CASA/GAL Training Opportunities January-March 2024



- 1. CASA volunteers are to take twelve (12) hours of on-going training annually, of which 3 hours must qualify as GAL training under Ohio Supreme Court Rule 48, noted as such below: *Rule 48.
- 2. Trainings in **BLUE** are especially recommended and are organized by CASA.
- 3. Submit all training certificates to award@co.lucas.oh.us for credit towards your required annual training.
- LCCS Note: If you miss more than 15 minutes of any training at the Lucas County Conference and Learning Center, you 4. will not be given a training certificate. Arrive on time! Also, there is a charge for parking of \$3.75. Please make sure to bring cash with you.
- Additional valuable online trainings are available on the following websites: 5. https://www.nationalcac.org/online-training-catalog/ https://www.supremecourt.ohio.gov/JudicialCollegePublicCalendar/#/judicialcollegecourses https://www.ohiocasa.org/available-courses/ https://static1.squarespace.com/static/5b3ffea5620b85be5d272f4b/t/601ab323ca147d37c16988ed/1612362533393/Nation al-CASA-GAL-Association-for-Children-2020-Archived-Webinars-Catalog.pdf Please email Aislynn Ward to see if the training you are interested in is Rule 48 approved. 6. See attachment sent in email for an In-Service Training form.

January 2024

Combating Compassion Fatigue through Self Care

Date: Monday, January 22nd, 2024

Place: Lucas County Conference and Learning Center, 711 Adams St. Cost: Free Instructor: Anthony President

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: On most days, supporting clients, children in care, and co-workers takes up considerable time and emotional labor for CPS workers. When workers fail to take care of themselves in the midst of dealing with others' trauma, stressors can mount, and compassion fatigue could result. Half of all child welfare workers may suffer from high or very high levels of compassion fatigue (Child Welfare Info Gateway). This workshop provides strategies for helping participants to develop a comprehensive plan of self-care that encompasses the four dimensions of wellness: social support, diet & exercise, hobbies & leisure-time activities, and managing mental processes for increasing compassion satisfaction.

Preventing Adverse Childhood Experiences: Creating Safe and Nurturing Environments VIRTUAL *Rule 48

Date: Tuesday, January 23nd, 2024 Place: Online Webinar Instructor: Hosted by Annie E. Casey Foundation

To sign up: https://web.cvent.com/event/cedc16c5-1de3-4f10-a77e-d6b0801a6f49/regProcessStep1:f73b90d1-646e-4398-b09d-03a1072ec686

Description: Details have not yet been posted on the site. Please acquire attendance verification or complete an In-Service Training form for this opportunity.

She Recovers: Navigating Unique Challenges for Women in Addiction Treatment VIRTUAL *Rule 48 Time: 12:00pm-1:00pm (1 Credit Hour)

Date: Tuesday, January 23nd, 2024

Place: Online Webinar with BrightView Health

Instructor: Mandy Seymour, Chief Nursing Officer, and Amy Aydelotte

To sign up: Click link & a Registration prompt will also appear on the page.

https://brightview.webex.com/webappng/sites/brightview/meeting/register/fc504a2bde8c43a895aee0e56606a0c4?ticket=4 832534b000000614fdf8beb4c6fbf59b8d408ece5dcbf563eeff071c53218abb9a7c61ff3fd6a0×tamp=1705597746591 &RGID=r4b7f102fa15ed256f495feb8b894deec

Description: Attendees will learn how:

Biological and psychological characteristics are different

• Women with substance use disorder are more likely to face barriers in accessing treatment and are less likely to seek treatment.

Social stigma impacts women's' treatment and ongoing recovery

• The key steps to provide women with better addiction treatment

IN-PERSON *Rule 48 **Time:** 9:00 am – 4:00 pm (6 Credit Hours)

Time: 1:00pm-2:00pm (1 Credit Hour) Cost: Free

Filtering the Noise from Young "Hood" Boys

Date: Tuesday, January 23rd, 2024 Place: Lucas County Conference and Learning Center, 711 Adams St. Cost: Free **Instructor:** Anthony President

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: In the communication process, noise is anything that impedes a message from being heard. Research suggests that positive messages from parents, teachers, and the media go ignored by black urban youth; vet these same youth display macho attitudes they see from media images of street subculture. The negative messages are sticking, and the good messages are not. Young boys need an adult voice to help them understand the dangers of buying into and emulating the negative subculture of "thugism." This workshop presents strategies for empowering boys to resist the call of "thug life" and become good, law-abiding citizens.

Working with Youth at Risk for Human Trafficking

Date: Tuesday, January 30th, 2024

Place: Online Webinar with NWORTC Instructor: Russele Pratt

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: This training will cover the definition of human trafficking and how the federal and state laws apply to minors. The focus of this training will be on sex trafficking. It will outline what makes youth most at risk and vulnerable to trafficking, as well as define the different types of trafficking. Learners will be able to identify indicators of youth trafficking, and how to begin a conversation with the youth they work with about the dangers of trafficking. This training will emphasize the importance of establishing safety, and trust and building transformational relationships with the youth.

Shifting Narratives: Understanding the Complexities of Commercial Sexual Exploitation NEW; VIRTUAL

Date: Tuesday, January 30th, 2024

Place: Online Webinar with The Center for Juvenile Justice Reform Cost: Free Instructor: April Grayson Senior Policy Manager, Mae Ackerman-Brimberg JD, MSW, Michelle Guymon MSW, Carly B. Dierkhising, PhD, Associate Professor

To sign up: https://georgetown.zoom.us/meeting/register/tJcvc-gorTktGtwVCDmpVQvZAbpr63w9S1M3#/registration

Description: This training will explore the dynamics of commercial sexual exploitation (CSE) and identify vulnerabilities and pathways to CSE through case examples and lived experience. Data will be presented on the experience of young people impacted by CSE within the child welfare and youth justice systems to highlight opportunities for prevention and intervention. We will confront common misunderstandings and misperceptions that prevent proper identification and services for impacted young people. Participants will gain a heightened awareness, improve their ability to identify CSE among young people, and build a collective commitment to better support those impacted by CSE.

NOTE: Please complete an In-Service training form for this option, if no certificate is provided. If the webinar goes significantly longer than an hour please include the length of the webinar on the In-Service form.

FEBRUARY 2024

S.E.E.K: Search, Engage, Explore, Kinnect **Date:** Wednesday, February 7th, 2024 Place: Lucas County Conference and Learning Center, 711 Adams St. Cost: Free

Instructor: Richard Dencer

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Search, Engage, Explore, and Kinnect (S.E.E.K.) training is a values-based, intense family search and engagement (FSE) training. In this training, participants will increase their understanding of core values and foundations of FSE, from legislation history and evolution of practice to integrating family findings across agencies. Learners will discuss the "why" behind kin-first decision-making, how to identify and overcome barriers to connecting children with their kin, and trends in practice. Participants will learn diligent searching techniques and meaningful engagement strategies, as well as skill sets for connecting and supporting kinship families through interactive curriculum and activities.

SOGIE 101: Working with LGBTQ+ Young People in Child Welfare IN-PERSON *Rule 48 Time: TWO OPTIONS 9:00 am - 12:00 pm (3 Credit Hours) **Date:** Thursday, February 8th, 2024 1:00 pm – 4:00 pm (3 Credit Hours) Place: Lucas County Conference and Learning Center, 711 Adams St. Cost: Free

Instructor: Richard Dencer & Heather Jamison To sign up: Email Megan Hite at megan.hite@ifs.ohio.gov

IN-PERSON

VIRTUAL

Time: 9:00 am – 4:00 pm (6 Credit Hours)

Time: 9:00 am – 4:00 pm (6 Credit Hours) Cost: Free

*Rule 48

IN-PERSON *Rule 48 **Time:** 9:00 am - 4:00 pm (6 Credit Hours)

*Rule 48 **Time:** 2:00 pm – 3:00 pm (1 Credit Hour)

Description: LGBTQ+ youth are overrepresented in the child welfare system and are at greater risk of negative outcomes, including homelessness, suicide, and unhealthy risk-taking behaviors. LGBTQ+ youth need the support of the child welfare system to be able to meet their unique needs effectively. SOGIE 101 offers foundational information about sexual orientation, gender identity, and gender expression. It provides a safe space for self-reflection on internal bias and to discuss myths and misinformation so that child welfare staff can identify their needs in order to better understand and support the LGBTQ+ youth they serve. In addition, practical tools to integrate affirming practices into daily work activities will be introduced.

Sobering Thoughts: Substance Abuse in Adolescence

Date: Monday, February 12th, 2024

Place: Lucas County Conference and Learning Center, 711 Adams St. Cost: Free **Instructor:** Brian Bethel

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Substance use disorders among adolescents are a significant public health problem in the United States. It is estimated that approximately 9% of the U.S. adolescent population meet the Diagnostic and Statistical Manual criteria for a substance use disorder (American Psychiatric Association, 2005). Consequently, caregivers frequently provide care for teens with drug and/or alcohol problems.

Working with Male Survivors of Human Trafficking

Date: Tuesday, February 13th, 2024

Place: Lucas County Conference and Learning Center. 711 Adams St. Cost: Free Instructors: Brian Bethel

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: This training will provide an overview of human trafficking specific to male victims. In an attempt to better serve this population, the curriculum will highlight the complex characteristics associated with male victims. Specific strategies and recommendations will be offered when working with male survivors of trafficking.

Keep Your Cool and Help Others Calm Down

Date: Thursday, February 15th, 2024 Place: Online Webinar with NWOTC Instructor: Jody Johnston-Pawel

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Prevent stress from bubbling over and anger from erupting by using the practical tools in this workshop. First, understand the differences between healthy and toxic stress, basic stress/anger management skills, and a simple two-step formula for creating an individualized stress and anger management plan for yourself or others, whether children or adults. Then dive deeper, to understand what's happening biochemically during stress/anger, how emotional addictions and trauma triggers get wired in, and how toxic emotions can create cellular changes that result in disease. Then preview several practical techniques that facilitate neuroplasticity (rewiring the nervous system) and returning to health. The information and skills strategies you learn in this workshop will help improve your personal and professional life, plus you can use what you learn to support or assist children or adults with whom you live or work in better understanding and managing their stress or anger, too.

National Alliance on Mental Illness (NAMI) Family & Friends

Date: Wednesday, February 28th, 2024

Place: NAMI Greater Toledo - 4334 Secor Rd, Toledo, OH 43623 Instructor: Kristen Zientek and Afaf Doumani

To sign up: RSVP to Kristen Zientek at kzientek@namitoledo.org to receive ZOOM log-in information Description: NAMI Family & Friends is a free seminar that informs people who have loved ones with a mental health condition how to best support them. It's also an opportunity to meet other people in similar situations and gain community support. The seminar is led by trained people with lived experience of supporting a family member with a mental health condition. The goal of the seminar is to offer participants practical skills and information to address their immediate concerns until they can attend a NAMI Family to Family class. They will walk you through the following topics:

Understanding diagnoses, treatment, and recovery

Effective communication strategies

• The importance of self-care

 Crisis preparation strategies NAMI and community resources

NOTE: Please complete an In-Service Training form for this opportunity.

VIRTUAL *Rule 48 **Time:** 9:00 am – 4:00 pm (6 Credit Hours) Cost: Free

VIRTUAL *Rule 48 Time: 10:00am-12:00pm (2 Credit) Hours Cost: Free

IN-PERSON *Rule 48 **Time:** 9:00 am – 4:00 pm (6 Credit Hours)

*Rule 48 **Time:** 9:00 am – 4:00 pm (6 Credit Hours)

IN-PERSON

Trauma Informed Family Engagement: Understanding the impact of implicit bias & structural racism NEW; VIRTUAL *Rule 48

Date: Thursday, February 29th, 2024 **Place:** Online Webinar with Ohio START Program **Instructor:** Not listed Time: 9:00 am – 4:00 pm (6 Credit Hours) Cost: Free

To sign up: Click the Link Below to Register. **NOTE:** *It will prompt you to make an account, please list Lucas County CASA when prompted to fill out "agency" information. If you have questions, please contact Aislynn at the email listed above.* <u>https://ohiostart.org/training-assistance/</u>

Description: Join us to explore what it means to be trauma informed in our engagement of families. Together we will explore the cultural and historical context of trauma, learn about structural racism and our own implicit bias. We will unpack the potential impact of those issues on our engagement with families. Participants will identify the six guiding principles to trauma informed care, the importance of authentic family engagement as well as strategies for the implementation of trauma informed family engagement practices.

March 2024

Best Practices for CASA Volunteers (CASA Core Repeat)

Date: Wednesday, March 6th, 2024

Place: Via Zoom To Sign-Up: E-mail casainfo@co.lucas.oh.usor call 419-213-6753

Instructor: Emily Richter, J.D. and Chris Caryer, J.D.

Description: Interested in refreshing your CASA skills? Want to learn what's new with CASA? Ready to have your questions answered by CASA Staff? Join us for this training session to brush up on your CASA skills. Office staff will update you regarding new developments in CASA cases, new CASA procedures, and Rule 48 requirements

Working with Parents of Limited Cognitive Functioning

Date: Thursday, March 7th, 2024 Place: Online Webinar Instructor: Jody Johnston-Pawel To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: In this highly interactive workshop, we discuss how to identify and meet the special needs of parents with three types of cognitive limitations: learning disabilities, mental health issues, and developmental delays. We share service options and available resources, discuss special case planning issues, and explore what parenting skills these parents may have difficulty learning. Then we apply what we've learned to real life and case studies.

Domestic Violence: The Victim, the Abuser, and the Incident Date: Friday, March 8th, 2024 **Place:** Lucas County Conference and Learning Center, 711 Adams St.

Instructor: Paula Walters To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Domestic violence is a public health epidemic. It is also one of the most dangerous scenes for first responders. People face challenges when caring for adults or children whose life experiences have been centered around domestic violence. Domestic violence is difficult to understand because there is often blurred lines of what abuse actually is. Attendees will be address myths that surround abuse as well as be challenged to confront their own bias regarding the abusers, the victims, and the incidents of abuse. This workshop takes you to the uncomfortable steps of "walking a mile in their shoes." The first step in addressing the struggles of those living with domestic violence is to understand it.

IN-PERSON

Cost: Free

Strangulation: What Every Caseworker Needs to Know

Date: Friday, March 8th, 2024

Place: Lucas County Conference and Learning Center, 711 Adams St **Instructor:** Paula Walters

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Strangulation has been identified as one of the most lethal forms of domestic violence and sexual assault. Strangulation is an ultimate form of power and control where the batterer can demonstrate control over the victim's next breath: It may have devastating psychological effects or a potentially fatal outcome. In strangulation, unconsciousness may occur within seconds and death within minutes. Death can occur in the days following the incident as well. When domestic violence perpetrators choke (strangle) their victims, not only is this felonious assault, but it may be an attempted homicide. Strangulation is often considered the "last warning shot" before homicide.

*Rule 48 Time: 5:30 pm - 7:30 pm (2 Credit Hours) Cost: Free

 VIRTUAL
 *Rule 48

 Time: 9:00 am – 4:00 pm
 (6 Credit Hours)

 Cost: Free

 IN-PERSON
 *Rule 48

 Time: 9:00 am – 12:00 pm
 (3 Credit Hours)

 Cost: Free
 (3 Credit Hours)

Time: 12:00 pm – 4:00 pm (4 Credit Hours)

4

Normalcy and the Reasonable and Prudent Parent Standard

Date: Monday, March 11th, 2024

Place: Lucas County Conference and Learning Center, 711 Adams St Constructor: Anthony President

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Children in the Foster Care System need access to age-appropriate activities that can help them developmentally with the life skills necessary to succeed in the real world. In order to safely prioritize normalcy, each child's individual risk factors and abilities must be considered as their care team determines the right activities for each child. This workshop provides staff and foster parents with a set of tools to help with the decision-making process to evaluate each instance to determine what may be in the best interest of each child for their development and overall well-being.

Supporting Grandfamilies Raising Children in Child Welfare

Date: Tuesday, March 12th, 2024

Place: Lucas County Conference and Learning Center, 711 Adams St **Instructor:** Anthony President

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: For every child in foster care, there are 20 being raised by grandparents or other kin. (Annie E. Casey Foundation). Grandfamilies are families where grandparents or other elderly kin raise children because their parents can't or won't. The new opioid epidemic has created an increased need for substitute care and many grandfamilies are stepping up. This workshop deals with ways in which workers can support the unique challenges of grandfamilies, such as social isolation and depression, shame and guilt of family opioid addiction, caregiver stress, and service navigation.

VIRTUAL

Cost: Free

VIRTUAL

Cost: Free

Fetal Alcohol Spectru	um Disorders: A	Hidden Str	uqqle

Date: Tuesday, March 19th, 2024 **Place:** Online Webinar

Instructor: Karen Chennelles

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: The course will cover what FASDs are, the primary symptoms of this brain-based disability, the difference between willful misbehavior and symptoms of FASD, how secondary symptoms can cause misdiagnoses, and how to find the support and help needed to get a child diagnosed and properly supported.

The Hidden Self-Exploring Implicit Bias in Child Welfare

Date: Tuesday, March 21st, 2024 **Place:** Online Webinar **Instructor:** Anthony President

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Bias in all human beings begins in childhood and is a natural cognitive function of us all. Well-intentioned people who consciously disapprove of bias can still harbor implicit bias. Implicit bias can occur instantly and involuntarily with certain groups of people (Justice Research & Statistics Association, 2018). This workshop challenges child welfare professionals to examine their implicit biases, which can influence casework decisions, actions, and behaviors towards clients, colleagues, and community partners. We will assess our implicit biases and learn strategies to limit and manage them.

National Alliance on Mental Illness (NAMI) Family to Family

Date: Wednesday, March 27th, 2024 – Wednesday, May 15th, 2024 **Place:** NAMI Greater Toledo - 4334 Secor Rd, Toledo, OH 43623 **Instructor:** Sarah Gross and Kristin Cousino

To sign up: RSVP to Kristen Zientek: <u>kzientek@namitoledo.org</u> or 419-243-1119

Description: NAMI Family to Family is an evidence-based program and is taught by NAMI-trained family members with lived experience of caring for a loved one with a mental condition. The group setting of NAMI Family to Family provides mutual support and shared positive impact. In the program, you'll learn about:

- · How to solve problems and communicate effectively
- Taking care of yourself and managing your stress
- Supporting your loved one with compassion
- Finding and using local supports and services
- Up-to-date information on mental health conditions and how they affect the brain
- How to handle a crisis
- Current treatments and therapies
- The impact of mental health conditions on the entire family

NOTE: This course will be offered in-person on 8 consecutive Wednesdays (Wed, March 27th through Wed May 15th).

IN-PERSON Time: 9:00 am - 4:00 pm

Time: 9:00 am - 4:00 pm (6 Credit Hours) **Cost:** Free

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 IN-PERSON
 *Rule 48

 Time: 9:00 am – 4:00 pm
 (6 Credit Hours)

 Cost: Free
 Free

Time: 9:00 am – 12:00 pm (3 Credit Hours)

Time: 9:00 am – 4:00 pm (6 Credit Hours)

IN-PERSON (8 SESSIONS) *Rule 48 Time: 6:00pm – 8:30 pm (20 Total Credit Hours) Cost: Free Please complete an In-Service Training form for this opportunity.

NAMI Family to Family focuses on families who have someone with a mental health diagnosis. Depending who the trainers are, some CASA volunteers have found this training beneficial, but others have found it not applicable to our CASA work.

Ohio CASA Association: Available online, anytime:

Recognizing, Understanding, and Addressing Bias

Date: Available anytime online Place: Webinar Instructor: Jenny Stotts, Ohio's first Youth Ombudsman, serving foster youth across Ohio.

To sign up: https://www.ohiocasa.org/available-courses/

Description: What's YOUR bias? How might it be impacting your work? Learn more about the science behind implicit bias and what you can do to mitigate the effect of implicit bias on your work as a CASA Volunteer. This session will cover the construction of implicit biases, how to recognize implicit bias in yourself, and practical steps to address implicit bias.

The Gender Unicorn: Gender & Sexuality 101

Date: Available anytime online Place: Webinar

Cost: Free Instructor: Amanda Erickson, Director of Education & Outreach, Kaleidoscope Youth Center To sign up: https://www.ohiocasa.org/available-courses/

Description: This course will explore the complexity and depth of gender, including gender identity, gender expression, and sex assigned at birth; along with sexuality and the LGBTQIA+ acronym. Participants will practice using personal gender pronouns correctly (and the importance of doing so), and what words to avoid.

Narcotics 101

Date: Available anytime online

Place: Webinar

Instructor: Kevin Everhart, retired Narcotics Detective and Asst. Task Force Commander of a Major Crimes Task Force To sign up: https://www.ohiocasa.org/available-courses/

Description: This course provides an overall understanding of the world of narcotics. Beginning with Medical Marijuana Laws of Ohio and continuing to the basic understanding of drugs of abuse, this course will provide you the tools you need to understand current drug trends. You also will learn what to be aware of when you are in the field and how to stay safe. along with understanding and interpreting drug testing results.

Engagement 101

Date: Available anytime online Place: Webinar

Cost: Free Instructor: Talia Holmes & Nashawn Lariviere, Both Foster Care Advocates, Ohio Department of Job & Family Services To sign up: https://www.ohiocasa.org/available-courses/

Description: Nashawn Lariviere and Talia Holmes draw both from their own lived experiences in the child welfare system and their professional experiences working with current and former youth in foster care to offer suggestions regarding different techniques that CASA volunteers and other professionals can use to effectively engage the youth with whom they work. While there is no single approach that is all inclusive or encompassing -each youth or young adult has their own individual story and experiences- the information provided should be useful to all who work with youth.

Post-Emancipation Services: Young Adult Services & Bridges

Date: Available anytime online

Place: Webinar

Instructor: Sarah Levels, MSW, Bridges Policy Developer, Ohio Department of Job and Family Services To sign up: https://www.ohiocasa.org/available-courses/

Description: This video offers an overview of post emancipation services available to young adults 12-18 who have aged out of foster care in Ohio. The presentation begins with a discussion about final transition planning requirements and considerations for youth in foster care. Ms. Levels also provides an overview of Ohio's available post-emancipation services such as Medicaid coverage until the age of 26; the Ohio Education Training Voucher (ETV) which offers grant money to attend college; Young Adult Services' post-care services and supports that are offered through the county public children services agencies; and, Bridges, a state-administered program offering support services to emancipated foster youth who meet eligibility criteria. Finally, the audience is provided information that outlines how, as individuals, we each are able to play an important role in supporting former foster youth on their journey to independence.

Time: 1 Credit Hour Cost: Free

Time: 1 Credit Hour Cost: Free

Time: 1 Credit Hour

Cost: Free

Time: 1 Credit Hour

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Time: 1.5 Credit Hours in 2 Parts, both required

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Date: Available anytime online Place: Webinar Instructor: Ohio CASA Association To sign up: https://www.ohiocasa.org/available-courses/

Description: Participants will gain a better understanding of how stress and trauma impact children and their behavior. By learning how children can develop the capacity to cope and be strengthened by adversity, participants will be better equipped to provide needed support, help children prepare for stressful situations, and build their own resiliency.

CASA Volunteers + Special Education

Trauma in Childhood

Date: Available anytime online Place: Webinar Cost: Free Instructor: Kristin Hildebrandt, Senior Attorney at Disability Rights Ohio To sign up: https://www.ohiocasa.org/available-courses/

Description: Participants will gain a better understanding of Ohio's special education laws and processes, as well as specific ways that CASA volunteers can advocate within the educational system on behalf of the children they represent. This session also identifies various valuable resources to further aid the CASA volunteer.

Best Practices: Testifying in Court

Date: Available anytime online Time: 1.75 Credit Hours in 2 Parts both required Place: Webinar Cost: Free Instructor: Emily Richter, J.D. & Chris Carver, Lucas County CASA/Juvenile Court To sign up: https://www.ohiocasa.org/available-courses/

Description: Conducted by two highly experienced attorneys, this session gives participants an overview of the CASA volunteer's role when testifying in court, as well as tips for effectively conveying the information considered most important to judicial decision-making. It is appropriate for newer CASA volunteers preparing to present their report in juvenile court, as well as more seasoned CASA volunteers who want to refresh their knowledge.

On the Margin: Foster Youth at Risk of Human Trafficking

Date: Available anvtime online Place: Webinar Instructor: Ohio CASA Association To sign up: https://www.ohiocasa.org/available-courses/

Description: Attendees will hear an open discussion among adult survivors of human trafficking and experts who are fighting to address the trafficking of juveniles. The conversation is led by former Ohio Supreme Court Justice Yvette McGee Brown. Attendees will better understand how professionals and advocates work together to help victims experience "healthy" and accept how to embrace it within their own lives to make change happen. This course has been approved for one hour Sup. Rule 48 continuing education hours.

Understanding Ohio's Child Protection System

Date: Available anytime online Place: Webinar Instructor: Denielle Ell-Rittinger and Renee Lupi

To sign up: https://www.ohiocasa.org/available-courses/

Description: This video will walk the participant through a family's journey when the subject of a suspected child abuse, neglect, or dependency report to an Ohio Public Children Services Agency (PCSA). Although there may be some variation in application among counties, all Ohio PCSA caseworkers utilize the same tools and processes for decisionmaking. The presenters will examine each of those tools, their purposes, the factors a caseworker must take into consideration, and how assessments guide decision-making. Understanding these processes can help the CASA volunteer and attorney guardian ad litem identify and collaboratively secure appropriate services and protections for the child they represent.

Part 1 begins with a look at the first two stages of intervention in Ohio's child welfare system. Intake and Assessment. As the family and caseworker move from the screening of a report to case decision, the video will examine the various decision points and assessments that are conducted to inform the caseworker's decision, as well as the pieces that the caseworker must put in place to protect and guide the child to permanency. This includes a high-level understanding of risk, safety and family assessments, case decisions, and placement options.

Part 2 looks at the third stage of Ohio's child welfare system, case management. This video dissects the elements of a quality case plan and helps the viewer to better understand how the language of the plan affects the family's ability to successfully modify behavior and address the concerns that led to protective intervention. As a CASA volunteer or

Time: 1 Credit Hour

Time: 1 Credit Hour

Cost: Free

Time: 1.5 Credit Hours

Cost: Free

*Rule 48 Time: 1.5 Credit Hours in 2 Parts, both required

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attorney guardian ad litem you can advocate for families to be engaged in the development of case plans that are written clearly with observable measures and actions that directly link to the identified concerns.

Altering the Path to Delinguent Behaviors: A Guide for GALs

Date: Available anytime online Place: Webinar Instructor: Stefanie Lynn Coe, J.D., CASA of Franklin County To sign up: https://www.ohiocasa.org/available-courses/

Description: Have you wondered how it is that so many of the children represented by CASA Volunteers or attorney guardians ad litem as a result of the child's abuse or neglect end up in the juvenile justice system? This course will help the CASA volunteer and attorney guardian ad litem become familiar with risk factors that may contribute to delinquent behavior, the steps that can be taken to help prevent or mitigate delinguent acts, and the types of community supports that may be available to help.

In this course, a highly experienced attorney describes the legal framework of juvenile delinguency and gives insight as to how this may impact the role of a CASA volunteer or attorney guardian ad litem. At conclusion, the participant will better understand the nature of delinquency and its causes, and have gained knowledge about the factors that contribute to a child choosing to engage in delinquent behavior.

Understanding Addiction: Squirrel Logic

Date: Available anytime online

Place: Webinar

Time: 1.5 Credit Hours Cost: Free

Time: 1 Credit Hour

Cost: Free

Time: 1.5 Credit Hours

Cost: Free

Instructor: Brad Lander, Ph.D, Clinical Director - Addiction Medicine at The Ohio State University Wexner Medical Center To sign up: https://www.ohiocasa.org/available-courses/

Description: Ever asked yourself, "Why don't they just stop?" Using a mood-altering drug over time creates fundamental changes to the brain that lead to compulsive and self-destructive behavior. This presentation will help the viewer understand substance abuse as a chronic brain disease rather than bad behavior and fully conceptualize the impact of alcohol and drug use on the brain and behavior. Dr. Lander explores the physiology of how substance use becomes addiction and what this means in terms of establishing realistic time frames and expectations to support successful recovery based on neurological findings.

National Children's Advocacy Center: Available online, anytime:

Why Parents Don't Believe

Date: Available anytime online Place: Webinar Instructor: Chris Newlin, MS, LPC

To sign up: https://www.nationalcac.org/online-training-catalog/

Description: Parents and caregivers, when faced with emerging allegations involving the abuse of their child, are suddenly confronted with a situation for which they are poorly prepared. This is not significantly different from other situations involving parents' reactions regarding the well-being of their children. However, the ambiguity of child abuse allegations creates heightened challenges, and this same ambiguity is also a challenge for Multi-Disciplinary Team members involved in the investigation and intervention. This session will identify the difference between belief and ambivalence and how all professionals involved in child abuse cases can assist parents to be supportive and engaged with their children.

Avoiding Vicarious Trauma and Burnout

Date: Available anytime online Place: Webinar Cost: Free Instructor: Maureen Kenny, PhD and Claire Helpingstine, MS with moderator Linda Cordisco Steele To sign up: https://www.nationalcac.org/online-training-catalog/

Description: 1. Participants will become familiar with signs of burnout and vicarious trauma in order to self-identify these conditions. 2. Participants will learn the unique challenges of working with victims of human trafficking and the effects this work may have on them. 3. Participants will learn strategies to avoid burnout and vicarious traumatization from service providers.

Building Strong Brains: Tennessee's ACE (Adverse Childhood Experiences) Initiative Date: Available anytime online Time: 1 Credit Hour Place: Webinar Cost: Free Instructor: Cary Rayson, MSW To sign up: https://www.nationalcac.org/online-training-catalog/

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Time: 1.5 Credit Hours

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Description: Participants will learn:

- The architecture of a young child's brain is shaped by interaction between genes and experiences, and this can have either positive or negative results:
- Science makes it clear that Adverse Childhood Experiences (ACEs) negatively impact the architecture of the developing brain
- Children thrive in a safe, stable, nurturing environment of supportive families, caregivers, neighborhoods and communities

Child Sexual Abuse 101

Date: Available anytime online Place: Webinar Instructor: Andra Chamberlin To sign up: <u>https://www.nationalcac.org/online-training-catalog/</u> Description: Participants will learn:

Child sexual abuse involves any sexual activity perpetrated against a minor by threat, force, intimidation, or manipulation and includes both contact and non-contact abuse. The array of sexual activities includes fondling, touching a child sexually, making a child touch a person sexually, intercourse, sexual assault, rape, incest, sodomy, exhibitionism, or involving a child in sexual exploitation or trafficking. This presentation is designed for persons working with children in any capacity – whether as childcare staff, law enforcement or child protective workers new to the field, persons in the ministry, school personnel, youth-serving organization staff, etc. The presentation topics include an introductory examination of sexual abuse dynamics; the disclosure process and what prevents children from disclosing; how trauma affects brain development and results in life-long challenges for children; how offenders groom children, families, and the community; and how to listen to and assist a child who discloses maltreatment.

Cultural Competency: Plays Well With Others

Date: Available anytime online **Place:** Webinar

Instructor: Gina M. South, JD and Cristie Duhon, MPA

To sign up: https://www.nationalcac.org/online-training-catalog/

Description: From the time we begin kindergarten, and throughout our entire careers, we are judged by others based on our interactions with them. This foundational-level lesson will help attendees understand the enormous impact that culture and race have on all of us. In this course, you will learn the commonly used terms and phrases used in discussions on race relations, explore the concept of personal bias, reflect on the ethical considerations in making assumptions, and learn how to apply cultural competency expectations to improve client contact.

Finding Their Voice: Reasons Children Delay Disclosure

Date: Available anytime online **Place:** Webinar **Instructor:** Andra Chamberlin & Kim Madden

To sign up: https://www.nationalcac.org/online-training-catalog/

Description: Despite overwhelming scientific consensus that the majority of child sexual abuse victims either delay or only partially disclose their experiences, expectations of prompt, comprehensive reporting persist. Misperceptions regarding this dynamic can have wide-ranging impacts. Juries may equate a reporting delay with veracity, parents may miss or misread a partial disclosure, and victims may be silenced by watching disbelief of another person's account evolve into disparaging questions of motive. This online webinar will examine the science that informs our understanding of sexual abuse disclosure dynamics across the lifespan. Factors that discourage and enable disclosure will be presented and best practice recommendations for addressing delayed disclosure will be discussed.

Fractures in Infants and Children: Abuse, Accident, or Brittle Bones

Date: Available anytime online Place: Webinar Instructor: Karen Farst, MD

To sign up: https://www.nationalcac.org/online-training-catalog/

Description: Fractures are common manifestations of both abusive and accidental injury in children. This workshop will use case-based and pictorial examples of different fracture types to discuss recommendations on evaluation and decisions to report a fracture as suspicious for abuse. Medical conditions that can cause "brittle bones" will be differentiated from the proposed condition of "Temporary Brittle Bone Disease."

Time: 1 Credit Hour Cost: Free

Time: 0.75 Credit Hours **Cost:** Free

Time: 1.75 Credit Hours **Cost:** Free

Time: 1 Credit Hour

Cost: Free

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Grooming: Making You See and Believe What I Want You to See and Believe Time: 1 Credit Hour

Date: Available anytime online Place: Webinar Instructor: Chris Newlin, MS LPC To sign up: https://www.nationalcac.org/online-training-catalog/

Description: The investigation of child abuse is challenging, and the pursuit of evidence associated with the grooming of children, caregivers, and the community environment provides opportunities for investigators to pursue additional evidence. This workshop will provide an overview of research related to grooming and proposes a new framework for the concept of grooming which could dramatically modify current investigatory practices, in addition to enhancing current forensic interviewing efforts.

It's a Crisis for Me Too! Helping Non-Offending Parents in Child Sexual Abuse

Date: Available anytime online Place: Webinar Instructor: Jeffery Wherry, PhD, and Mindy Jackson To sign up: https://www.nationalcac.org/online-training-catalog/

Description: This session will focus on the significant role of non-offending parents in the recovery of sexually abused children. Myths and controversies in the field that complicate the response of parents will be discussed, as well as the needs of non-offending parents.

Munchausen by Proxy? Medical Child Abuse? Factitious Disorder? A Rose by Any Other Name... *Rule 48 Time: 1.8 Credit Hour

Date: Available anytime online Place: Webinar Instructor: John Stirling, MD

To sign up: https://www.nationalcac.org/online-training-catalog/

Description: There has been considerable debate over the diagnosis of what was classically known as Munchausen Syndrome by Proxy, both in and out of court. This presentation helps to clarify what is truly known about the phenomenon of child abuse occurring in a medical setting and to demystify this perplexing condition. Descriptive terminology will be discussed, along with approaches to diagnosis, therapy, and prevention.

Nurturing a Hope Centered and Trauma Informed Response

Date: Available anytime online Place: Webinar

Instructor: Dr. Chan Hellman, PhD; Karen Hangartner, LMSW To sign up: https://www.nationalcac.org/online-training-catalog/

Description: Possessing and sustaining a feeling of hope has emerged as one of the top factors in individuals having a prolonged sense of well-being throughout their lifetimes. This webinar will present the science of hope as a psychological strength in our ability to cope with traumatic experiences and to flourish toward future goals. This webinar will feature a discussion with Dr. Chan Hellman of The University of Oklahoma-Tulsa about his research that shows (1) how hope can predict adaptive outcomes, (2) how it can buffer the effects of trauma, adversity, and stress, and (3) that hope can be taught. Dr. Hellman will discuss his research in the context of Children's Advocacy Centers (CACs) and how CACs can increase hope within their organizations to create more resilient professionals

Poly-victimization: Childhood Exposure to Multiple Forms of Victimization Time: .75 Credit Hours

Date: Available anytime online Place: Webinar

Instructor: Heather A. Turner, BA PhD and Sherry Hamby, PhD

To sign up: https://www.nationalcac.org/online-training-catalog/

Description: Far too many children are exposed to abuse, violence, and crime. A new emphasis on what is being called "poly-victimization" can help professionals identify the most endangered children and youth, provide the most appropriate interventions, and protect them from additional harm. Poly-victimization refers to the experience of multiple victimizations of different kinds (for example, sexual abuse, physical abuse, bullying, witnessing family violence, and exposure to community violence). This webinar provides participants with information on the latest research on the prevalence, characteristics, and effects of poly-victimization on children and adolescents. The importance of assessment and treatment of poly-victimization and its implications for practitioners is addressed.

Time: 1 Credit Hour Cost: Free

Cost: Free

Cost: Free

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Time: 1.5 Credit Hour Cost: Free

Cost: Free

Sentinel Injuries in Child Physical Abuse Date: Available anytime online Place: Webinar Instructor: Kristin Garton Crichton To sign up: https://www.nationalcac.org/online-training-catalog/

Description: This workshop will introduce common sentinel injuries in child physical abuse and the importance of recognizing these sometimes subtle findings early. This will review the current literature on sentinel injuries and the increased morbidity and mortality associated with recurrent physical abuse. Finally, this will discuss strategies to improve detection of these injuries and ways to reduce bias in evaluation of suspected physical abuse.

The Juxtaposition of Silence, Sexual Violence and Youth of Color

Date: Available anytime online Place: Webinar Instructor: Tanisha Knighton, PhD To sign up: https://www.nationalcac.org/online-training-catalog/

Description: The field of sexual violence historically has failed to recognize the impact intersectionality has on experiences and responses to sexual violence. For some, there is limited appreciation for the fact that human trafficking survivors are also survivors of sexual violence. This workshop will address the historical and ongoing failure of the sexual violence intervention movements to meet the needs of Youth Survivors of Color, the social injustice that often results in the sexual abuse to prison pipeline for these youth, and ways to engage in culturally competent interventions to meet the needs of Communities of Color.

The Science and Power of Hope

Date: Available anvtime online Place: Webinar Instructor: Chan Hellman, PhD with moderator Karen Hangartner To sign up: https://www.nationalcac.org/online-training-catalog/

Description: Internationally renowned researcher, Dr. Chan Hellman, will share his insight on how the Science and Power of Hope can buffer adversity and stress; provide better psychological, social, and behavioral outcomes for children and adults; and can be increased and sustained by targeted interventions. The development of Hope can be applied individually, organizationally, and in our communities to overcome the impacts of trauma and adversity. Dr. Hellman's presentation provides an opportunity to learn about the core tenets of goals, pathways, and agency (willpower) thinking. Participants leave with practical knowledge to apply in their own lives: and knowledge about how Hope impacts our individual and collective experiences. This presentation will provide individuals and organizations with the foundation for a shared language to use Hope in everyday settings

Ohio Supreme Court: Available online, anytime:

GAL: Psychiatric Disorders in Children

Date: Available anytime online Place: Webinar Instructor: Supreme Court of Ohio EDU To sign up: https://sco.csod.com/client/sco/default.aspx

Description: What does a guardian ad litem (GAL) need to know, do, or think to identify the "best interest of the child" when a psychiatric disorder is a factor in their case? This 3-hour course will explore common psychiatric disorders in children, including causes, symptoms, and common treatments. Fact patterns with discussion will help GALs apply the knowledge to realistic situations.

GAL: Advanced Topics in Substance Use

Date: Available anytime online Time: 3 Credit Hours Place: Webinar Cost: Free Instructor: Doug Althauser, Esq. LICDC, MAC, ICCS, ICADC; Kristine Buffington, MSW, LISW; and Michelle Roley-Roberts. Ph.D.

To sign up: https://sco.csod.com/client/sco/default.aspx

Description: Parental substance use and dependency can have significant effects on children's development and wellbeing from conception through adulthood. The opioid epidemic in Ohio has intensified those effects, and the long-term impacts are just beginning to emerge. This course provides Guardians ad Litem with knowledge and resources to help identify issues and make recommendations to impact the lives of children affected by substance use and related trauma.

Time: 1.75 Credit Hours Cost: Free

Time: 3 Credit Hours

Cost: Free

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Time: 1.5 Credit Hours Cost: Free

Time: 1.5 Credit Hour

GAL: Domestic Violence-Informed Practice for GALs

Date: Available anytime online Place: Webinar

Instructor: David Mandel, Executive Director, Safe and Together Institute To sign up: https://sco.csod.com/client/sco/default.aspx

Description: Research and experience tell us that many, if not most, cases that are referred to guardians ad litem (GAL) contain domestic violence as a significant component in the family dynamics. Domestic violence patterns that impact child and family functioning can be outside the scope of the legal definition of domestic violence (R.C. 2919.25 or 3113.31). Whether domestic violence is the precipitating cause for the referral to a GAL or is part of a family's history, the full range of facts surrounding domestic violence must be considered in making recommendations relative to children's best interests. Interviewing family members, reviewing court documents, and writing reports require knowledge of the non-offending parent's action to protect the children as well as the perpetrator's patterns of behaviors and their impact on child and family functioning to inform appropriate intervention strategies. In this course, GALs will gain critical knowledge and skills to recognize the nuances in domestic violence dynamics and implement practices to foster children's safety and well-being.

GAL: Advanced Topics in Child Abuse: Corporal Punishment

Date: Available anytime online

Place: Webinar

Instructor: Doug Althauser, Esg. LICDC, MAC, ICC; Heidi A. Malott, MSW, LISW-S; Lolita M. McDavid MD, MPA, FAAP; and Kirsten Simonton, MD

To sign up: https://sco.csod.com/client/sco/default.aspx

Description: This online course will address issues commonly seen by Guardians ad Litem concerning corporal punishment when assigned to juvenile and domestic relations court cases. The following topics are included in the course:

- Corporal Punishment—What is corporal punishment and when is it used?
- Positive and Negative Consequences—What are the consequences of corporal punishment? •
- Alternatives to Corporal Punishment—What can be used in place of corporal punishment? •
- Scenarios and Suggestions-What should GALs do in specific scenarios?

GAL: Advanced Topics in Child Abuse: Drug Endangered Children Date: Available anytime online

Place: Webinar Cost: Free Instructor: Doug Althauser, Esq. LICDC, MAC, ICC; Heidi A. Malott, MSW, LISW-S; Lolita M. McDavid MD, MPA, FAAP; and Kirsten Simonton, MD

To sign up: https://sco.csod.com/client/sco/default.aspx

Description: This online course will address child and family issues commonly seen by Guardians ad Litem when assigned to juvenile and domestic relations court cases impacting drug-endangered children. The following topics are included in the course:

- Introduction to Drug Endangered Children—What does drug exposure look like? What is normal and what is not?
- Scenarios and Suggestions-What should GALs do in specific scenarios?

GAL: Advanced Topics in Child Abuse: Sexual Behaviors in Children Time: .75 Credit Hours

Date: Available anytime online Place: Webinar

Instructor: Doug Althauser, Esg. LICDC, MAC, ICC; Heidi A. Malott, MSW, LISW-S; Lolita M. McDavid MD, MPA, FAAP; and Kirsten Simonton. MD

To sign up: https://sco.csod.com/client/sco/default.aspx

Description: This online course will address child sexual behavior issues commonly seen by Guardians ad Litem when assigned to juvenile and domestic relations court cases. The following topics are included in the course:

- Child Sexual Behavior Inventory-What is normal and what is not?
- When to Be Concerned—What are the warning signs that something is abnormal?
- What GALs Should Do-What should GALs do in specific scenarios?

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Time: 3 Credit Hours

Cost: Free

Time: 1.25 Credit Hours

Time: .5 Credit Hours

Cost: Free

Ohio Surrogate Parent Training: Educating Children with Disabilities

Ohio Surrogate Parent Training Date: Available anytime online Place: Webinar

Instructor: Ohio Department of Education To sign up: https://ohiosurrogateparent.org/

Description: Ohio Surrogate Parent Training will serve as a guide to the federal Individuals with Disabilities Education Improvement Act (IDEA) and Ohio's special education rules in Chapters 3301-51-09, 11, and 21 of the Ohio Administrative Code. If you want to learn about IEPs (Individual Education Plans) for children with disabilities, this is the training for you. If you complete the training and are appointed as the Surrogate Parent for your CASA child, you will be eligible to help make educational decisions for your CASA kids. If you complete the training and never want to serve as a Surrogate Parent under the statute, that is fine; just say no if you are ever called and asked to serve.

The training has seven independent modules:

Introduction Module 1: Surrogate Parent Responsibilities Module 2: Defining Terms and Responsibilities Module 3: Children and Parent Rights Module 4: The Special Education Process - Part 1 Module 5: The Special Education Process – Part 2 Module 6: Additional Specific Requirements - Part 1 Module 7: Additional Specific Requirements - Part 2 Time: 10.75 Total Credit Hours in 7 Modules Cost: Free

*Rule 48

Estimated time to complete: 45 minutes Estimated time to complete: 1 hour Estimated time to complete: 1 ¹/₂ hours Estimated time to complete: 1 ¹/₂ hours Estimated time to complete: $1\frac{1}{2}$ hours Estimated time to complete: 2 1/2 hours Estimated time to complete: 1 hour Estimated time to complete: 1 hour

The Annie E. Casey Foundation: Available Recorded Webinars

Trauma and Adolescent Development

Date: Available anytime online Place: Webinar Speaker: Shantel Assata, LCPC To sign up: Click the Link to Watch https://www.youtube.com/watch?v=gEpd86dc1AE&t=1s

Description: By watching a recording of this this one-hour webinar, participants will:

- Understand how trauma affects adolescent development based on the latest research and Assata's work with young people.
- Learn tactics to improve services and programs aimed at youth with trauma experiences.

Framing Youth Mental Health for Well-Being and Opportunity

Date: Available anytime online Place: Webinar

Speakers: Kate Shatzkin, Marisa Gerstein Pineau, Isabel Ohakamma, Primo Lagaso Goldberg To sign up: Click the Link to Watch https://www.youtube.com/watch?v=kLNa3MmF rs

Description: "Policymakers, professionals and advocates had the opportunity to gain insights and ask questions about how to effectively communicate about mental health issues. Participants gained a deeper understanding of how to frame mental health concerns in a way that promotes positive change and encourages action."

The Toll of Institutional Placements and the Case for Family-Based Foster Care

Date: Available anytime online Time: .5 Credit Hour Cost: Free Place: Webinar

To sign up: Click the Link to Watch https://www.youtube.com/watch?v=s2AEUXxnYn8&t=310s **Description:** "The video underscores the implications of placements in institutional settings — not just for adults who are incarcerated, but for young people placed in foster care group settings. Each woman shares how support from the child welfare system might have kept their families together and altered their life trajectories."

NOTE: Please complete an In-Service Training form for webinars watched.

Time: 1 Credit Hour Cost: Free

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Time: 1.25 Credit Hour Cost: Free

Center on the Developing Child at Harvard University: Available Recorded Webinars

#PlaceMatters series:

1.) A New Lens on Poverty

Date: Available anytime online **Place:** Webinar **Speakers:** Lindsey Burghardt, Monna Hanna-Attisha, Luke Shafer

To sign up: Click the Link to Watch https://www.youtube.com/watch?v=Y9kl b5VEb8

Description: "We explored how the qualities of the places where people live are shaped by historic and current policies, which have created deep disadvantage across many communities with important implications for the health and development of the children who live there."

2.) Understanding Racism's Impact on Child Development

 Date: Available anytime online
 Time: 1 Credit Hour

 Place: Webinar
 Cost: Free

 Speakers: Stephanie Curenton, Natalie Slopen, Mavis Sanders, Nate Hartnett

 To sign up: Click the Link to Watch https://www.youtube.com/watch?v=Z5Q4TJ7s4Vg

 Description: "[...]examined how racism gets "under the skin" to impact children's development as well as contributes to unequal access to opportunity in the places where children live, grow, play, and learn."

NOTES: Please complete an In-Service Training form for webinars watched. For additional information regarding works discussed in these two webinars see the link below.

https://us4.campaign-archive.com/?e=438fe72d9a&u=641f78fe500d565329121ffc9&id=a7bfdbec59

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Time: 1 Credit Hour

Cost: Free

14

*Rule 48