free

Speakers: Amy Hahn, Pediatric Psychologist, Nationwide Children's Hospital

Jeanette Marrero, Environmental Engineer USEPA Region 5, EPA

Sandra Nwaobasi, Epidemiologist, Bureau of Child and Family Health, Ohio Department of Health

Ashley Stevely, Manager, Social Determinants of Health Programs, Dayton Children's Hospital

Lisa Ulrich, MD, Pediatric Pulmonologist, Nationwide Children's Hospital/Assistant Professor of Pediatrics, Ohio State University College of Medicine

Sheronda Whitner, Specialty Services Supervisor, Bureau of Child and Family Health, Ohio Department of Health

To sign up: Click the Link to Watch <https://youtu.be/Sfucw4TEgfw>

Description: In 2021, nearly six percent of Ohio children were reported as having asthma. But this statistic contains stark inequities. In that year, Black children in Ohio were almost six times more likely than their white peers to experience an asthma-related emergency department visit. Black children were also 14 times more likely to experience an asthma-related death than white children

Black Maternal Mental Health Training with Best Point Behavioral Health

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar

Cost: Free

Speakers: Join Debbie Gingrich, LISW-S Chief Program Officer, and Ashley Glass, MPH, BSN Maternal Mental Health Program Manager, with Best Point Behavioral Health for a training that was developed from data and information from a grant funded by Bi3.

To sign up: Click the Link to Watch https://www.youtube.com/watch?v=QCnY4_WU1KM&t=3s

Description: Best Point Behavioral Health hosted listening sessions, focus groups, and individual interviews to understand the experience Black Mothers have in navigating their mental health both during and after pregnancy. The objectives for this training include: - Understanding the experience of Black moms - Being able to identify warning signs or symptoms that a mom is struggling with mental health, and - Learning about resources to address maternal mental health.

Building Blocks of Belonging: Inclusive Child Care for All

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar

Cost: Free

Panelists: Kari Jones, Down Syndrome Association of Central Ohio

Laura Maddox, OCALI

Kathy Muehlbauer, Ohio Department of Children & Youth

De Lena Scales, Parent & City of Columbus Department of Neighborhoods

Katie Walton, The Ohio State University Nisonger Center

Lisa Zimmermann, The Perlman Center for Cerebral Palsy at Cincinnati Children's

To sign up: Click the Link to Watch

Description: Watch as expert panelists talk through the disparities children with disabilities face in accessing early childhood education programs. This dynamic conversation will also reviewed the new Ohio PROMISE initiative that focuses on dismantling these disparities, and discussed the impact of inclusion on communities

Dental Health in Pregnancy and Young Children

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar

Cost: Free

Presenters: Dr. Homa Amini, Professor-Clinical Pediatric Dentistry; The Ohio State University and Nationwide Children's Hospital & Susan Lawson; MHR, Director of Oral Services, Ohio Association of Community Health Centers

To sign up: Click the Link to Watch <https://www.youtube.com/watch?v=9oitWTdTVw8>

Description: Dental health during pregnancy and among young children is a significant unmet need in Ohio, especially for people living in low-income families. While it is too often forgotten when considering prenatal and early childhood health, our panelists are joining us to elevate and increase understanding of the issue during National Children's Dental Health Month.

High Quality Early Learning Environments: Understanding the Impact on Ohio's Children

***Rule 48**

Date: Available anytime online

Time: .75 Credit Hour

Place: Webinar https://youtu.be/xdAiYa_L9Ts

Cost: Free

Speakers: Alissa Mwenelupembe, Managing Director of Early Learning, National Association for the Education of Young Children (NAEYC)

Francia Wisenewski, Director of Membership and Community Engagement, National Association for Family Child Care (NAFCC)

Dr. Deborah Bergeron, Deputy Director of Community Engagement and Innovation, National Head Start Association (NHSA)

Alicia Leatherman, Chief Strategy Officer, The Ohio Department of Children & Youth (DCY)

To sign up: Click the Link to Watch

Description: We explored the importance of creating and maintaining high-quality early learning environments and how they support children's growth and development. We discussed Quality Rating and Improvement Systems (QRIS), Ohio's new revised Step Up to Quality program, defining and implementing quality standards, and the benefits of high-quality care for children across diverse populations. The discussion featured expert voices from the National Association for the Education of Young Children (NAEYC), the National Association of Family Child Care (NAFCC), the Ohio Department of Children and Youth, and National Head Start Association.

Housing Insecurity Among Young Children

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar

Cost: Free

Speakers: Sarah Vrabic, Early Childhood Senior Program Manager, SchoolHouse Connection

Christina Walls, Managing Director of Education, YWCA Columbus

Amanda Wilson, Youth Housing Initiatives Director, Coalition on Homelessness and Housing in Ohio

Alicia Leatherman, Chief Strategy Officer, The Ohio Department of Children & Youth (DCY)

To sign up: Click the Link to Watch <https://youtu.be/woOVX5hfAjc>

Description: Housing insecurity can have profound effects on the development of young children. But what are the root causes of housing instability? And how do we ensure families have access to stable housing?

Infant – Early Childhood Mental Health

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar <https://youtu.be/Vdk1OJ2VVrA>

Cost: Free

Speakers: Not listed

Description: Infant-Early Childhood Mental Health (IECMH) describes the capacity of an infant or young child to: form close and secure relationships; to experience, manage, and express a full range of emotions; and explore the environment and learn in the context of family, community, and culture. If a child faces negative early experiences during the pivotal years from birth to age 5, poor outcomes can be seen in a child's social, emotional, physical, cognitive, communication, and motor skills development.

Infant Mortality in Ohio: A Historical Perspective and a Case for Change

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar

Cost: Free

Speakers: Kara B. Wentz, Director, Ohio Department of Children and Youth

Jill Miller, President & CEO of Bethesda Inc. & bi3

Dr. Meredith Smith, Executive Director, Cradle Cincinnati and founder, Queens Village

Charleta B. Tavares, CEO, PrimaryOne Health and former Democratic State Senator

Shannon Jones, Senior Advisor, Groundwork Ohio and former Republican State Senator

Lynanne Gutierrez, President & CEO, Groundwork Ohio

To sign up: Click the Link to Watch https://youtu.be/RIZLB0V3_e0

Description: Over a decade ago, then-legislators Shannon Jones and Charleta Tavares crossed the partisan divide to create landmark legislation to address Ohio's abysmal infant mortality rate. Eight years after Senate Bill 332 passed into law, Ohio continues to rank in the bottom ten states nationally for infant mortality. While policy changes are necessary to address this persistent crisis, it is not sufficient to save the lives of Ohio's vulnerable infants. Join Shannon Jones and Charleta Tavares as they reflect on their work together, starting with their statewide listening tour and culminating in the creation of the Ohio Commission on Infant Mortality and SB 332. The webinar, sponsored by CareSource, will also highlight one community making significant improvement in its infant mortality rate. Hamilton County recently saw a new low in infant mortality numbers and Dr. Meredith Smith and Jill Miller will share insights about the successful strategies spearheaded by Cradle Cincinnati and other community leaders. Thursday's webinar will also feature remarks from Ohio Department of Children & Youth Director Kara B. Wentz as she looks ahead to how the new department will prioritize improved outcomes for moms and babies.

Investing in Healthy Babies: Ohio's Role in Infant & Early Childhood Nutrition

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar

Cost: Free

Speakers: Corey J. Shepherd, Director of the Ohio WIC Program, Ohio Department of Health

Sarah Kuhns, Advocacy & Engagement Manager, Ohio Association of Foodbanks

Gina Grace, WIC Director, Madison County Public Health

Holly Scheibe, Director for Quality & Innovation, Ohio Child Care Resource & Referral Association –

Miranda Lauzon, Manager, Benefits Access, National Partnerships, Share Our Strength

To sign up: Click the Link to Watch <https://www.youtube.com/watch?v=QpHKO6BW7kc&t=1s>

Description: A panel of experts joins Groundwork Ohio for an online discussion about the challenges facing infants, toddlers, and young children in Ohio in achieving healthy outcomes. We'll discuss the important role that WIC (Women, Infants, and Children) benefits play in helping families maintain proper nutrition and health.

NOTE: Please complete an In-Service Training form for webinars watched.

National Children's Advocacy Center: Available online, anytime:

Why Parents Don't Believe

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar

Cost: Free

Instructor: Chris Newlin, MS, LPC

To sign up: <https://www.ncacvtc.org/#/catalog>

You will be prompted to sign into your account to register. If you do not have an account you will need to create one to participate in this training option.

Description: Parents and caregivers, when faced with emerging allegations involving the abuse of their child, are suddenly confronted with a situation for which they are poorly prepared. This is not significantly different from other situations involving parents' reactions regarding the well-being of their children. However, the ambiguity of child abuse allegations creates heightened challenges, and this same ambiguity is also a challenge for Multi-Disciplinary Team members involved in the investigation and intervention. This session will identify the difference between belief and ambivalence and how all professionals involved in child abuse cases can assist parents to be supportive and engaged with their children.

Avoiding Vicarious Trauma and Burnout

***Rule 48**

Date: Available anytime online

Time: 1.5 Credit Hours

Place: Webinar

Cost: Free

Instructor: Maureen Kenny, PhD and Claire Helpingstine, MS with moderator Linda Cordisco Steele

To sign up: <https://www.ncacvtc.org/#/catalog>

You will be prompted to sign into your account to register. If you do not have an account, you will need to create one to participate in this training option.

Description: 1. Participants will become familiar with signs of burnout and vicarious trauma in order to self-identify these conditions.
2. Participants will learn the unique challenges of working with victims of human trafficking and the effects this work may have on them.
3. Participants will learn strategies to avoid burnout and vicarious traumatization from service providers.

Building Strong Brains: Tennessee's ACE (Adverse Childhood Experiences) Initiative

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar

Cost: Free

Instructor: Cary Rayson, MSW

To sign up: <https://www.ncacvtc.org/#/catalog>

You will be prompted to sign into your account to register. If you do not have an account, you will need to create one to participate in this training option.

Description: Participants will learn:

- The architecture of a young child's brain is shaped by interaction between genes and experiences, and this can have either positive or negative results:
- Science makes it clear that Adverse Childhood Experiences (ACEs) negatively impact the architecture of the developing brain
- Children thrive in a safe, stable, nurturing environment of supportive families, caregivers, neighborhoods and communities

Child Sexual Abuse 101***Rule 48****Date:** Available anytime online**Time:** 1 Credit Hour**Place:** Webinar**Cost:** Free**Instructor:** Andra Chamberlin**To sign up:** <https://www.ncacvtc.org/#/catalog>

You will be prompted to sign into your account to register. If you do not have an account, you will need to create one to participate in this training option.

Description: Participants will learn:

Child sexual abuse involves any sexual activity perpetrated against a minor by threat, force, intimidation, or manipulation and includes both contact and non-contact abuse. The array of sexual activities includes fondling, touching a child sexually, making a child touch a person sexually, intercourse, sexual assault, rape, incest, sodomy, exhibitionism, or involving a child in sexual exploitation or trafficking. This presentation is designed for persons working with children in any capacity – whether as childcare staff, law enforcement or child protective workers new to the field, persons in the ministry, school personnel, youth-serving organization staff, etc. The presentation topics include an introductory examination of sexual abuse dynamics; the disclosure process and what prevents children from disclosing; how trauma affects brain development and results in life-long challenges for children; how offenders groom children, families, and the community; and how to listen to and assist a child who discloses maltreatment.

Finding Their Voice: Reasons Children Delay Disclosure***Rule 48****Date:** Available anytime online**Time:** 1.75 Credit Hours**Place:** Webinar**Cost:** Free**Instructor:** Andra Chamberlin & Kim Madden**To sign up:** <https://www.ncacvtc.org/#/catalog>

You will be prompted to sign into your account to register. If you do not have an account, you will need to create one to participate in this training option.

Description: Despite overwhelming scientific consensus that the majority of child sexual abuse victims either delay or only partially disclose their experiences, expectations of prompt, comprehensive reporting persist. Misperceptions regarding this dynamic can have wide-ranging impacts. Juries may equate a reporting delay with veracity, parents may miss or misread a partial disclosure, and victims may be silenced by watching disbelief of another person's account evolve into disparaging questions of motive. This online webinar will examine the science that informs our understanding of sexual abuse disclosure dynamics across the lifespan. Factors that discourage and enable disclosure will be presented and best practice recommendations for addressing delayed disclosure will be discussed.

Fractures in Infants and Children: Abuse, Accident, or Brittle Bones***Rule 48****Date:** Available anytime online**Time:** 1 Credit Hour**Place:** Webinar**Cost:** Free**Instructor:** Karen Farst, MD**To sign up:** <https://www.ncacvtc.org/#/catalog>

You will be prompted to sign into your account to register. If you do not have an account, you will need to create one to participate in this training option.

Description: Fractures are common manifestations of both abusive and accidental injury in children. This workshop will use case-based and pictorial examples of different fracture types to discuss recommendations on evaluation and decisions to report a fracture as suspicious for abuse. Medical conditions that can cause "brittle bones" will be differentiated from the proposed condition of "Temporary Brittle Bone Disease."

Grooming: Making You See and Believe What I Want You to See and Believe***Rule 48****Date:** Available anytime online**Time:** 1 Credit Hour**Place:** Webinar**Cost:** Free**Instructor:** Chris Newlin, MS LPC**To sign up:** <https://www.ncacvtc.org/#/catalog>

You will be prompted to sign into your account to register. If you do not have an account, you will need to create one to participate in this training option.

Description: The investigation of child abuse is challenging, and the pursuit of evidence associated with the grooming of children, caregivers, and the community environment provides opportunities for investigators to pursue additional evidence. This workshop will provide an overview of research related to grooming and proposes a new framework for the concept of grooming which could dramatically modify current investigatory practices, in addition to enhancing current forensic interviewing efforts.

Munchausen by Proxy? Medical Child Abuse? Factitious Disorder? A Rose by Any Other Name... *Rule 48**Date:** Available anytime online**Time:** 1.8 Credit Hour**Place:** Webinar**Cost:** Free**Instructor:** John Stirling, MD**To sign up:** <https://www.ncacvtc.org/#/catalog>

You will be prompted to sign into your account to register. If you do not have an account, you will need to create one to participate in this training option.

Description: There has been considerable debate over the diagnosis of what was classically known as Munchausen Syndrome by Proxy, both in and out of court. This presentation helps to clarify what is truly known about the phenomenon of child abuse occurring in a medical setting and to demystify this perplexing condition. Descriptive terminology will be discussed, along with approaches to diagnosis, therapy, and prevention.

Nurturing a Hope Centered and Trauma Informed Response***Rule 48****Date:** Available anytime online**Time:** 1 Credit Hour**Place:** Webinar**Cost:** Free**Instructor:** Dr. Chan Hellman, PhD; Karen Hangartner, LMSW**To sign up:** <https://www.ncacvtc.org/#/catalog>

You will be prompted to sign into your account to register. If you do not have an account, you will need to create one to participate in this training option.

Description: Possessing and sustaining a feeling of hope has emerged as one of the top factors in individuals having a prolonged sense of well-being throughout their lifetimes. This webinar will present the science of hope as a psychological strength in our ability to cope with traumatic experiences and to flourish toward future goals. This webinar will feature a discussion with Dr. Chan Hellman of The University of Oklahoma–Tulsa about his research that shows (1) how hope can predict adaptive outcomes, (2) how it can buffer the effects of trauma, adversity, and stress, and (3) that hope can be taught. Dr. Hellman will discuss his research in the context of Children's Advocacy Centers (CACs) and how CACs can increase hope within their organizations to create more resilient professionals

Poly-victimization: Childhood Exposure to Multiple Forms of Victimization***Rule 48****Date:** Available anytime online**Time:** .75 Credit Hours**Place:** Webinar**Cost:** Free**Instructor:** Heather A. Turner, BA PhD and Sherry Hamby, PhD**To sign up:** <https://www.ncacvtc.org/#/catalog>

You will be prompted to sign into your account to register. If you do not have an account, you will need to create one to participate in this training option.

Description: Far too many children are exposed to abuse, violence, and crime. A new emphasis on what is being called "poly-victimization" can help professionals identify the most endangered children and youth, provide the most appropriate interventions, and protect them from additional harm. Poly-victimization refers to the experience of multiple victimizations of different kinds (for example, sexual abuse, physical abuse, bullying, witnessing family violence, and exposure to community violence). This webinar provides participants with information on the latest research on the prevalence, characteristics, and effects of poly-victimization on children and adolescents. The importance of assessment and treatment of poly-victimization and its implications for practitioners is addressed.

Sentinel Injuries in Child Physical Abuse***Rule 48****Date:** Available anytime online**Time:** 1.5 Credit Hours**Place:** Webinar**Cost:** Free**Instructor:** Kristin Garton Crichton**To sign up:** <https://www.ncacvtc.org/#/catalog>

Description: This workshop will introduce common sentinel injuries in child physical abuse and the importance of recognizing these sometimes-subtle findings early. This will review the current literature on sentinel injuries and the increased morbidity and mortality associated with recurrent physical abuse. Finally, this will discuss strategies to improve detection of these injuries and ways to reduce bias in evaluation of suspected physical abuse.

The Juxtaposition of Silence, Sexual Violence and Youth of Color***Rule 48****Date:** Available anytime online**Time:** 1.5 Credit Hour**Place:** Webinar**Cost:** Free**Instructor:** Tanisha Knighton, PhD**To sign up:** <https://www.ncacvtc.org/#/catalog>

Description: The field of sexual violence historically has failed to recognize the impact intersectionality has on experiences and responses to sexual violence. For some, there is limited appreciation for the fact that human trafficking survivors are also survivors of sexual violence. This workshop will address the historical and ongoing failure of the sexual violence intervention movements to meet the needs of Youth Survivors of Color, the social injustice that often results in

the sexual abuse to prison pipeline for these youth, and ways to engage in culturally competent interventions to meet the needs of Communities of Color.

The Science and Power of Hope

Date: Available anytime online

Place: Webinar

Instructor: Chan Hellman, PhD with moderator Karen Hangartner

To sign up: <https://www.ncacvtc.org/#/catalog>

Description: Internationally renowned researcher, Dr. Chan Hellman, will share his insight on how the Science and Power of Hope can buffer adversity and stress; provide better psychological, social, and behavioral outcomes for children and adults; and can be increased and sustained by targeted interventions. The development of Hope can be applied individually, organizationally, and in our communities to overcome the impacts of trauma and adversity. Dr. Hellman's presentation provides an opportunity to learn about the core tenets of goals, pathways, and agency (willpower) thinking. Participants leave with practical knowledge to apply in their own lives; and knowledge about how Hope impacts our individual and collective experiences. This presentation will provide individuals and organizations with the foundation for a shared language to use Hope in everyday settings

Time: 1.75 Credit Hours

Cost: Free

***Rule 48**

Ohio Supreme Court: Available online, anytime:

GAL: Psychiatric Disorders in Children

Date: Available anytime online

Place: Webinar

Instructor: Supreme Court of Ohio EDU

To sign up: <https://supremecourtofohio.myabsorb.com/#/online-courses/c555696c-81f2-4239-a586-9d4f74d46f7a>

Description: What does a guardian ad litem (GAL) need to know, do, or think to identify the "best interest of the child" when a psychiatric disorder is a factor in their case? This 3-hour course will explore common psychiatric disorders in children, including causes, symptoms, and common treatments. Fact patterns with discussion will help GALs apply the knowledge to realistic situations.

Time: 3 Credit Hours

Cost: Free

***Rule 48**

GAL: Advanced Topics in Substance Use

Date: Available anytime online

Place: Webinar

Instructor: Doug Althaus, Esq. LICDC, MAC, ICCS, ICADC; Kristine Buffington, MSW, LISW; and Michelle Roley-Roberts, Ph.D.

To sign up: <https://supremecourtofohio.myabsorb.com/#/online-courses/f6ba4a21-2287-48f9-80c8-fc7bb7d7fe27>

Description: Parental substance use and dependency can have significant effects on children's development and well-being from conception through adulthood. The opioid epidemic in Ohio has intensified those effects, and the long-term impacts are just beginning to emerge. This course provides Guardians ad Litem with knowledge and resources to help identify issues and make recommendations to impact the lives of children affected by substance use and related trauma.

Time: 3 Credit Hours

Cost: Free

***Rule 48**

GAL: Domestic Violence

Date: Available anytime online

Place: Webinar

Instructor: David Mandel, Executive Director, Safe and Together Institute

To sign up: <https://supremecourtofohio.myabsorb.com/#/instructor-led-courses/a007dfe3-6c80-482c-86d0-ca1b1fd21a46>

Description: Cases in which domestic violence occurs present unique challenges for guardians ad litem (GALs). Participants will learn how to identify domestic violence, to understand the implications for the safety and well-being of the child, and how to develop recommendations that account for the impact of domestic violence on the best interest of the child.

***Rule 48**

Time: 3 Credit Hours

Cost: Free

GAL: Advanced Topics in Child Abuse: Corporal Punishment

Date: Available anytime online

Place: Webinar

Instructor: Doug Althaus, Esq. LICDC, MAC, ICC; Heidi A. Malott, MSW, LISW-S; Lolita M. McDavid MD, MPA, FAAP; and Kirsten Simonton, MD

To sign up: <https://supremecourtofohio.myabsorb.com/#/online-courses/22f45996-02db-4ad2-baa7-d3e5d770d4bc>

Description: This online course will address issues commonly seen by Guardians ad Litem concerning corporal punishment when assigned to juvenile and domestic relations court cases. The following topics are included in the course:

- Corporal Punishment—What is corporal punishment and when is it used?
- Positive and Negative Consequences—What are the consequences of corporal punishment?

Time: .75 Credit Hours

Cost: Free

***Rule 48**

- Alternatives to Corporal Punishment—What can be used in place of corporal punishment?
- Scenarios and Suggestions—What should GALs do in specific scenarios?

GAL: Advanced Topics in Child Abuse: Drug Endangered Children

***Rule 48**

Date: Available anytime online

Time: .5 Credit Hours

Place: Webinar

Cost: Free

Instructor: Doug Althaus, Esq. LICDC, MAC, ICC; Heidi A. Malott, MSW, LISW-S; Lolita M. McDavid MD, MPA, FAAP; and Kirsten Simonton, MD

To sign up: <https://supremecourtfohio.myabsorb.com/#/online-courses/2ad15ed0-70bb-4e0b-9db8-219439d90696>

Description: This online course will address child and family issues commonly seen by Guardians ad Litem when assigned to juvenile and domestic relations court cases impacting drug-endangered children. The following topics are included in the course:

- Introduction to Drug Endangered Children—What does drug exposure look like? What is normal and what is not?
- Scenarios and Suggestions—What should GALs do in specific scenarios?

GAL: Advanced Topics in Child Abuse: Sexual Behaviors in Children

***Rule 48**

Date: Available anytime online

Time: .75 Credit Hours

Place: Webinar

Cost: Free

Instructor: Doug Althaus, Esq. LICDC, MAC, ICC; Heidi A. Malott, MSW, LISW-S; Lolita M. McDavid MD, MPA, FAAP; and Kirsten Simonton, MD

To sign up: <https://supremecourtfohio.myabsorb.com/#/online-courses/c4536a86-6b83-4782-b8a0-3cbb43d800e4>

Description: This online course will address child sexual behavior issues commonly seen by Guardians ad Litem when assigned to juvenile and domestic relations court cases. The following topics are included in the course:

- Child Sexual Behavior Inventory—What is normal and what is not?
- When to Be Concerned—What are the warning signs that something is abnormal?
- What GALs Should Do—What should GALs do in specific scenarios?

Ohio Surrogate Parent Training: Educating Children with Disabilities: Available online, anytime

Ohio Surrogate Parent Training

***Rule 48**

Date: Available anytime online

Time: 10.75 Total Credit Hours in 7 Modules

Place: Webinar

Cost: Free

Instructor: Ohio Department of Education

To sign up: <https://ohiosurrogateparent.org/>

Description: Ohio Surrogate Parent Training will serve as a guide to the federal Individuals with Disabilities Education Improvement Act (IDEA) and Ohio's special education rules in Chapters 3301-51-09, 11, and 21 of the Ohio Administrative Code. If you want to learn about IEPs (Individual Education Plans) for children with disabilities, this is the training for you. If you complete the training and are appointed as the Surrogate Parent for your CASA child, you will be eligible to help make educational decisions for your CASA kids. If you complete the training and never want to serve as a Surrogate Parent under the statute, that is fine; just say no if you are ever called and asked to serve.

The training has seven independent modules:

Introduction

Estimated time to complete: 45 minutes

Module 1: Surrogate Parent Responsibilities

Estimated time to complete: 1 hour

Module 2: Defining Terms and Responsibilities

Estimated time to complete: 1 ½ hours

Module 3: Children and Parent Rights

Estimated time to complete: 1 ½ hours

Module 4: The Special Education Process – Part 1

Estimated time to complete: 1 ½ hours

Module 5: The Special Education Process – Part 2

Estimated time to complete: 2 ½ hours

Module 6: Additional Specific Requirements – Part 1

Estimated time to complete: 1 hour

Module 7: Additional Specific Requirements – Part 2

Estimated time to complete: 1 hour

The Annie E. Casey Foundation: Available online, anytime

Addressing the Mental Health Needs of Young Immigrants

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar

Cost: Free

Speakers: Diego Uriburu, Carolyn Camacho, Enrique Mejia

To sign up: Click the Link to Watch <https://www.youtube.com/watch?v=8u6VrrgMQdE>

Description: This session, one in a six-part webinar series, spotlights a community-led, non-clinical approach to supporting mental health in Latino communities.

Framing Youth Mental Health for Well-Being and Opportunity

***Rule 48**

Date: Available anytime online

Time: 1.25 Credit Hour

Place: Webinar

Cost: Free

Speakers: Kate Shatzkin, Marisa Gerstein Pineau, Isabel Ohakamma, Primo Lagaso Goldberg

To sign up: Click the Link to Watch https://www.youtube.com/watch?v=kLNa3MmF_rs

Description: “Policymakers, professionals and advocates had the opportunity to gain insights and ask questions about how to effectively communicate about mental health issues. Participants gained a deeper understanding of how to frame mental health concerns in a way that promotes positive change and encourages action.”

Messaging Strategies to Encourage Investment in Young People

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar

Cost: Free

To sign up: Click the Link to Watch https://www.youtube.com/watch?time_continue=4&v=pfL-36l5Pol&embeds_referring_euri=https%3A%2F%2Fwww.aecf.org%2F&embeds_referring_origin=https%3A%2F%2Fwww.aecf.org&source_ve_path=Mjg2NjQsMjg2NjQsMjg2NjQsMjg2NjQsMjg2NjY

Description: Executive directors and staff of youth-serving organizations, particularly those supporting the young people with the most barriers to success, are struggling to overcome damaging stereotypes about youth. They encounter inflammatory and frequently exaggerated coverage of crimes committed by young people — often reinforced by media. On their own, factual data about crime trends are not helping to correct misperceptions surrounding youth and their realities. A concerted storytelling and persuasion effort in the media and within communities is required to neutralize harmful assumptions and influence policies and practices.

This one-hour session will offer people in youth-serving organizations — especially those with public-facing roles — data-driven strategies to shift harmful narratives, including:

- understanding public perception about young people’s challenges and potential;
- learning asset-based frames and messages about what helps youth thrive, including the opportunities, guidance and connections to positive adults that local youth-serving organizations provide; and

discovering how to bolster positive storytelling about young people to counter pervasive negative narratives

Preventing Adverse Childhood Experiences with the CDC

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar

Cost: Free

Speakers: Phyllis Holditch Niolon, Ph.D

To sign up: Click the Link to Watch <https://www.youtube.com/watch?v=3ojtJPvs7vA>

Description: This session looks at the lifelong impact of adverse childhood experiences and how to promote positive childhood experiences.

Trauma and Adolescent Development

***Rule 48**

Date: Available anytime online

Time: 1 Credit Hour

Place: Webinar

Cost: Free

Speaker: Shantel Assata, LCPC

To sign up: Click the Link to Watch <https://www.youtube.com/watch?v=gEpd86dc1AE&t=1s>

Description: By watching a recording of this this one-hour webinar, participants will:

- Understand how trauma affects adolescent development based on the latest research and Assata’s work with young people.
- Learn tactics to improve services and programs aimed at youth with trauma experiences.

The Stages of Adolescent Brain Development

Date: Available anytime online

Place: Webinar

Speaker: Adriana Galvan

To sign up: Click the Link to Watch <https://www.youtube.com/watch?v=6sOEOSQkpd0>

Description: This webinar provides insights into adolescent brain development and shows how better understanding this developmental period can inform and improve programs and services focused on youth well-being.

Time: 1 Credit Hour

Cost: Free

***Rule 48**

The Toll of Institutional Placements and the Case for Family-Based Foster Care

Date: Available anytime online

Place: Webinar

To sign up: Click the Link to Watch <https://www.youtube.com/watch?v=s2AEUXxnYn8&t=310s>

Description: "The video underscores the implications of placements in institutional settings — not just for adults who are incarcerated, but for young people placed in foster care group settings. Each woman shares how support from the child welfare system might have kept their families together and altered their life trajectories."

Time: .5 Credit Hour

Cost: Free

***Rule 48**

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Time: .5 Credit Hour

Cost: Free

***Rule 48**

NOTE: Please complete an In-Service Training form for webinars watched.

YWCA Northwest Ohio: Available online, anytime

YWCA Lunch & Learn Series

Immigration

Date: Available anytime online

Place: Webinar

Speaker: Alexii Collins, YWCA & Wendy Avina, Outreach Paralegal at LAWO

To sign up: Click the Link or Copy and Paste into browser to Watch.

<https://youtu.be/eF1fNDfgMVU?si=xZCx55H9Q9e19WOx>

Description: This webinar gives a presentation about "Barriers to Humanitarian Relief Faced by Immigrants" presented by Wendy Avina, Outreach Paralegal, at Legal Aid of Western Ohio, Inc. (LAWO). The presentation includes information about barriers, immigration roadmap, terms to avoid, immigration agency structure, family-based petitions and more.

Time: 1.5 Credit Hours

Cost: Free

***Rule 48**

The Link between Racial Violence & Gender-Based Violence

Date: Available anytime online

Place: Webinar

Speakers: Rachael Gardner MSW, LISW; Emily Gemar, Director of Public Policy OSESV

To sign up: Click the Link or Copy & Paste into browser to Watch.

<https://youtu.be/ykcZUaXSU4A?si=Ubxk8atGVxrCYZeO>

Description: Information about cultural beliefs, public policies, women experiences and statistics are explored.

Time: 1.7 Credit Hours

Cost: Free

***Rule 48**

Race and Health Equity

Date: Available anytime online

Place: Webinar

Speakers: YWCA OF NWO

To sign up: Click the Link or Copy and Paste into Browser to Watch.

<https://youtu.be/mODqZM9Y9SM?si=FK9MSYi9RnNwP2W2>

Description: YWCA presents information presents information about living habits and health practices in regards to race.

Time: 1 Credit Hour

Cost: Free

***Rule 48**

The intersection of guns, domestic violence and race

Date: Available anytime online

Place: Webinar

Time: 1.5 Credit Hours

Cost: Free

***Rule 48**

Speakers: YWCA of NWO

To sign up: Click the Link or Copy and Paste into browser to Watch.

<https://youtu.be/e70STSgUSCs?si=qvS4gkqurGhWZ3yu>

Description: This webinar explores how these topics are connected to one another. Statistics and an explanation of the "wheel of domestic violence" are discussed.

Zip Code Matters

***Rule 48**

Date: Available anytime online

Time: 1.5 Credit Hours

Place: Webinar

Cost: Free

Speakers: Marie Flannery, President & CEO & Sena Mourad-Friedman, VP of Operations and Development

To sign up: Click the Link or Copy and Paste into browser to Watch.

<https://youtu.be/HxAGKzfj334?si=B8QeJH2hamddaDAO>

Description: "A viewing and discussion of the film "Zip Code Matters" from the Fair Housing Center of Toledo, Ohio."

Barriers Faced by People with Disabilities

***Rule 48**

Date: Available anytime online

Time: 1.5 Credit Hours

Place: Webinar

Cost: Free

Speaker: Dawn Bentley, M.Ed., CAIRE,LLC; Katie Shelley, Toledo Museum of Art; Nathan Turner, SALUTE; Veralucia Mendoza, The Ability Center

To sign up: Click the Link or Copy and Paste into browser to Watch.

<https://youtu.be/MTpmrBtmSpU?si=utKhZnqA8EdXFOAL>

Description: This webinar assists with defining what diversity, equity, access and inclusion includes. It also identifies social determinants of health & presents diagrams and models in an engaging way.

The Survivor's Journey: Trauma Focused Work and Disparities for People of Color

***Rule 48**

Date: Available anytime online

Time: 1.2 Credit Hours

Place: Webinar

Cost: Free

Speaker: Celia Williamson, PhD, University of Toledo

To sign up: Click the Link or Copy and Paste into browser to Watch.

https://youtu.be/bGtDGTqcCCs?si=8bA9CT3Rtt_osuuP

Description: This webinar present information about the needs & linkages of trauma survivors.

Bias Panel Discussion

***Rule 48**

Date: Available anytime online

Time: 1.5 Credit Hours

Place: Webinar

Cost: Free

Speaker: YWCA of NWO

To sign up: Click the Link or Copy and Paste into browser to Watch.

<https://youtu.be/EvTPqj7M1Ts?si=NhbzrJ0kRUpWcTtd>

Description: "The YWCA of NWO presented a panel discussion of the film Bias featuring the director of the film and local community change makers."

Why Black Babies Are Dying Lunch & Learn

***Rule 48**

Date: Available anytime online

Time: 1.2 Credit Hours

Place: Webinar

Cost: Free

Speaker: Carly Salamone, Director, Northwest Ohio Pathways HUB; Jackie King, Community Health Workers, Baby University, Matthew Orbain, OEI Program Epidemiologist, Toledo-Lucas County Health Department

To sign up: Click the Link or Copy and Paste into Browser to Watch.

https://youtu.be/VKSAGhG_Eh0?si=NDWIS6e4sVEodVrg

Description: "YWCA of NWO and Healthy Lucas County presents Why Black Babies Are Dying as part of their health equity series. The film "Toxic: A Black Woman's Story" was shown live but was not recorded due to copyright regulations.

Black Stress Matters

***Rule 48**

Date: Available anytime online

Time: 1.3 Credit Hours

Place: Webinar

Cost: Free

Speaker: Elijah Jones, MSW, LISW-S

To sign up: Click the Link or Copy and Paste into browser to Watch.

<https://youtu.be/MjWp-7jFO1Q?si=2Kdgipr6sLB7rd4w>

Description: This webinar's key moments include information about the ecological model, levels of racism, 6 guiding principles to a trauma-informed approach and addressing implicit bias.

NOTE: Please complete an In-Service Training Request Form for webinars watched.

*****YWCA options are appropriate to earn cultural diversity training hours.*****