# CASA/GAL Training Opportunities October-December 2024



- 1. CASA volunteers are to take twelve (12) hours of on-going training annually, of which 3 hours must qualify as GAL training under Ohio Supreme Court Rule 48, noted as such below: \*Rule 48.
- 2. Trainings in **BLUE** are highly recommended and are organized by CASA.
- 3. Submit all training certificates to <u>award@co.lucas.oh.us</u> for credit towards your required annual training.
- 4. **LCCS Note:** If you miss more than 15 minutes of any training at the Lucas County Conference and Learning Center, you will not be given a training certificate. Arrive on time! Also, there is a charge for parking of \$3.75. Please make sure to bring cash with you.
- 6. **CASA Office Note:** Complete & submit an <u>In-Service Training Form</u> for any training that does not provide you a certificate of completion. See website or email for a copy of the In-Service Training Form.
- 7. Please remember to **cancel** if you are unable to attend. Thank you!
- 5. Additional valuable online trainings are available on the following websites: <u>https://www.nationalcac.org/online-training-catalog/</u> <u>https://www.supremecourt.ohio.gov/JudicialCollegePublicCalendar/#/judicialcollegecourses</u> <u>https://www.ohiocasa.org/available-courses/</u> <u>https://static1.squarespace.com/static/5b3ffea5620b85be5d272f4b/t/601ab323ca147d37c16988ed/1612362533393/Nation</u> <u>al-CASA-GAL-Association-for-Children-2020-Archived-Webinars-Catalog.pdf</u> \*\*\*Please email Aislynn Ward to see if the training you are interested in is Rule 48 approved.\*\*\*

### October 2024

Safe & Together: Domestic Violence- Informed Documentation & Case Planning (2-day training)VIRTUAL\*Rule 48Date: October 3<sup>rd</sup> & 4<sup>th</sup>, 2024 (Thursday-Friday)Time: 9:00 am - 4:00 pm (12 Credit Hours)Place: Lucas County Conference and Learning Center, 301 Adams St.Cost: FreeInstructor: Casie Burke

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

**Description:** This workshop continues to explore the Safe and Together Model approach to child welfare cases involving intimate partner violence. Day three builds on content from days 1 and 2 by reinforcing the model's basic concepts on domestic violence-informed assessment and interviewing and introducing participants to skills and strategies for documenting these unique cases. Participants will learn to use the Mapping Perpetrator's Patterns tool, a comprehensive approach for recording the impact of domestic violence on all members of the family. They will also learn to differentiate between domestic violence-informed and domestic violence-destructive practice and to connect the ways domestic violence intersects with other family issues, such as mental health and substance abuse, and larger societal issues like racism and sexism. Day 4 reinforces the topics covered in days 1-3 and introduces participants to key elements of domestic violence-informed case planning, which places an emphasis on natural and informal resources the family may already have. The day covers case planning techniques for perpetrators, survivors and children and brings together the concepts from the whole training into a comprehensive action plan that participants can begin enacting immediately in their own practice.

 7<sup>TH</sup> Annual Early Childhood Forum
 IN-PERSON
 \*Rule 48

 Date: Friday, October 4, 2024
 Time: 8:30 am – 3:30pm pm (6 Credit Hours)

 Place: Veterans Hall at Owens Community College
 Cost: Free

 Instructor: TBA
 Cost: Free

 To sign up: https://www.eventbrite.com/e/7th-annual-early-childhood-forum-tickets-966441481487?utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=listing&utm-source=cp&aff=ebdsshcopyurl

 Description: Foundations of infant and early childhood mental health.

 NOTE: CEUs/EI CPDUs pending

Regional Training with Crime Victim Services Section of Ohio Attorney General's Office IN-PERSON \*Rule 48 Time: 8:00am – 12:00pm (4 Credit Hours) Date: Tuesday, October 8, 2024 Place: Ohio Bureau of Criminal Investigation 750 N. College Drive Bowling Green, OH 43402 Cost: Free Instructor:

To sign up: Click the Link https://ohioattorneygeneral.regfox.com/crime-victim-services-regional-training For questions, please reach Holly Zachariah Andrews, deputy director of support and outreach in the Crime Victim Services Section, at Holly.ZachariahAndrews@OhioAGO.gov or call the section's main phone line at 614-466-5610.

Description: Advocates, guardians ad litem, counselors, therapists, adult and child protective service workers, medical professionals, funeral home professionals who work with families of those lost to homicide, and others who serve victims. Topics you'll learn about are: the Ohio's Crime Victim Compensation Program application process, the Sexual Assault Forensic Examination (SAFE) Program, which ensures that victims of sexual assault have their evidence collected uniformly, and the state's Sexual Assault Kit Tracking System, which keeps victims updated on the status of that evidence., the work of AGO's Elder Justice Unit and how it can be a valuable resource

**IN-PERSON** 

S.E.E.K: Search, Engage, Explore, Kinnect

Date: Wednesday, October 16, 2024

Place: Lucas County Conference and Learning Center, 301 Adams St. Cost: Free

Instructor: Richard Dencer To sign up: Email Megan Hite at megan.hite@ifs.ohio.gov

Description: Search, Engage, Explore, and Kinnect (S.E.E.K.) training is a values-based, intense family search and engagement (FSE) training. In this training, participants will increase their understanding of core values and foundations of FSE, from legislation history and evolution of practice, to integrating family finding across agencies. Learners will discuss the "why" behind kin-first decision-making, how to identify and overcome barriers to connecting children with their kin, and trends in practice. Participants will learn diligent searching techniques and meaningful engagement strategies, as well as skill sets for connecting and supporting kinship families through interactive curriculum and activities.

#### Death by a Thousand Cuts: Lessons in Microaggressions VIRTUAL

Date: Thursday, October 17, 2024

Place: Online Webinar with Ohio START Program **Instructor:** Not listed

To sign up: Click the Link https://new.civiconline.org/civic2/MemberPortal/OhioSTARTLogin.jsp?Signup=369

Description: Microaggressions are verbal, behavioral or environmental slights or insults directed towards others. Whether said intentionally or unintentionally, microaggressions communicate an underlying hostility or negative attitude based upon a dimension of the person's diversity. Even those of us who are committed to diversity and equality can unknowingly say or do something that communicates a microaggression, even to people we know and like. Often referred to as death by a thousand cuts, the research is clear; adults are deeply affected by experiencing microaggressions. When done to a child, however, a microaggression can have an impact that reverberates throughout their life and can forever change the way that child sees themself and their world. This workshop examines microaggressions in the social service setting, outlines its root cause and discusses its impact on both coworkers and the children we serve. Social work staff will also learn strategies to reduce the use of microaggressions, as well as how to effectively respond if they become the witness or victim to them.

NOTE: When registering you will be prompted to make an account. Please list Lucas County CASA when prompted to fill out "agency" information. If you have questions, please contact Aislynn at the email given above. Please complete & submit an In-Service training form for this option.

### Children's Health & Wellness Symposium

Date: Tuesday, October 22, 2024

Time: 10am-4pm (6 Credit Hours) Place: Franciscan Center of Lourdes University (832 Convent Blvd, Sylvania, OH 43560) Cost: Free (Lunch Provided) To sign up: https://forms.office.com/r/iHQuNakjg2 Register by Oct. 9<sup>th</sup>!

**IN-PERSON** 

Description: Topic will be focusing on Child/Youth Obesity and how it affects all aspects of a child's health and wellbeing (physical, mental, social, behavioral, etc.) There will also be time in the breakout round-table session to talk about ways to incorporate work from these symposiums into system changes. There is room for 120 participants and if necessary, a waiting list will be started. Agenda and final details will be sent out to those who register within one week of the event.

Time: 9:00 am-12:15 pm (3.25 Credit Hours) Cost: Free

\*Rule 48

\*Rule 48 **Time:** 9:00 am – 4:00 pm (6 Credit Hours)

#### Working w/ Parents of Limited Cognitive Functioning

Date: Wednesday, October 23, 2024

Place: Lucas County Conference and Learning Center, 301 Adams St. Cost: Free **Instructor:** Jody Johnston-Pawel

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: In this highly interactive workshop, we discuss how to identify and meet the special needs of parents with three types of cognitive limitations: learning disabilities, mental health issues, and developmental delays. We share service options and available resources, discuss special case planning issues, and explore what parenting skills these parents may have difficulty learning. Then we apply what we've learned to real life and case studies.

**IN-PERSON** 

#### **Bridges Out of Poverty**

Date: Thursday, October 24, 2024 Place: TBA

To sign up: Click the link below to register.

https://www.eventbrite.com/e/bridges-out-of-poverty-training-tickets-805860770257?aff=oddtdtcreator Or contact Stephen MacDonald at smacdonald@lucasfcfc.org or call (419) 283-5485.

Description: This seminar gives staff and volunteers a common language, understanding, and tools to prevent and alleviate poverty. Participants increase awareness of how economic class impacts life experience, resources, and stability. Customer service and teamwork in business and community settings are improved. This seminar is based on the book Bridges Out of Poverty: Strategies for Professionals and Communities, a collaboration between Ruby K. Pavne. Philip DeVol. and Terie Dreussi Smith.

**NOTE:** 90% of the cost is eligible for reimbursement via CASA. There's free parking next to the building-the driveway is on Jefferson. Drive under the building overhang to get to the parking lot.

VIRTUAL

#### Substance Use Disorders 101

Date: Friday, October 25, 2024 **Place:** Online Webinar with Ohio START Program Instructor: Not listed

To sign up: Click the Link https://new.civiconline.org/civic2/MemberPortal/OhioSTARTLogin.jsp?Signup=370

**Description:** This training provides an opportunity to learn information regarding substance use, definitions and classes of different substances and medications utilized for stabilization and support recovery. It will provide an overview of the impact on the brain, family roles and recovery process.

NOTE: When registering you will be prompted to make an account. Please list Lucas County CASA when prompted to fill out "agency" information. If you have questions, please contact Aislynn at the email given above. Please complete & submit an In-Service training form for this option.

Trauma 101

#### **IN-PERSON**

Time: 10:00 am - 2:00 pm (3.5 Credit Hours, CEU's included) Place: Lourdes Franciscan Center 6832 Convent Blvd Cost: Free (Lunch Included)

Instructor: Diane Sweinhagen MA, LPCC-S & Melinda Kostecky MS, ATR-BC

To sign up: Click the Link https://Trauma101OCT.eventbrite.com For more information, email: helpingfamilies@sophia.center

**Description:** This training is designed to provide an overview and awareness of trauma and trauma-informed care for any member of the community who interacts with individuals and families that may have undergone a traumatic experience or trauma.

Topics of Trauma 101 include:

Date: Friday, October 25, 2024

- Understanding how trauma impacts the body and the brain,
- How people adapt to trauma
- What we can do as community members and helping professionals to support recovery and resilience. •
- Learn about coping strategies and self-care.

The information presented in this workshop is not intended to train individuals and groups on a specific type of intervention; however, is focused on how we can use a better understanding of trauma to be trauma informed. The information presented in this training is provided from current research as well as leading experts and organizations in the field such as the Adverse Childhood Experiences (ACE) study and the National Child Traumatic Stress Network. **NOTE:** Free 3 CSWMFT CEU'S

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Time: 8:30 am – 4:30 pm (6.5 Credit Hours) **Cost:** \$50 Price includes a box lunch and a book.

Time: 9am-12:00pm (3 Credit Hours)

Cost: Free

VIRTUAL \*Rule 48 **Time:** 9:00 am – 4:00 pm (6 Credit Hours)

### November 2024

#### Coffee with CASA: Medical Marijuana/Drug Testing Interpretation

Date: Friday, November 1, 2024 Place: Sanger Branch Library (3030 W Central Ave, Toledo, Oh 43606) Instructor: Kevin Everhart

To sign up: Respond to E-GRAM to RSVP or email

Aislynn Ward award@co.lucas.us.oh or Andrea De la Roca ARoca@co.lucas.oh.us

Description: Laws & regulations in Ohio surrounding marijuana have changed, and this training will help to become more informed. Kevin speak about topics pertaining to Medical Marijuana & Drug Testing Result Interpretation. He will explain how to interpret a drug report, what it means & how to better understand it - exploring the available tools and the pros and cons of each. As well as give more insight about the history, implications & uses of medical marijuana in Ohio.

VIRTUAL

**Burnout, Secondary Trauma & Self-Care** 

Date: Thursday, November 21, 2024

Place: Lucas County Conference and Learning Center, 301 Adams St. Cost: Free Instructor: Laura Perkins

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

**Description:** While burnout and secondary trauma are becoming more frequently discussed in the field of social services and exposure to trauma in helping work, symptoms of each often go unrecognized or mislabeled. This presentation seeks to provide an overview of the continuum of reactions experienced by helping professionals due to exposure to secondary and primary trauma in their work. A range of self-care domains will be discussed. The facilitator will guide participants through several experiential activities including a chair yoga demonstration, breathing exercises, guided meditation, and the development of an individualized self-care plan using SMART goals and the latest research in behavior management.

**Bridges Out of Poverty** 

Date: Friday, November 15, 2024 Place: TBA

To sign up: Click the link below to register.

https://www.eventbrite.com/e/bridges-out-of-poverty-training-tickets-805864070127?aff=oddtdtcreator

**IN-PERSON** 

Or contact Stephen MacDonald at smacdonald@lucasfcfc.org or call (419) 283-5485.

Description: This seminar gives staff and volunteers a common language, understanding, and tools to prevent and alleviate poverty. Participants increase awareness of how economic class impacts life experience, resources, and stability. Customer service and teamwork in business and community settings are improved. This seminar is based on the book Bridges Out of Poverty: Strategies for Professionals and Communities, a collaboration between Ruby K. Payne, Philip DeVol, and Terie Dreussi Smith.

**NOTE:** 90% of the cost is eligible for reimbursement via CASA. There's free parking next to the building-the driveway is on Jefferson. Drive under the building overhang to get to the parking lot.

### December 2024

Instructor: Laura Perkins

Fetal Alcohol Spectrum Disorders: A Hidden Struggle

Date: Thursday, December 5, 2024

Place: Lucas County Conference and Learning Center, 301 Adams St. Cost: Free Instructor: Karen Chennells

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: The course will cover what FASDs are, the primary symptoms of this brain-based disability, the difference between willful misbehavior and symptoms of FASD, how secondary symptoms can cause misdiagnoses, and how to find the support and help needed to get a child diagnosed and properly supported.

VIRTUAL

The Ethics of Trauma-Informed Self-Care

Date: Wednesday, December 11, 2024 **Time:** 9:00 am – 4:00 pm (6 Credit Hours) Place: Lucas County Conference and Learning Center, 301 Adams St. Cost: Free

VIRTUAL

To sign up: Email Megan Hite at megan.hite@ifs.ohio.gov

Description: Depending on how the permissions in your portal are constrained, changing the provider might have an impact: some admins could lose their right to take action on this event and associated sessions. Besides, upon changing the event provider, the field "Primary Preferred Instructors" (or Secondary Preferred Instructors) in 'session defaults'

**IN-PERSON** \*Rule 48 Time: 9:30am-11:30am Cost: Free

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Time:** 8:30 am – 4:30 pm (6.5 Credit Hours) **Cost:** \$50 Price includes a box lunch and a book.

**Time:** 9:00 am – 12:00 pm (3 Credit Hours)

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section of the event will be emptied to avoid wrong instructors to be selected by default for new sessions. You might want to select new preferred instructors at the event level.

**IN-PERSON** 

#### **Bridges Out of Poverty**

\*Rule 48

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Date: Thursday, December 12, 2024 Place: TBA

Time: 8:30 am – 4:30 pm (6.5 Credit Hours) **Cost:** \$50 Price includes a box lunch and a book.

To sign up: Click the link below to register.

https://www.eventbrite.com/e/bridges-out-of-poverty-training-tickets-805868744107

Or contact Stephen MacDonald at smacdonald@lucasfcfc.org or call (419) 283-5485.

**Description:** This seminar gives staff and volunteers a common language, understanding, and tools to prevent and alleviate poverty. Participants increase awareness of how economic class impacts life experience, resources, and stability. Customer service and teamwork in business and community settings are improved. This seminar is based on the book Bridges Out of Poverty: Strategies for Professionals and Communities, a collaboration between Ruby K. Payne, Philip DeVol, and Terie Dreussi Smith.

**NOTE:** 90% of the cost is eligible for reimbursement via CASA. There's free parking next to the building-the driveway is on Jefferson. Drive under the building overhang to get to the parking lot.

#### Working w/ Youth at Risk of Human Trafficking VIRTUAL

Date: Thursday, December 19, 2024

**Time:** 9:00 am – 4:00 pm (6 Credit Hours) Place: Lucas County Conference and Learning Center, 301 Adams St. Cost: Free

**Instructor:** Russelle Pratt

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

**Description:** This training will cover the definition of human trafficking and how the federal and state laws apply to minors. The focus of this training will be on sex trafficking. It will outline what makes youth most at risk and vulnerable to trafficking, as well as defining the different types of trafficking. Learners will be able to identify indicators of youth trafficking, and how to begin a conversation with the youth they work with about the dangers of trafficking. This training will emphasize the importance of establishing safety, trust and building transformational relationships with the youth.

> **KEEP READING FOR OTHER TRAINING OPTIONS –** AVAILABLE ONLINE, ANYTIME

# Ohio CASA Association: Available online, anytime:

#### What are Kids Up To: A Serious Look into Juvenile Drug Abuse

**Date:** Available anytime online **Place:** Webinar

Instructor: Kevin Everhart, Area Manager for Central and Southern Ohio for American Court and Drug Testing Services (Averhealth). Certified Breath Alcohol Instrument Instructor and Certified Instructor for federal DOT Urine Collections To sign up: https://www.ohiocasa.org/available-courses/

**Description:** This course provides a serious look into juvenile drug abuse and what kids are up to. Beginning with alcohol consumption and going through more serious substances such as fentanyl and tranq-dope the presenter explains the basics of what is trending amongst kids these days. This course will provide the attendees with the tools needed to understand the current drug trends, what to be aware of while in the field and how to stay safe. This session will improve the participants' professional competence as the presenter explains new, current and past trends of juvenile drug abuse.

#### The Value of Leveraging Specialized Healthcare Services for Foster Youth

Date: Available anytime online

Place: Webinar Cost: Free Instructor: Mary V. Greiner, MD, MS, Professor of Pediatrics and Medical Director, Comprehensive Health Evaluations for Cincinnati's Kids (CHECK) Center, Cincinnati Children's Hospital Medical Center To sign up: https://www.ohiocasa.org/available-courses/

**Description:** This course will discuss the health needs and models of healthcare service delivery for children in the custody of county public children's services agencies, including barriers to services as children experience entry into PCSA custody and placement changes. A description of service delivery models in Ohio and other states will be described, with the focus of helping CASA volunteers support children and families in accessing healthcare information and health services for children in their care. Final questions will focus on methods to identify healthcare needs of children and overcome challenges faced by CASA's, families and youth.

#### Compassion Fatigue – CASA Volunteer Self Care

**Date:** Available anytime online **Place:** Webinar

**Instructor:** Tim Green has been the Executive Director of the Voices for Children, Lorain County CASA Program for 23 years and has been employed with the Lorain County Domestic Relations Court since 1990. He holds a bachelor's degree in psychology from Hillsdale College which he obtained in 1988.

To sign up: https://www.ohiocasa.org/available-courses/

**Description:** This course will provide knowledge covers the ways to combat compassion fatigue when working with families in trauma, including how to maintain your resiliency while hearing stories of trauma. This course provides tips on self-care while working with families and afterward. This course will discuss consequences that will arise while working in trauma and give examples to of how to prevent burnout, secondary traumatic stress, and vicarious trauma. This program will benefit not only CASA's but those practitioners who work with clients in trauma, including those in social work, law and therapy, as it touches on issues of trauma. They will walk away with a toolbox full of strategies designed specifically to prevent compassion fatigue — no matter your setting or specialty — and confidently know how to manage emotions, reduce anxiety, and stop feeling overwhelmed; maintain focus, fulfillment, and thrive; successfully navigate the road between caring too much and being too burnt out to care; prioritize your own health and initiate change; and, successfully transition from work to home life.

#### **Ohio CASA- Diversity Training**

Date: Available anytime online Place: Webinar

**Instructor:** Carin Burr, MS, LPC, LICDC-CS – Full Time Professor at Clark State College in the Social Services Department of the Health, Human, and Public Services Division. Bachelor's degree in Developmental Psychology and a master's degree in Mental Health Counseling.

#### To sign up: https://www.ohiocasa.org/available-courses/

**Description:** This course will provide knowledge regarding diversity, equity, and inclusion issues surrounding modules on poverty, ethnicity, gender, corrections, mental health, and additions. You will be encouraged to develop insights and to explore myths and other learned information to better understand the challenges provided by barriers and lack of resources from society to the many diversities in the populations we serve and the intersectionality between these issues. Everyone we work with has a unique combination of characteristics including gender, race, socioeconomic status, ethnicity, culture, religion, etc. that have influenced their experience and thus their perceptions and resources they have available with which to navigate the world. When we listen and develop an understanding of what an individual's perceptions and resources are, we can use a more empathetic approach where we do not just imagine their situation but

Time: 1.25 Credit Hours & CLE Cost: Free

Time: .75 Credit Hours & CLE

#### \*Rule 48

**Time**: 1 Credit Hours, CLE & CPE **Cost:** Free

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**Time**: 1.5 Credit Hours, CLE & CPE **Cost:** Free

imagine navigating that situation with their resources and perceptions. To truly imagine their situation, one must first understand their own perceptions and beliefs so that they may begin to remove biases they have learned that create barriers to their own ability to understand and empathize with their client. Biases are not evil things; we have come by many of them through what we have been exposed to. Biases only become issues when we hang on to them in spite of evidence to the contrary or judge from their biases without listening to the individual. What we will be exploring in this training is asking you to consider what information you are using to approach clients and whether that information may be creating barriers to understanding or whether we may be able to incorporate new information to create a broader level of understanding that will help us work in the best interests of those we serve.

#### Recognizing, Understanding, and Addressing Bias Date: Available anytime online

Time: 1 Credit Hour, CLE & CPE Cost: Free

Place: Webinar Instructor: Jenny Stotts, Ohio's first Youth Ombudsman, serving foster youth across Ohio. To sign up: https://www.ohiocasa.org/available-courses/

Description: What's YOUR bias? How might it be impacting your work? Learn more about the science behind implicit bias and what you can do to mitigate the effect of implicit bias on your work as a CASA Volunteer. This session will cover the construction of implicit biases, how to recognize implicit bias in yourself, and practical steps to address implicit bias.

### The Gender Unicorn: Gender & Sexuality 101

Date: Available anvtime online Place: Webinar Instructor: Amanda Erickson, Director of Education & Outreach, Kaleidoscope Youth Center To sign up: https://www.ohiocasa.org/available-courses/

**Description:** This course will explore the complexity and depth of gender, including gender identity, gender expression, and sex assigned at birth; along with sexuality and the LGBTQIA+ acronym. Participants will practice using personal gender pronouns correctly (and the importance of doing so), and what words to avoid.

#### Narcotics 101

Date: Available anytime online Place: Webinar

Instructor: Kevin Everhart, retired Narcotics Detective and Asst. Task Force Commander of a Major Crimes Task Force To sign up: https://www.ohiocasa.org/available-courses/

Description: This course provides an overall understanding of the world of narcotics. Beginning with Medical Marijuana Laws of Ohio and continuing to the basic understanding of drugs of abuse, this course will provide you the tools you need to understand current drug trends. You also will learn what to be aware of when you are in the field and how to stay safe, along with understanding and interpreting drug testing results.

#### **Engagement 101**

Date: Available anytime online Place: Webinar

Instructor: Talia Holmes & Nashawn Lariviere. Both Foster Care Advocates. Ohio Department of Job & Family Services To sign up: https://www.ohiocasa.org/available-courses/

Description: Nashawn Lariviere and Talia Holmes draw both from their own lived experiences in the child welfare system and their professional experiences working with current and former youth in foster care to offer suggestions regarding different techniques that CASA volunteers and other professionals can use to effectively engage the youth with whom they work. While there is no single approach that is all inclusive or encompassing -each youth or young adult has their own individual story and experiences- the information provided should be useful to all who work with youth.

#### **Post-Emancipation Services: Young Adult Services & Bridges** Time: 1 Credit Hours, CLE & CPE

Date: Available anytime online Place: Webinar

Cost: Free Instructor: Sarah Levels, MSW, Bridges Policy Developer, Ohio Department of Job and Family Services To sign up: https://www.ohiocasa.org/available-courses/

Description: This video offers an overview of post emancipation services available to young adults 12-18 who have aged out of foster care in Ohio. The presentation begins with a discussion about final transition planning requirements and considerations for youth in foster care. Ms. Levels also provides an overview of Ohio's available post-emancipation services such as Medicaid coverage until the age of 26; the Ohio Education Training Voucher (ETV) which offers grant money to attend college; Young Adult Services' post-care services and supports that are offered through the county public children services agencies; and, Bridges, a state-administered program offering support services to emancipated foster youth who meet eligibility criteria. Finally, the audience is provided information that outlines how, as individuals, we each are able to play an important role in supporting former foster youth on their journey to independence.

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Time: 1 Credit Hour, CLE & CPE Cost: Free

\*Rule 48 Time: 1.75 Credit Hour & CPE

Time: 1 Credit Hour & CPE

Cost: Free

Cost: Free

#### Trauma in Childhood Date: Available anytime online

Place: Webinar

Instructor: Ohio CASA Association To sign up: https://www.ohiocasa.org/available-courses/

Description: Participants will gain a better understanding of how stress and trauma impact children and their behavior. By learning how children can develop the capacity to cope and be strengthened by adversity, participants will be better equipped to provide needed support, help children prepare for stressful situations, and build their own resiliency.

#### CASA Volunteers + Special Education

Date: Available anytime online Place: Webinar Instructor: Kristin Hildebrandt, Senior Attorney at Disability Rights Ohio

**Time:** 1.5 Credit Hours & CEUs (2 Parts, both required) Cost: Free

To sign up: https://www.ohiocasa.org/available-courses/ Description: Participants will gain a better understanding of Ohio's special education laws and processes, as well as specific ways that CASA volunteers can advocate within the educational system on behalf of the children they represent. This session also identifies various valuable resources to further aid the CASA volunteer.

#### **Best Practices: Testifying in Court**

**Time:** 1.75 Credit Hours, CLE & CPE (2 Parts, both required) **Date:** Available anytime online Place: Webinar Cost: Free Instructor: Emily Richter, J.D. & Chris Caryer, Lucas County CASA/Juvenile Court To sign up: https://www.ohiocasa.org/available-courses/

Description: Conducted by two highly experienced attorneys, this session gives participants an overview of the CASA volunteer's role when testifying in court, as well as tips for effectively conveying the information considered most important to judicial decision-making. It is appropriate for newer CASA volunteers preparing to present their report in juvenile court, as well as more seasoned CASA volunteers who want to refresh their knowledge.

#### On the Margin: Foster Youth at Risk of Human Trafficking

Date: Available anytime online Place: Webinar Instructor: Ohio CASA Association To sign up: https://www.ohiocasa.org/available-courses/

**Description:** Attendees will hear an open discussion among adult survivors of human trafficking and experts who are fighting to address the trafficking of juveniles. The conversation is led by former Ohio Supreme Court Justice Yvette McGee Brown. Attendees will better understand how professionals and advocates work together to help victims experience "healthy" and accept how to embrace it within their own lives to make change happen. This course has been approved for one hour Sup. Rule 48 continuing education hours.

#### Understanding Ohio's Child Protection System

Date: Available anytime online Place: Webinar Instructor: Denielle Ell-Rittinger and Renee Lupi

To sign up: https://www.ohiocasa.org/available-courses/

**Description:** This video will walk the participant through a family's journey when the subject of a suspected child abuse. neglect, or dependency report to an Ohio Public Children Services Agency (PCSA). Although there may be some variation in application among counties, all Ohio PCSA caseworkers utilize the same tools and processes for decisionmaking. The presenters will examine each of those tools, their purposes, the factors a caseworker must take into consideration, and how assessments guide decision-making. Understanding these processes can help the CASA volunteer and attorney guardian ad litem identify and collaboratively secure appropriate services and protections for the child they represent.

Part 1 begins with a look at the first two stages of intervention in Ohio's child welfare system. Intake and Assessment. As the family and caseworker move from the screening of a report to case decision, the video will examine the various decision points and assessments that are conducted to inform the caseworker's decision, as well as the pieces that the caseworker must put in place to protect and guide the child to permanency. This includes a high-level understanding of risk, safety and family assessments, case decisions, and placement options.

Part 2 looks at the third stage of Ohio's child welfare system, case management. This video dissects the elements of a quality case plan and helps the viewer to better understand how the language of the plan affects the family's ability to

#### \*Rule 48

Time: 1.5 Credit Hour, CLE & CPE Cost: Free

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Time: 1.5 Credit Hours. CLE & CPE Cost: Free

#### \*Rule 48

successfully modify behavior and address the concerns that led to protective intervention. As a CASA volunteer or attorney guardian ad litem you can advocate for families to be engaged in the development of case plans that are written clearly with observable measures and actions that directly link to the identified concerns.

Cost: Free

#### Altering the Path to Delinquent Behaviors: A Guide for GALs

Date: Available anytime online Place: Webinar Instructor: Stefanie Lynn Coe, J.D., CASA of Franklin County To sign up: <u>https://www.ohiocasa.org/available-courses/</u>

**Description:** Have you wondered how it is that so many of the children represented by CASA Volunteers or attorney guardians ad litem as a result of the child's abuse or neglect end up in the juvenile justice system? This course will help the CASA volunteer and attorney guardian ad litem become familiar with risk factors that may contribute to delinquent behavior, the steps that can be taken to help prevent or mitigate delinquent acts, and the types of community supports that may be available to help.

In this course, a highly experienced attorney describes the legal framework of juvenile delinquency and gives insight as to how this may impact the role of a CASA volunteer or attorney guardian ad litem. At conclusion, the participant will better understand the nature of delinquency and its causes, and have gained knowledge about the factors that contribute to a child choosing to engage in delinquent behavior.

# Understanding Addiction: Squirrel Logic Date: Available anytime online

Place: Webinar

\*Rule 48 Time: 1.5 Credit Hours, CLE & CPE Cost: Free

**Instructor:** Brad Lander, Ph.D, Clinical Director - Addiction Medicine at The Ohio State University Wexner Medical Center **To sign up:** <u>https://www.ohiocasa.org/available-courses/</u>

**Description:** Ever asked yourself, "Why don't they just stop?" Using a mood-altering drug over time creates fundamental changes to the brain that lead to compulsive and self-destructive behavior. This presentation will help the viewer understand substance abuse as a chronic brain disease rather than bad behavior and fully conceptualize the impact of alcohol and drug use on the brain and behavior. Dr. Lander explores the physiology of how substance use becomes addiction and what this means in terms of establishing realistic time frames and expectations to support successful recovery based on neurological findings.

### National CASA/GAL Association: Available online, anytime:

#### Advancing Education Rights, Ensuring Equal Access & Addressing Barriers for Students in Care \*Rule 48

 Date: Available anytime online
 Time: 1.20 Credit Hours

 Place: Webinar
 Cost: Free

 Presenter: Paige Joki, Esq., Staff Attorney, Education Law Center Recorded on April 19, 2023

 To sign up: To access, click here or copy the link below into your browser:

 https://nationalcasagal.zoom.us/rec/component 

page?hasValidToken=false&clusterId=aw1&action=play&filePlayId=fksmE7jHD5aKt2caKan7MK8\_QzwcZuKzSwQlOmYX TIENGqcx3BV3uOafFEkn\_zB11YsfoHf5JDwC\_ttm.uQRHkJjixDgGFcFa&componentName=recordingregister&meetingId=eY5kGkwYdI8W7Y7Q70BgqnUt\_Zf6pmRZAF8OcGywLVVC4AACdiTr20soeOkqaHcc.-IKAIjFLaiXPAwa9&originRequestUrl=https%3A%2F%2Fnationalcasagal.zoom.us%2Frec%2Fplay%2Fkbj7hGwxvcfDontP z2mhZ2GoEYBqcLZTh3-vby4xvehZTyEh2lDmiUt9QrppP4TfQ2ClyeiNG0AVYQLd.Y8tOIRm\_js5Vhty%3Fautoplay%3Dtrue%26startTime%3D1681927236000

**Description:** This webinar will discuss educational barriers that children in foster care face including educational instability, special education programming, and roadblocks to graduation. Attendees will be equipped with strategies to comprehensively address individual and systemic barriers to quality public education using existing protections and strategies.

#### Creating a Gender Inclusive Environment in Child Welfare Systems Date: Available anytime online

**Time**: 1 Credit Hour **Cost:** Free

 Place:
 Webinar
 Cost:
 Free

 Presenter:
 Presented by the Human Rights Campaign Foundation: Phil Regis, MPS, ACAF Deputy Director, Human Rights Campaign Foundation Recorded on October 11, 2023
 To sign up:
 To access, click here or copy the link below into your browser: <a href="https://nationalcasagal.zoom.us/rec/share/JkKxD8xjtG8s8KfrEGQQ2D7-">https://nationalcasagal.zoom.us/rec/share/JkKxD8xjtG8s8KfrEGQQ2D7-</a>

ixwLZOY5AXGUJ9c98mw0Phrl8lhgEVS7kMHd5lyK.PDBjg330-uejSlUg

#### \*Rule 48 Time: 1.5 Credit Hours, CLE & CEU

\*Rule 48

**Description:** There are between 1.5 to 2 times as many LGBTQ youth living in foster care as LGBTQ youth living outside of foster care. LGBTQ youth have a higher average number of foster care placements and are more likely to be living in a group home. Understanding the prevalence of children in the child welfare system who are LGBTQ youth and how to advocate for the needs of this population will be considered during the webinar. You will learn about transgender inclusion, including gender identity and expression, transgender, non-binary and gender-expansive identities and experiences; learn ways to create a gender-inclusive agency environment through policy and practice change; and explore language and behaviors that are welcoming and affirming to youth and adults with diverse gender identities and expressions.

#### Understanding Relationships and Their Importance to Early Childhood Development \*Rule 48 Time: 1 Credit Hour

Date: Available anytime online Place: Webinar

Cost: Free Presenter: Presented by Zero to Three: Mike Sherman, Psy.D., Infant and Early Childhood Mental Health Clinical Manager, National Infant Toddler Court Team Program Recorded on October 25, 2023 To sign up: To access, click here or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/share/oBplwMVnsnrTDiJoSLXoZZ1NCPc2ragU7m2Y0eJKOGq7TnmRz2NrMcTXMU gHLQI.XV45pXDYhbtOSofl?startTime=1698253171000

Description: Webinar participants will understand how relationships play a pivotal role in shaping the trajectory of a child's development. From the earliest moments of life, the interactions children have with caregivers and their surrounding environment form the foundation for their cognitive, social, emotional, and physical development. This webinar, tailored for CASA/GAL staff and volunteers, delves deep into the intertwined nature of relationships and development in the early years. Leveraging the considerable expertise of Zero to Three, the content ensures a comprehensive understanding and actionable insights for CASA/GAL staff and volunteers.

### Mental Health Essentials Part One: Foundations of Mental Health

Date: Available anytime online

Place: Webinar Recorded on November 2, 2023

Presenter: Presented by Mental Health Collaborative: Sue Hanly, MSN, RN and Arti, Kumar-Jain, Ph.D Candidate, MCHC, M.Ed., Mental Health Collaborative

**To sign up:** To access, click here or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/share/uThSjd9rRML9GgRjgPExPTFNI57BwBfrJGJKyS G6eoPKGZzZOTXBP6 a9rr bOa0.QRNLXPfS9MNfkmRW?startTime=1698944411000

Description: This webinar is part one of a two-part webinar series with the Mental Health Collaborative, where they will present evidence-based training tailored for CASA/GAL staff and CASA/GAL volunteers. Dive deep into the core tenets of Mental Health Literacy, encompassing essential topics like combating stigma, gaining insights into mental illnesses, advocating for positive mental health, and navigating the roadmap to professional support. As an added bonus, this webinar will equip you with invaluable strategies to safeguard your own mental well-being as you advocate for others. Gain insights from seasoned clinicians who'll spearhead these webinars, ensuring an insightful learning experience.

### Mental Health Essentials Part Two: Strategies to Support & Promote Mental Health

Date: Available anytime online

**Place:** Webinar, Recorded on November 16, 2023

Presenter: Presented by Mental Health Collaborative: Sue Hanly, MSN, RN and Arti, Kumar-Jain, Ph.D Candidate, MCHC, M.Ed., Mental Health Collaborative

**To sign up:** To access, click here or copy the link below into your browser: https://nationalcasagal.zoom.us/rec/share/TYio47t NWtF5obwLxhib7VetvLnIjbLCFgBLEeQvr0z7aaVCGWRIbPTZV5T7KO.PsGjo\_H0K7C3JIFV?startTime=1700157606000

Description: This webinar is part one of a two-part webinar series with the Mental Health Collaborative, where they will present evidence-based training tailored for CASA/GAL staff and CASA/GAL volunteers. Dive deep into the core tenets of Mental Health Literacy, encompassing essential topics like combating stigma, gaining insights into mental illnesses, advocating for positive mental health, and navigating the roadmap to professional support. As an added bonus, this webinar will equip you with invaluable strategies to safeguard your own mental well-being as you advocate for others. Gain insights from seasoned clinicians who'll spearhead these webinars, ensuring an insightful learning experience.

#### Through the Eyes of the Child: Exploring Protective Factors and Supporting Resiliency Date: Available anytime online Time: 1 Credit Hour

**Place:** Webinar, Recorded on December 13, 2023

Presenter: Presented by Zero to Three Gain valuable insight from a unique perspective – that of a child. Mike Sherman, Psy.D., Infant and Early Childhood Mental Health Clinical Manager, National Infant Toddler Court Team Program

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Time: 1 Credit Hour

Time: 1 Credit Hour

Cost: Free

Cost: Free

Cost: Free

**To sign up:** To access, click here or copy the link below into your browser:

https://nationalcasagal.zoom.us/rec/share/rXVaTUwcz5nzRO2gz69075FeyNV9LQwemI\_0URiL6ij1PUqtKKuHASPKpz2W cfKI.3U7hV\_xrVOswMa3p?startTime=1702490412000

Description: This webinar will provide a view, from a child's perspective, of the challenges, vulnerabilities, but most importantly, the resilience inherent within young children. Young children, especially those who've experienced maltreatment and the complexities of foster care, navigate their world with a unique lens, influenced by both trauma and hope. This webinar by Zero to Three highlights the distinction between typical development and the effects of adverse experiences. With a strong emphasis on innovative trauma informed strategies and the importance of cultural humility, this webinar will empower CASA/GAL staff and volunteers in their advocacy roles. Participants will leave the webinar with strategies to support CASA/GAL advocacy for young children and their families.

**NOTE:** Please complete an In-Service Training form for webinars watched.

# Aging Out Institute: Available online, anytime

Podcast episodes:

Episode 080: Topic Discussion - Helping Foster Youth Reach Education Goals \*Rule 48 Date: Available anytime online Time: .80 Credit Hour

Cost: Free

Place: Podcast To sign up: Click the Link to listen. https://www.podbean.com/ep/pb-vby6x-14a9fd7

Description: In this episode, Lynn Tonini facilitates a conversation between three individuals connected with organizations that support youth aging out of foster care by helping them reach their education goals: Elizabeth Bruchez with DPHHS (Lewistown MT), Stephen Coop with Reach Higher Montana (Helena, MT), and Kate Danielson with Foster Progress (Chicago, IL). During this conversation, we discussed what their organizations do for youth, how the Chafee program works and the funds that Chafee provides, the challenges that foster youth face in reaching their education goals, and strategies to help them overcome those hurdles.

Resources mentioned during podcast:

DPHHS - Child & Family Services (Lewistown, MT) **Reach Higher Montana Foster Progress** John H. Chafee Foster Care Program for Successful Transition to Adulthood National Youth in Transition Database Foster Club Mike Rowe Works Foundation

#### Episode 089: Interview with Donna Skora, Founder of Surrogate Grandparents USA (Summerfield, FL) \*Rule 48

Date: Available anytime online Time: .75 Credit Hour Place: Podcast Cost: Free To sign up: Click the Link to listen. https://www.podbean.com/ep/pb-s26ec-1542ddd

Description: In this episode, Lynn Tonini interviews Donna Skora, Founder of Surrogate Grandparents USA, based in Summerfield, FL. We discussed the reason that she started this Facebook page, which is dedicated to connecting people in order to develop chosen families. We then moved into a conversation about how this site can help connect former foster youth with adults who can serve as surrogate family and mentors. We wrapped up with the challenges that youth aging out of foster care face, and how developing a strong relationship with supportive adults can be the key to making the transition successfully.

Resources mentioned during podcast: Surrogate Grandparents USA Trauma Informed Care Adverse Childhood Experiences (ACEs) Positive Childhood Experiences (PCEs) Foster Care Alumni of America

#### Episode 092: Interview with Bruce Wingate with Foster Care Furniture (Boise, ID) Date: Available anytime online

Time: 1 Credit Hour

\*Rule 48

Place: Podcast Cost: Free To sign up: Click the Link to listen. https://www.podbean.com/ep/pb-4fgsi-15a9fe6

Description: In this episode, Lynn Tonini interviews Bruce Wingate, President of Foster Care Furniture in Boise, Idaho. Bruce describes how his organization provides training in woodworking and carpentry for youth who have aged out of foster care. Their nonprofit offers 13 weeks of training in which the youth build products to specifications for a paying

client. Then, they assists the youth in finding employment in the trades. They are also planning a second phase, which will include enabling youth to own their own tiny homes.

Resources mentioned during podcast: Foster Care Furniture Protect Idaho Kids College of Western Idaho Woodcraft Maker Shop Idaho Workforce Development Council CASA/GAL Casey Family Programs

#### Episode 094: Interview with Mark Mecum from Ohio Children's Alliance (Columbus, OH)

\*Rule 48

Time: .80 Credit Hour Date: Available anytime online Place: Podcast Cost: Free To sign up: Click the Link to listen. https://www.podbean.com/ew/pb-rcpn9-15ef901 Description: In this episode, Lynn Tonini interviews Mark Mecum, CEO of Ohio Children's Alliance in Columbus, Ohio. Mark explains the work that his organization does for youth aging out of foster care through the Ohio Bridges Program, the state's extended foster care program. We talk about the importance of prevention so that youth don't have to go into foster care in the first place, and we wrap up discussing opportunities to improve outcomes for aged-out youth. Resources mentioned during podcast: **Ohio Children's Alliance** Midwest Evaluation of the Adult Functioning of Former Foster Youth: Outcomes at Age 26 National Youth in Transition Database

The Open Table

NOTE: Please complete an In-Service Training form for podcasts listened to. Consider the following: How the information from these podcasts & the differing geographical locations pertain to your CASA work, how the learned information will positively influence your advocacy and are you able to think of similar services in your CASA child's community?

## Center on the Developing Child at Harvard University: Available online, anytime

**#PlaceMatters series:** 

#### 1.) A New Lens on Poverty

Date: Available anytime online Time: 1 Credit Hour Place: Webinar Cost: Free Speakers: Lindsey Burghardt, Monna Hanna-Attisha, Luke Shafer To sign up: Click the Link to Watch https://www.voutube.com/watch?v=Y9kl b5VEb8 Description: "We explored how the qualities of the places where people live are shaped by historic and current policies, which have created deep disadvantage across many communities with important implications for the health and development of the children who live there."

#### 2.) Understanding Racism's Impact on Child Development

\*Rule 48 Date: Available anytime online Time: 1 Credit Hour Place: Webinar Cost: Free Speakers: Stephanie Curenton, Natalie Slopen, Mavis Sanders, Nate Hartnett To sign up: Click the Link to Watch https://www.youtube.com/watch?v=Z5Q4TJ7s4Vg Description: "[...]examined how racism gets "under the skin" to impact children's development as well as contributes to unequal access to opportunity in the places where children live, grow, play, and learn."

NOTES: Please complete an In-Service Training form for webinars watched. For additional information regarding works discussed in these two webinars see the link below. https://us4.campaign-archive.com/?e=438fe72d9a&u=641f78fe500d565329121ffc9&id=a7bfdbec59

### Groundwork OHIO: Available online, anytime

#### Investing in Healthy Babies: Ohio's Role in Infant & Early Childhood Nutrition

Date: Available anytime online Time: 1 Credit Hour Place: Webinar Cost: Free Speakers: Corey J. Shepherd, Director of the Ohio WIC Program, Ohio Department of Health Sarah Kuhns, Advocacy & Engagement Manager, Ohio Association of Foodbanks Gina Grace, WIC Director, Madison County Public Health Holly Scheibe, Director for Quality & Innovation, Ohio Child Care Resource & Referral Association -Miranda Lauzon, Manager, Benefits Access, National Partnerships, Share Our Strength To sign up: Click the Link to Watch https://www.youtube.com/watch?v=QpHKO6BW7kc&t=1s **Description:** A panel of experts joins Groundwork Ohio for an online discussion about the challenges facing infants,

toddlers, and young children in Ohio in achieving healthy outcomes. We'll discuss the important role that WIC (Women, Infants, and Children) benefits play in helping families maintain proper nutrition and health.

#### **Dental Health in Pregnancy and Young Children**

Date: Available anytime online Place: Webinar

Cost: Free Presenters: Dr. Homa Amini, Professor-Clinical Pediatric Dentistry; The Ohio State University and Nationwide Children's Hospital & Susan Lawson; MHR, Director of Oral Services, Ohio Association of Community Health Centers To sign up: Click the Link to Watch https://www.youtube.com/watch?v=9oitWTdTVw8

**Description:** Dental health during pregnancy and among young children is a significant unmet need in Ohio, especially for people living in low-income families. While it is too often forgotten when considering prenatal and early childhood health, our panelists are joining us to elevate and increase understanding of the issue during National Children's Dental Health Month.

#### Building Blocks of Belonging: Inclusive Child Care for All

Date: Available anytime online Place: Webinar Panelists: Kari Jones, Down Syndrome Association of Central Ohio Laura Maddox, OCALI Kathy Muehlbauer, Ohio Department of Children & Youth De Lena Scales, Parent & City of Columbus Department of Neighborhoods Katie Walton, The Ohio State University Nisonger Center Lisa Zimmermann, The Perlman Center for Cerebral Palsy at Cincinnati Children's To sign up: Click the Link to Watch

Description: Watch as expert panelists talk through the disparities children with disabilities face in accessing early childhood education programs. This dynamic conversation will also reviewed the new Ohio PROMISE initiative that focuses on dismantling these disparities, and discussed the impact of inclusion on communities

#### Black Maternal Mental Health Training with Best Point Behavioral Health

Date: Available anytime online Place: Webinar Cost: Free Speakers: Join Debbie Gingrich, LISW-S Chief Program Officer, and Ashley Glass, MPH, BSN Maternal Mental Health Program Manager, with Best Point Behavioral Health for a training that was developed from data and information from a grant funded by Bi3.

To sign up: Click the Link to Watch https://www.youtube.com/watch?v=QCnY4 WUIKM&t=3s Description: Best Point Behavioral Health hosted listening sessions, focus groups, and individual interviews to understand the experience Black Mothers have in navigating their mental health both during and after pregnancy. The objectives for this training include: - Understanding the experience of Black moms - Being able to identify warning signs or symptoms that a mom is struggling with mental health, and - Learning about resources to address maternal mental health.

**NOTE:** Please complete an In-Service Training form for webinars watched.

#### \*Rule 48

Time: 1 Credit Hour Cost: Free

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Time: 1 Credit Hour

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### National Children's Advocacy Center: Available online, anytime:

#### Why Parents Don't Believe

**Date:** Available anytime online **Place:** Webinar **Instructor:** Chris Newlin, MS, LPC

To sign up: https://www.nationalcac.org/online-training-catalog/

**Description:** Parents and caregivers, when faced with emerging allegations involving the abuse of their child, are suddenly confronted with a situation for which they are poorly prepared. This is not significantly different from other situations involving parents' reactions regarding the well-being of their children. However, the ambiguity of child abuse allegations creates heightened challenges, and this same ambiguity is also a challenge for Multi-Disciplinary Team members involved in the investigation and intervention. This session will identify the difference between belief and ambivalence and how all professionals involved in child abuse cases can assist parents to be supportive and engaged with their children.

#### **Avoiding Vicarious Trauma and Burnout**

**Date:** Available anytime online **Place:** Webinar

**Instructor:** Maureen Kenny, PhD and Claire Helpingstine, MS with moderator Linda Cordisco Steele **To sign up**: <u>https://www.nationalcac.org/online-training-catalog/</u>

**Description:** 1. Participants will become familiar with signs of burnout and vicarious trauma in order to self-identify these conditions. 2. Participants will learn the unique challenges of working with victims of human trafficking and the effects this work may have on them. 3. Participants will learn strategies to avoid burnout and vicarious traumatization from service providers.

#### Building Strong Brains: Tennessee's ACE (Adverse Childhood Experiences) Initiative

Date: Available anytime online Place: Webinar Instructor: Cary Rayson, MSW To sign up: <u>https://www.nationalcac.org/online-training-catalog/</u> Description: Participants will learn:

- The architecture of a young child's brain is shaped by interaction between genes and experiences, and this can have either positive or negative results:
- Science makes it clear that Adverse Childhood Experiences (ACEs) negatively impact the architecture of the developing brain
- Children thrive in a safe, stable, nurturing environment of supportive families, caregivers, neighborhoods and communities

Child Sexual Abuse 101

Date: Available anytime online Place: Webinar Instructor: Andra Chamberlin To sign up: <u>https://www.nationalcac.org/online-training-catalog/</u>

**Description:** Participants will learn:

Child sexual abuse involves any sexual activity perpetrated against a minor by threat, force, intimidation, or manipulation and includes both contact and non-contact abuse. The array of sexual activities includes fondling, touching a child sexually, making a child touch a person sexually, intercourse, sexual assault, rape, incest, sodomy, exhibitionism, or involving a child in sexual exploitation or trafficking. This presentation is designed for persons working with children in any capacity – whether as childcare staff, law enforcement or child protective workers new to the field, persons in the ministry, school personnel, youth-serving organization staff, etc. The presentation topics include an introductory examination of sexual abuse dynamics; the disclosure process and what prevents children from disclosing; how trauma affects brain development and results in life-long challenges for children; how offenders groom children, families, and the community; and how to listen to and assist a child who discloses maltreatment.

#### **Cultural Competency: Plays Well With Others**

Date: Available anytime online Place: Webinar Instructor: Gina M. South, JD and Cristie Duhon, MPA To sign up: https://www.nationalcac.org/online-training-catalog/

**Description:** From the time we begin kindergarten, and throughout our entire careers, we are judged by others based on our interactions with them. This foundational-level lesson will help attendees understand the enormous impact that culture

Time: 1 Credit Hour Cost: Free

Time: 1.5 Credit Hours

Cost: Free

Time: 1 Credit Hour Cost: Free

\*Rule 48

Time: 1 Credit Hour Cost: Free

Time: 0.75 Credit Hours

Cost: Free

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and race have on all of us. In this course, you will learn the commonly used terms and phrases used in discussions on race relations, explore the concept of personal bias, reflect on the ethical considerations in making assumptions, and learn how to apply cultural competency expectations to improve client contact.

#### Finding Their Voice: Reasons Children Delay Disclosure

Date: Available anytime online Place: Webinar

Instructor: Andra Chamberlin & Kim Madden

To sign up: https://www.nationalcac.org/online-training-catalog/

**Description:** Despite overwhelming scientific consensus that the majority of child sexual abuse victims either delay or only partially disclose their experiences, expectations of prompt, comprehensive reporting persist. Misperceptions regarding this dynamic can have wide-ranging impacts. Juries may equate a reporting delay with veracity, parents may miss or misread a partial disclosure, and victims may be silenced by watching disbelief of another person's account evolve into disparaging questions of motive. This online webinar will examine the science that informs our understanding of sexual abuse disclosure dynamics across the lifespan. Factors that discourage and enable disclosure will be presented and best practice recommendations for addressing delayed disclosure will be discussed.

#### Fractures in Infants and Children: Abuse, Accident, or Brittle Bones

Date: Available anytime online Place: Webinar Instructor: Karen Farst, MD

To sign up: https://www.nationalcac.org/online-training-catalog/

Description: Fractures are common manifestations of both abusive and accidental injury in children. This workshop will use case-based and pictorial examples of different fracture types to discuss recommendations on evaluation and decisions to report a fracture as suspicious for abuse. Medical conditions that can cause "brittle bones" will be differentiated from the proposed condition of "Temporary Brittle Bone Disease."

#### Grooming: Making You See and Believe What I Want You to See and Believe Time: 1 Credit Hour

Date: Available anytime online Place: Webinar Instructor: Chris Newlin, MS LPC

To sign up: https://www.nationalcac.org/online-training-catalog/

Description: The investigation of child abuse is challenging, and the pursuit of evidence associated with the grooming of children, caregivers, and the community environment provides opportunities for investigators to pursue additional evidence. This workshop will provide an overview of research related to grooming and proposes a new framework for the concept of grooming which could dramatically modify current investigatory practices, in addition to enhancing current forensic interviewing efforts.

#### It's a Crisis for Me Too! Helping Non-Offending Parents in Child Sexual Abuse Time: 1.5 Credit Hour

Date: Available anytime online Place: Webinar Instructor: Jeffery Wherry, PhD, and Mindy Jackson

To sign up: https://www.nationalcac.org/online-training-catalog/

**Description:** This session will focus on the significant role of non-offending parents in the recovery of sexually abused children. Myths and controversies in the field that complicate the response of parents will be discussed, as well as the needs of non-offending parents.

#### Munchausen by Proxy? Medical Child Abuse? Factitious Disorder? A Rose by Any Other Name... \*Rule 48 Time: 1.8 Credit Hour

Date: Available anytime online Place: Webinar Instructor: John Stirling, MD

To sign up: https://www.nationalcac.org/online-training-catalog/

Description: There has been considerable debate over the diagnosis of what was classically known as Munchausen Syndrome by Proxy, both in and out of court. This presentation helps to clarify what is truly known about the phenomenon of child abuse occurring in a medical setting and to demystify this perplexing condition. Descriptive terminology will be discussed, along with approaches to diagnosis, therapy, and prevention.

#### Nurturing a Hope Centered and Trauma Informed Response

Date: Available anytime online Place: Webinar Instructor: Dr. Chan Hellman, PhD; Karen Hangartner, LMSW Time: 1.75 Credit Hours Cost: Free

Time: 1 Credit Hour Cost: Free

Cost: Free

Cost: Free

Cost: Free

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Time: 1 Credit Hour

Cost: Free

prolonged sense of well-being throughout their lifetimes. This webinar will present the science of hope as a psychological strength in our ability to cope with traumatic experiences and to flourish toward future goals. This webinar will feature a discussion with Dr. Chan Hellman of The University of Oklahoma-Tulsa about his research that shows (1) how hope can predict adaptive outcomes, (2) how it can buffer the effects of trauma, adversity, and stress, and (3) that hope can be taught. Dr. Hellman will discuss his research in the context of Children's Advocacy Centers (CACs) and how CACs can increase hope within their organizations to create more resilient professionals

Description: Possessing and sustaining a feeling of hope has emerged as one of the top factors in individuals having a

#### Poly-victimization: Childhood Exposure to Multiple Forms of Victimization

Date: Available anytime online Place: Webinar Instructor: Heather A. Turner, BA PhD and Sherry Hamby, PhD To sign up: https://www.nationalcac.org/online-training-catalog/

Description: Far too many children are exposed to abuse, violence, and crime. A new emphasis on what is being called "poly-victimization" can help professionals identify the most endangered children and youth, provide the most appropriate interventions, and protect them from additional harm. Poly-victimization refers to the experience of multiple victimizations of different kinds (for example, sexual abuse, physical abuse, bullying, witnessing family violence, and exposure to community violence). This webinar provides participants with information on the latest research on the prevalence, characteristics, and effects of poly-victimization on children and adolescents. The importance of assessment and treatment of poly-victimization and its implications for practitioners is addressed.

#### Sentinel Injuries in Child Physical Abuse

Date: Available anytime online Place: Webinar Instructor: Kristin Garton Crichton

To sign up: https://www.nationalcac.org/online-training-catalog/

Description: This workshop will introduce common sentinel injuries in child physical abuse and the importance of recognizing these sometimes subtle findings early. This will review the current literature on sentinel injuries and the increased morbidity and mortality associated with recurrent physical abuse. Finally, this will discuss strategies to improve detection of these injuries and ways to reduce bias in evaluation of suspected physical abuse.

#### The Juxtaposition of Silence, Sexual Violence and Youth of Color

Date: Available anytime online Place: Webinar Instructor: Tanisha Knighton, PhD

To sign up: https://www.nationalcac.org/online-training-catalog/

Description: The field of sexual violence historically has failed to recognize the impact intersectionality has on experiences and responses to sexual violence. For some, there is limited appreciation for the fact that human trafficking survivors are also survivors of sexual violence. This workshop will address the historical and ongoing failure of the sexual violence intervention movements to meet the needs of Youth Survivors of Color, the social injustice that often results in the sexual abuse to prison pipeline for these youth, and ways to engage in culturally competent interventions to meet the needs of Communities of Color.

#### The Science and Power of Hope

Date: Available anytime online Place: Webinar Instructor: Chan Hellman, PhD with moderator Karen Hangartner To sign up: https://www.nationalcac.org/online-training-catalog/

Description: Internationally renowned researcher, Dr. Chan Hellman, will share his insight on how the Science and Power of Hope can buffer adversity and stress; provide better psychological, social, and behavioral outcomes for children and adults; and can be increased and sustained by targeted interventions. The development of Hope can be applied individually, organizationally, and in our communities to overcome the impacts of trauma and adversity. Dr. Hellman's presentation provides an opportunity to learn about the core tenets of goals, pathways, and agency (willpower) thinking. Participants leave with practical knowledge to apply in their own lives; and knowledge about how Hope impacts our individual and collective experiences. This presentation will provide individuals and organizations with the foundation for a shared language to use Hope in everyday settings

Cost: Free

Time: 1.75 Credit Hours

Cost: Free

Time: 1.5 Credit Hour

Time: 1.5 Credit Hours

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Cost: Free

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Time: .75 Credit Hours Cost: Free

#### To sign up: https://www.nationalcac.org/online-training-catalog/

## **Ohio Supreme Court:** Available online, anytime:

#### GAL: Psychiatric Disorders in Children

Date: Available anytime online Place: Webinar Instructor: Supreme Court of Ohio EDU

To sign up: https://sco.csod.com/client/sco/default.aspx

Description: What does a guardian ad litem (GAL) need to know, do, or think to identify the "best interest of the child" when a psychiatric disorder is a factor in their case? This 3-hour course will explore common psychiatric disorders in children, including causes, symptoms, and common treatments. Fact patterns with discussion will help GALs apply the knowledge to realistic situations.

#### GAL: Advanced Topics in Substance Use

Date: Available anytime online Time: 3 Credit Hours Place: Webinar Cost: Free Instructor: Doug Althauser, Esg. LICDC, MAC, ICCS, ICADC; Kristine Buffington, MSW, LISW; and Michelle Roley-Roberts, Ph.D.

To sign up: https://sco.csod.com/client/sco/default.aspx

Description: Parental substance use and dependency can have significant effects on children's development and wellbeing from conception through adulthood. The opioid epidemic in Ohio has intensified those effects, and the long-term impacts are just beginning to emerge. This course provides Guardians ad Litem with knowledge and resources to help identify issues and make recommendations to impact the lives of children affected by substance use and related trauma.

#### GAL: Domestic Violence-Informed Practice for GALs

Date: Available anytime online Place: Webinar

Instructor: David Mandel, Executive Director, Safe and Together Institute

To sign up: https://sco.csod.com/client/sco/default.aspx

Description: Research and experience tell us that many, if not most, cases that are referred to guardians ad litem (GAL) contain domestic violence as a significant component in the family dynamics. Domestic violence patterns that impact child and family functioning can be outside the scope of the legal definition of domestic violence (R.C. 2919.25 or 3113.31). Whether domestic violence is the precipitating cause for the referral to a GAL or is part of a family's history, the full range of facts surrounding domestic violence must be considered in making recommendations relative to children's best interests. Interviewing family members, reviewing court documents, and writing reports require knowledge of the non-offending parent's action to protect the children as well as the perpetrator's patterns of behaviors and their impact on child and family functioning to inform appropriate intervention strategies. In this course, GALs will gain critical knowledge and skills to recognize the nuances in domestic violence dynamics and implement practices to foster children's safety and well-being.

#### GAL: Advanced Topics in Child Abuse: Corporal Punishment

Date: Available anytime online Place: Webinar

Instructor: Doug Althauser, Esg. LICDC, MAC, ICC; Heidi A. Malott, MSW, LISW-S; Lolita M. McDavid MD, MPA, FAAP; and Kirsten Simonton, MD

To sign up: https://sco.csod.com/client/sco/default.aspx

Description: This online course will address issues commonly seen by Guardians ad Litem concerning corporal punishment when assigned to juvenile and domestic relations court cases. The following topics are included in the course:

- Corporal Punishment—What is corporal punishment and when is it used? •
- Positive and Negative Consequences—What are the consequences of corporal punishment? •
- Alternatives to Corporal Punishment—What can be used in place of corporal punishment? .
- Scenarios and Suggestions—What should GALs do in specific scenarios?

#### GAL: Advanced Topics in Child Abuse: Drug Endangered Children

Date: Available anytime online Time: .5 Credit Hours Place: Webinar Cost: Free Instructor: Doug Althauser, Esq. LICDC, MAC, ICC; Heidi A. Malott, MSW, LISW-S; Lolita M. McDavid MD, MPA, FAAP; and Kirsten Simonton, MD To sign up: https://sco.csod.com/client/sco/default.aspx

Time: 3 Credit Hours Cost: Free

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Time: 1.25 Credit Hours Cost: Free

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Time: 3 Credit Hours Cost: Free

Description: This online course will address child and family issues commonly seen by Guardians ad Litem when assigned to juvenile and domestic relations court cases impacting drug-endangered children. The following topics are included in the course:

- Introduction to Drug Endangered Children—What does drug exposure look like? What is normal and what is not? •
- Scenarios and Suggestions—What should GALs do in specific scenarios? •

#### GAL: Advanced Topics in Child Abuse: Sexual Behaviors in Children Date: Available anytime online

Time: .75 Credit Hours

Cost: Free

Cost: Free

Instructor: Doug Althauser, Esq. LICDC, MAC, ICC; Heidi A. Malott, MSW, LISW-S; Lolita M. McDavid MD, MPA, FAAP; and Kirsten Simonton, MD

To sign up: https://sco.csod.com/client/sco/default.aspx

Description: This online course will address child sexual behavior issues commonly seen by Guardians ad Litem when assigned to juvenile and domestic relations court cases. The following topics are included in the course:

- Child Sexual Behavior Inventory—What is normal and what is not?
- When to Be Concerned—What are the warning signs that something is abnormal? ٠
- What GALs Should Do-What should GALs do in specific scenarios?

### **Ohio Surrogate Parent Training: Educating Children with** Disabilities: Available online, anvtime

**Ohio Surrogate Parent Training** 

Place: Webinar

Date: Available anytime online Place: Webinar Instructor: Ohio Department of Education To sign up: https://ohiosurrogateparent.org/

**Description:** Ohio Surrogate Parent Training will serve as a guide to the federal Individuals with Disabilities Education Improvement Act (IDEA) and Ohio's special education rules in Chapters 3301-51-09, 11, and 21 of the Ohio Administrative Code. If you want to learn about IEPs (Individual Education Plans) for children with disabilities, this is the training for you. If you complete the training and are appointed as the Surrogate Parent for your CASA child, you will be eligible to help make educational decisions for your CASA kids. If you complete the training and never want to serve as a

#### The training has seven independent modules:

Introduction Module 1: Surrogate Parent Responsibilities Module 2: Defining Terms and Responsibilities Module 3: Children and Parent Rights Module 4: The Special Education Process - Part 1 Module 5: The Special Education Process – Part 2 Module 6: Additional Specific Requirements – Part 1 Module 7: Additional Specific Requirements - Part 2

Estimated time to complete: 45 minutes Estimated time to complete: 1 hour Estimated time to complete: 1 1/2 hours Estimated time to complete: 1 1/2 hours Estimated time to complete: 1 ½ hours Estimated time to complete: 2 1/2 hours Estimated time to complete: 1 hour Estimated time to complete: 1 hour

## The Annie E. Casey Foundation: Available online, anytime

Surrogate Parent under the statute, that is fine; just say no if you are ever called and asked to serve.

#### Addressing the Mental Health Needs of Young Immigrants

Date: Available anytime online Time: 1 Credit Hour Place: Webinar Cost: Free Speakers: Diego Uriburu, Carolyn Camacho, Enrique Mejia To sign up: Click the Link to Watch https://www.youtube.com/watch?v=8u6VrrqMQdE Description: This session, one in a six-part webinar series, spotlights a community-led, non-clinical approach to supporting mental health in Latino communities.

Framing Youth Mental Health for Well-Being and Opportunity Date: Available anytime online Time: 1.25 Credit Hour Place: Webinar Cost: Free Speakers: Kate Shatzkin, Marisa Gerstein Pineau, Isabel Ohakamma, Primo Lagaso Goldberg To sign up: Click the Link to Watch https://www.youtube.com/watch?v=kLNa3MmF rs

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Time: 10.75 Total Credit Hours in 7 Modules

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**Description:** "Policymakers, professionals and advocates had the opportunity to gain insights and ask guestions about how to effectively communicate about mental health issues. Participants gained a deeper understanding of how to frame mental health concerns in a way that promotes positive change and encourages action."

#### Preventing Adverse Childhood Experiences with the CDC

Date: Available anytime online Place: Webinar Speakers: Phyllis Holditch Niolon, Ph.D To sign up: Click the Link to Watch https://www.youtube.com/watch?v=3ojtJPvs7vA **Description:** This session looks at the lifelong impact of adverse childhood experiences and how to promote positive childhood experiences.

#### **Trauma and Adolescent Development**

Date: Available anytime online Place: Webinar Speaker: Shantel Assata, LCPC To sign up: Click the Link to Watch https://www.youtube.com/watch?v=qEpd86dc1AE&t=1s **Description:** By watching a recording of this this one-hour webinar, participants will:

- Understand how trauma affects adolescent development based on the latest research and Assata's work with young people.
- Learn tactics to improve services and programs aimed at youth with trauma experiences. •

### The Stages of Adolescent Brain Development

Date: Available anytime online Time: 1 Credit Hour Place: Webinar Cost: Free Speaker: Adriana Galvan To sign up: Click the Link to Watch https://www.youtube.com/watch?v=6sOEOSQkpd0 **Description:** This webinar provides insights into adolescent brain development and shows how better understanding this developmental period can inform and improve programs and services focused on youth well-being.

The Toll of Institutional Placements and the Case for Family-Based Foster Care Date: Available anytime online Time: .5 Credit Hour

Place: Webinar Cost: Free To sign up: Click the Link to Watch https://www.youtube.com/watch?v=s2AEUXxnYn8&t=310s Description: "The video underscores the implications of placements in institutional settings - not just for adults who are incarcerated, but for young people placed in foster care group settings. Each woman shares how support from the child welfare system might have kept their families together and altered their life trajectories."

**NOTE:** Please complete an In-Service Training form for webinars watched.

# YWCA Northwest Ohio: Available online, anytime

#### YWCA Lunch & Learn Series

Immigration Date: Available anytime online Time: 1.5 Credit Hours Place: Webinar Cost: Free Speaker: Alexii Collins, YWCA & Wendy Avina, Outreach Paralegal at LAWO To sign up: Click the Link or Copy and Paste into browser to Watch. https://youtu.be/eF1fNDfqMVU?si=xZCx55H9Q9e19WOx

Description: This webinar gives a presentation about "Barriers to Humanitarian Relief Faced by Immigrants" presented by Wendy Avina, Outreach Paralegal, at Legal Aid of Western Ohio, Inc. (LAWO). The presentation includes information about barriers, immigration roadmap, terms to avoid, immigration agency structure, family-based petitions and more.

### The Link between Racial Violence & Gender-Based Violence

Time: 1.7 Credit Hours Date: Available anytime online Place: Webinar Cost: Free Speakers: Rachael Gardner MSW, LISW; Emily Gemar, Director of Public Policy OSESV To sign up: Click the Link or Copy & Paste into browser to Watch. https://youtu.be/ykcZUaXSU4A?si=Ubxk8atGVxrCYZeO

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Time: 1 Credit Hour Cost: Free

Time: 1 Credit Hour

Cost: Free

Description: Information about cultural beliefs	, public policies,	, women experiences and	statistics are explored.
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#### Race and Health Equity

Date: Available anytime online Time: 1 Credit Hour Place: Webinar Cost: Free Speakers: YWCA OF NWO To sign up: Click the Link or Copy and Paste into Browser to Watch. https://youtu.be/mODgZM9Y9SM?si=FK9MSYi9RnNwP2W2 Description: YWCA presents information presents information about living habits and health practices in regards to race.

### The intersection of guns, domestic violence and race

Time: 1.5 Credit Hours Date: Available anytime online Place: Webinar Cost: Free Speakers: YWCA of NWO To sign up: Click the Link or Copy and Paste into browser to Watch. https://youtu.be/e70STSgUSCs?si=gvS4gkgurGhWZ3yu Description: This webinar explores how these topics are connected to one another. Statistics and an explanation of the "wheel of domestic violence" are discussed.

#### Zip Code Matters

\*Rule 48 Date: Available anytime online Time: 1.5 Credit Hours Place: Webinar Cost: Free Speakers: Marie Flannery, President & CEO & Sena Mourad-Friedman, VP of Operations and Development To sign up: Click the Link or Copy and Paste into browser to Watch. https://youtu.be/HxAGKzfj334?si=B8QeJH2hamddaDAO Description: "A viewing and discussion of the film "Zip Code Matters" from the Fair Housing Center of Toledo, Ohio."

### **Barriers Faced by People with Disabilities**

Date: Available anytime online Time: 1.5 Credit Hours Place: Webinar Cost: Free Speaker: Dawn Bentley, M.Ed., CAIRE, LLC; Katie Shelley, Toledo Museum of Art; Nathan Turner, SALUTE; Veralucia Mendoza, The Ability Center To sign up: Click the Link or Copy and Paste into browser to Watch. https://youtu.be/MTpmrBtmSpU?si=utKhZnqA8EdXFOAL

Description: This webinar assists with defining what diversity, equity, access and inclusion includes. It also identifies social determinants of health & presents diagrams and models in an engaging way.

The Survivor's Journey: Trauma Focused Work and Disparities for People of Color		
Date: Available anytime online	Time: 1.2 Credit Hours	
Place: Webinar	Cost: Free	
Speaker: Celia Williamson, PhD, University of Toledo		
<b>To sign up</b> : Click the Link or Copy and Paste into browser to Watch.		
https://youtu.be/bGtDGTqcCCs?si=8bA9CT3Rtt_osuuP		
<b>Description:</b> This webinar present information about the needs & links	ages of trauma survivors	

**Description:** This webinar present information about the needs & linkages of trauma survivors.

### **Bias Panel Discussion**

Date: Available anytime online Time: 1.5 Credit Hours Place: Webinar Cost: Free Speaker: YWCA of NWO To sign up: Click the Link or Copy and Paste into browser to Watch. https://youtu.be/EvTPqj7M1Ts?si=NhbzrJ0kRUpWcTtd

Description: "The YWCA of NWO presented a panel discussion of the film Bias featuring the director of the film and local community change makers."

### Why Black Babies Are Dying Lunch & Learn

Date: Available anytime online Time: 1.2 Credit Hours Place: Webinar Cost: Free Speaker: Carly Salamone, Director, Northwest Ohio Pathways HUB; Jackie King, Community Health Workers, Baby University, Matthew Orbain, OEI Program Epidemiologist, Toledo-Lucas County Health Department To sign up: Click the Link or Copy and Paste into Browser to Watch. https://youtu.be/VKSAGhG\_Eh0?si=NDWIS6e4sVEodVrg

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Description: "YWCA of NWO and Healthy Lucas County presents Why Black Babies Are Dying as part of their health equity series. The film "Toxic: A Black Woman's Story" was shown live but was not recorded due to copyright regulations."

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**Black Stress Matters** Date: Available anytime online Time: 1.3 Credit Hours Place: Webinar Cost: Free Speaker: Elijah Jones, MSW, LISW-S To sign up: Click the Link or Copy and Paste into browser to Watch. https://youtu.be/MjWp-7jFO1Q?si=2Kdgipr6sLB7rd4w Description: This webinar's key moments include information about the ecological model, levels of racism, 6 guiding principles to a trauma-informed approach and addressing implicit bias.

NOTE: Please complete an In-Service Training form for webinars watched. \*\*\*These options are appropriate to earn cultural diversity training hours.\*\*\*

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