CASA/CRB Training Opportunities March, April, May, June 2022



- 1. CASA volunteers are to take twelve (12) hours of on-going training annually, of which 3 hours must qualify as GAL training under Ohio Supreme Court Rule 48, noted as such below: *Rule 48.
- 2. Trainings in **BLUE** are especially recommended and are organized by CASA.
- 3. Submit all training certificates to **Jennifer Burton**: <u>jburto@co.lucas.oh.us</u> for credit towards your required annual training.
- 4. **LCCS Note**: If you miss more than 15 minutes of any training at the Lucas County Conference and Learning Center, you will not be given a training certificate. Arrive on time! Also, there is a charge for parking of \$3.75. Please make sure to bring cash with you.
- Additional valuable online trainings are available on the following websites: <u>https://www.nationalcac.org/online-training-catalog/</u> <u>https://www.supremecourt.ohio.gov/JudicialCollegePublicCalendar/#/judicialcollegecourses</u> Please email Jennifer Burton to see if the training you are interested in is Rule 48 approved.
- 6. Please remember to cancel if you are unable to attend. Thank you!

Please scroll to the end of this calendar for additional Continuing Education that is available <u>on line, anytime</u>

March 2022

Overview of Child Sexual Abuse

*Rule 48 Time: 9:00 am – 4:00 pm Each day (12 Hrs) st. Cost: Free

Date: Monday, March 28 and Tuesday, March 29, 2022Time: 9:00 aPlace: Lucas County Conference and Learning Center, 711 Adams St.Cost: FreeInstructor: Tanisha KnightonCost: Free

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: This workshop provides an important foundation to all caseworkers who handle child sexual abuse cases. The field of child sexual abuse changes rapidly. This workshop is designed to provide caseworkers with current content information about child sexual abuse and caseworker practice including definitions; victim, offender, and non-offending parent dynamics; the role of the caseworker and others in case investigation and planning; the importance of collaboration in sexual abuse cases; and how personal emotional responses and values can help or hurt casework practice. ***Please note: This is a 2 day workshop; to receive credit for this course you must attend all days.**

Verbal De-Escalation in Human Services

Date: Tuesday, March 29, 2022 Place: Webinar Instructor: Brian Lowery Time: 9:00 am – 12:00 pm (3 Credit Hours) Cost: Free

*Rule 48

To sign up: https://www.ohsts.org/training-registration-questions.html

Description: This workshop will review the skills of active listening, non-violent communication, and verbal de-escalation. Levels of crisis development and the conflict cycle are discussed, emphasizing a culturally appropriate staff response. Trainees will virtually participate in exercises and demonstrations concerning personal space, body posture and motion. Participants will.

• Develop an increased knowledge and an opportunity to better assist a diverse population of underserved, vulnerable and/or older adults

- Understand & appreciate how the skills of active listening and non-violent communication can soothe an escalating client
- Know the conflict cycle, the four levels of crisis development and the appropriate staff response
- Understand how the use proxemics and kinesics help or hinder the de-escalation process
- Know how to use "tried-and-true" verbal de-escalation techniques

In-Service: Behavioral Considerations and Safety Planning

Date: Tuesday, March 29, 2022 **Time:** 9:00 am – 11:00am (2 Credit Hours) Place: Webinar Cost: Free Instructor: Kandy Monroe and Ohio Institute for Trauma and Wellness, LLC To sign up: https://summitcasagal.org/news-events/event-calendar.html/event/2022/03/29/in-service-behavioralconsiderations-safety-planning/370197

Description: OTW believes trauma impacts individuals across their lifespan at intersections of age, race, cultural identities, sexual orientation, gender, and socioeconomic status. As practitioners, we acknowledge the ethical responsibility to provide trauma-focused, culturally-informed care. We support professionals in the enrichment of the skills and knowledge necessary to provide ethical treatment to trauma survivors. OTW brings a diverse array of personal identities, professional education, training, and practical experience to our training program.

In-Service: Behavioral Considerations and Safety Planning

*Rule 48 Date: Thursday, March 31, 2022 **Time:** 5:30 pm – 7:30 pm (2 Credit Hours) Place: Webinar Cost: Free Instructor: Beth Cardina and Ohio Institute for Trauma and Wellness, LLC To sign up: https://summitcasagal.org/news-events/event-calendar.html/event/2022/03/31/in-service-behavioralconsiderations-safety-planning/370199

Description: OTW believes trauma impacts individuals across their lifespan at intersections of age, race, cultural identities, sexual orientation, gender, and socioeconomic status. As practitioners, we acknowledge the ethical responsibility to provide trauma-focused, culturally-informed care. We support professionals in the enrichment of the skills and knowledge necessary to provide ethical treatment to trauma survivors. OTW brings a diverse array of personal identities, professional education, training, and practical experience to our training program.

Loneliness is Bad for Your Health Date: Thursday, March 31, 2022

Place: Webinar Instructor: Kat McIntosh

To sign up: https://mhanational-org.zoom.us/webinar/register/WN_SSEuKWOUTGKBnoWVKEO6lQ

Description: In Mental Health America's Online Screening Program data for 2020 and early 2021, "Ioneliness and isolation" were cited as the top reason for mental health struggles. We are facing a loneliness epidemic that is impacting mental well-being and overall health. That is why MHA launched a new website, "IAMNOTALONE." It is a peer-to-peer social networking website aimed at combating loneliness and isolation. This is a space where anyone can post activities and events designed for people living with mental health conditions.

Cost: Free

Join us for this 60-minute webinar where we will: *Define and outline loneliness and showcase why it is a current concern. *Provide a demonstration of the "IAMNOTALONE" site. *Discuss how this site can be used to address isolation.

Family First: Implementation Updates and Emerging Considerations *Rule 48 Date: Thursday, March 31, 2022 **Time:** 3:00 pm – 4:30 pm (1.5 Credit Hours) Place: Webinar Cost: Free Instructor: National CASA To sign up: https://nationalcasagal.zoom.us/webinar/register/WN kviOs7UwR-KZfzDd5TUs3Q Code: 10419

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Time: 2:00 pm – 3:00 pm (1 Credit Hours)

Description: This webinar will explore the current state of Family First implementation related to prevention services. Family First remains the most important transformative child welfare policy of the 21st century. Approximately 20 Prevention Plans have been approved to date with a similar number submitted awaiting approval. Implementation varies across the country though several themes are emerging related to innovations and challenges. An overview of the services being provided, the infrastructure being developed, and the innovations and challenges will be discussed. Considerations related to prevention via community pathways, race equity, and economic and concrete supports will be discussed. Also on the presentation panel will be staff from the CASA/GAL Network to share their experiences with Family First implementation in their state as a core strategy to prevent child abuse and neglect and entry into foster care.

April 2022

Using Film to Understand Adjustment Disorder, Psychotic Disorder, Alzheimer's, and More Personality Disorders

Date: Friday, April 1, 2022 Place: Webinar Instructor: Linda Davis

*Rule 48 Time: 9:00 am - 4:00 pm (7 Credit Hours) Cost: Free

To sign up: https://www.ohsts.org/training-registration-guestions.html **Description**: This virtual instructor-led workshop will help participants learn how to identify mental health disorders.

Popular Hollywood films will be used as case studies to help understand the criteria and the treatment methods for the disorders as described in the Diagnostic Statistical Manual of Mental Disorders. The disorders that will be discussed are Narcissistic Personality Disorder, Histrionic Personality Disorder, Neurocognitive Disorders (Minor/Major Neurocognitive Disorders), Dementia, Alzheimer's Disease, and Adjustment Disorder. Small (breakout rooms) and large group discussions will occur. Three case examples of individuals diagnosed with Neurocognitive Disorders will be evaluated and we will compare their level of functioning. The computer game Kahoot will be played, and trainees will need a 2nd handheld device to log into the game page (Kahoot.it). The game questions will pertain to this workshop. *Note: if available, participants may be asked to use their camera during the virtual sessions.

YWCA 2022 Stand Against Racism Challenge (21 Days of Impactful Challenges) Date Begins: Monday, April 4, 2022 Time: open (8.0 Credit Hour) Cost: Free

*Rule 48

Place: Webinar **Instructor:** YWCA

To sign up: https://forms.gle/ZKqqt44jifQ7JLr18

Description: Launching April 4, The Stand Against Racism Challenge is a Free virtual learning tool designed to create dedicated time and space to build more effective social justice habits, particularly those dealing with issues of race, power, privilege, and leadership. Participants will be presented with 21 days of impactful challenges such as reading an article, listening to a podcast, reflecting on personal experience, and more in the Stand Against Racism app or website. Participation in an activity like this helps us to discover how racial injustice and social injustice impact our community, to connect with one another, and to identify ways to dismantle racism and other forms of discrimination.

This year's theme merges five focus areas that will guide and inform our racial equity work including civic engagement, economic development, education, healthcare, and representation in media.

Reaching Teens: Working with an Adolescent with a History of Trauma *Rule 48 Date: Tuesday, April 5, 2022 **Time:** 9:00 am – 4:00 pm (6 Credit Hours) Place: Lucas County Conference and Learning Center, 711 Adams St. Cost: Free Instructor: Javne Schooler To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: This workshop will examine four of the essential skills of trauma-informed care through the lens/needs of a teen. It will guide participants in understanding the "perfect storm" of a teen's trauma history and emerging adolescent stressors, why the adult relationship is fundamental to healing, and how- to recollect strategies to manage adolescents with a traumatic history.

SOGIE 101: Working with LGBTQ+ Youth in Child Welfare

*Rule 48 Time: 9:00 am – 12:00 pm (3.0 Credit Hours)

Date: Wednesday, April 6, 2022Time: 9:00 am - 1Place: Lucas County Conference and Learning Center, 711 Adams St.Cost: FreeInstructor: Jennifer Wenderoth & Leah LoveCost: Free

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: LGBTQ+ youth are overrepresented in the child welfare system and are at greater risk of negative outcomes, including homelessness, suicide, and unhealthy risk-taking behaviors. LGBTQ+ youth need the support of the child welfare system to be able to meet their unique needs effectively. SOGIE 101 offers foundational information about sexual orientation, gender identity, and gender expression. It provides a safe space for self-reflection on internal bias and to discuss myths and misinformation so that child welfare staff can identify their needs in order to better understand and support the LGBTQ+ youth they serve. In addition, practical tools to integrate affirming practices into daily work activities will be introduced.

SOGIE 101: Working with LGBTQ+ Youth in Child Welfare

Date: Wednesday, April 6, 2022

Place: Lucas County Conference and Learning Center, 711 Adams St. Cost: Free Instructor: Jennifer Wenderoth & Leah Love

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: LGBTQ+ youth are overrepresented in the child welfare system and are at greater risk of negative outcomes, including homelessness, suicide, and unhealthy risk-taking behaviors. LGBTQ+ youth need the support of the child welfare system to be able to meet their unique needs effectively. SOGIE 101 offers foundational information about sexual orientation, gender identity, and gender expression. It provides a safe space for self-reflection on internal bias and to discuss myths and misinformation so that child welfare staff can identify their needs in order to better understand and support the LGBTQ+ youth they serve. In addition, practical tools to integrate affirming practices into daily work activities will be introduced.

Inspiring Action Virtual Summit: Supporting Educational Stability fo	or Youth in Foster Care	*Rule 48
Date: Wednesday, April 6, 2022	Time: 8:30am - 12:00pm (3.5	5 Credit Hours)
Place: Webinar	Cost: Free	
Instructor: Family and Community Partnership Liaisons Program		
To sign up: https://zoom.us/meeting/register/tJwsduyppjgqHtBRIu2IfaMSKruCkNEaNT96		
Description: Join educators, agency leaders, providers and caregivers from across the state in:		
Discovering tools and insights to be the best school advocate for youth in foster care		
Exploring approaches that encourage resiliency and stability in school and beyond		
Gathering and sharing strategies to ensure ESSA policies and practices	are prioritized and implemente	ed with fidelity
	•	

Gender Identity: Increasing Knowledge when Working with Transgender Youth in Child Welfare Settings

Date: Thursday, April 7, 2022 Place: Adopt America Network Building, 3100 W. Central Ave, Toledo 43606 Instructor: Kathy Schafer To sign up: Email Kathy Schafer at <u>kschafer@adoptamericanetwork.org</u> *Rule 48 Time: 9:00 am – 4:00 pm (6.0 Hrs) Cost: Free

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Time: 1:00 pm – 4:00 pm (3.0 Credit Hours) **Cost:** Free **Description**: This workshop will educate and sensitize child welfare professionals as to how gender identity is developed, how different cultures view gender identity, and the unique needs presented by transgender or gender non-conforming clients in the child welfare system.

Adverse Childhood Experiences and Effect on Brain Architecture *Rule 48 Date: Tuesday, April 12, 2022 **Time:** 9:00 am – 4:00 pm (6.0 Credit Hours) Place: Lucas County Conference and Learning Center, 711 Adams St. Cost: Free Instructor: Susan Darden Kautz To sign up: Email Megan Hite at megan.hite@ifs.ohio.gov Description: This workshop will increase child welfare workers' knowledge and understanding of the damaging effects of Adverse Childhood Experiences on brain development. To enhance understanding, this training includes hands-on "creation" of a trauma-effected brain. **GAL: Understanding Child Protective Services** *Rule 48 Date: Tuesday, April 12, 2022 Time: 8:30am - 11:50pm (3.0 Credit Hours) Place: Webinar

Cost: Free

Instructor: Supreme Court of Ohio EDU To sign up: https://sco.csod.com/client/sco/default.aspx

Description: What special considerations does a guardian ad litem (GAL) need to be aware of when Child Protective Services (CPS) is involved in a case? This three-hour course examines the structure, goals, and functions of CPS in order to provide practical guidance for GALs to make decisions.

In-Service: Trauma and the Community

Date: Tuesday, April 12, 2022 Time: 9:00 am - 11:00am pm (2 Credit Hours) Place: Webinar Cost: Free Instructor: Tammy Barnes and Ohio Institute for Trauma and Wellness, LLC To sign up: https://summitcasagal.org/news-events/event-calendar.html/event/2022/04/12/in-service-trauma-and-thecommunity/370202

Description: OTW believes trauma impacts individuals across their lifespan at intersections of age, race, cultural identities, sexual orientation, gender, and socioeconomic status. As practitioners, we acknowledge the ethical responsibility to provide trauma-focused, culturally-informed care. We support professionals in the enrichment of the skills and knowledge necessary to provide ethical treatment to trauma survivors. OTW brings a diverse array of personal identities, professional education, training, and practical experience to our training program.

In-Service: Trauma and the Community

Date: Thursday, April 14, 2022 **Time:** 5:30 pm – 7:30 pm (2 Credit Hours) Place: Webinar Cost: Free Instructor: Alice Duey and Ohio Institute for Trauma and Wellness, LLC To sign up: https://summitcasagal.org/news-events/event-calendar.html/event/2022/04/14/in-service-trauma-and-thecommunity/370204

Description: OTW believes trauma impacts individuals across their lifespan at intersections of age, race, cultural identities, sexual orientation, gender, and socioeconomic status. As practitioners, we acknowledge the ethical responsibility to provide trauma-focused, culturally-informed care. We support professionals in the enrichment of the skills and knowledge necessary to provide ethical treatment to trauma survivors. OTW brings a diverse array of personal identities, professional education, training, and practical experience to our training program.

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Introduction to LGBTQ+ Inclusion

Date: Thursday, April 14, 2022 Place: Webinar

Instructor: All Children - All Families Trainer Robin P. McHaelen, MSW

To sign up: https://www.thehrcfoundation.org/professional-resources/all-children-all-families-online-learning-

offerings?eType=EmailBlastContent&eId=a94eaceb-90f6-4203-b5b5-c4b8a421132e

Description: This webinar covers foundational information related to serving LGBTQ+ youth and families. Topics include key terminology and concepts, an overview of the barriers faced by LGBTQ+ youth and families in child welfare, and the steps all service providers can take to overcome these barriers in order to create a welcoming environment.

Virtual COPE *Rule 48 Date: Monday, April 18, 2022 **Time:** 2:00 pm – 3:30 pm (1.5 Credit Hour) Place: Webinar Cost: Free Instructor: National CASA/GAL Association for Children To sign up: https://nationalcasagal.zoom.us/meeting/register/tJwscumurDkvGdNKqgttYfEAzEyMelZ1gbbh (*code: 10419)

Description: Virtual COPE provides an online experience for individuals and organizations to better understand poverty, learn from people making the journey out of poverty, and become change leaders in their communities and organizations.

Poverty: Living with Less than Enough

Date: Tuesday, April 19, 2022 Place: Webinar Instructor: Rita Rizzo To sign up: https://www.ohsts.org/training-registration-questions.html

Description: This three-hour instructor-led online workshop is offered via a virtual training platform (Go To Training), enabling participants to participate from any computer with internet access. Recall personal experiences of living with "enough", "more than enough", or 'less than enough". Emotions associated may include: shame, guilt, fear, powerlessness, rage, determination. Consider official definitions of wealth, middle class status, working class poverty or street survival. How do JFS clients meet steep expenses in your county? Let us avoid: "the violence of looking away.

Finding Your Cocoon: Stepping Outside of Vicarious Trauma Date: Wednesday, April 20, 2022 Place: Lucas County Conference and Learning Center, 711 Adams St. Cost: Free Instructor: Cynthia Kuhr To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: This course is designed to reach out to the helping professional. We spend our days and trainings learning how to assist others. This class identifies how important it is to take care of yourself in order to continue assisting others. The course will identify the rewards of the work you do. It will also identify the changes that can impact the lives of workers. This course is designed primarily from a personal experience perspective. Prevention and other ways to address burnout and vicarious trauma will be discussed: and the session will end in a fun transformation!

In-Service: Trauma Recovery *Rule 48 Date: Tuesday, April 26, 2022 Time: 9:00 am - 11:00am pm (2 Credit Hours) Cost: Free Place: Webinar Instructor: Alice Duey and Ohio Institute for Trauma and Wellness. LLC To sign up: https://summitcasagal.org/news-events/event-calendar.html/event/2022/04/26/in-service-traumarecoverv/373085

Description: OTW believes trauma impacts individuals across their lifespan at intersections of age, race, cultural identities, sexual orientation, gender, and socioeconomic status. As practitioners, we acknowledge the ethical

Time: 9:00 am – 12:00 pm (3 Credit Hours) Cost: Free

*Rule 48 **Time:** 9:00 am – 4:00 pm (6.0 Credit Hours)

Time: 2:00 pm – 3:30 pm (1.5 Credit Hour) Cost: Free

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responsibility to provide trauma-focused, culturally-informed care. We support professionals in the enrichment of the skills and knowledge necessary to provide ethical treatment to trauma survivors. OTW brings a diverse array of personal identities, professional education, training, and practical experience to our training program.

Verbal De-Escalation of Angry and Aggressive Clients

Date: Wednesday, April 27, 2022 Place: Webinar Instructor: Rita Rizzo

To sign up: https://www.ohsts.org/training-registration-questions.html

Description: Yelling, threatening, swearing, and pacing; these are the telltale signs that your customer is so upset that they may try to harm you. Calming aggressive customers and preventing the situation from escalating is something that is within your control. This webinar series will present strategies that can be implemented to curtail violent episodes and successfully defuse aggressive customers. The Violence Cycle, when and how to interrupt it, will be discussed. Come prepared to tell your own "war stories" and increase the skills and knowledge you need to keep yourself and others safe at work.

GAL: Advanced Guardian ad Litem Skills

Date: Wednesday, April 27, 2022 Place: Webinar Instructor: Supreme Court of Ohio EDU To sign up: https://sco.csod.com/client/sco/default.aspx

Description: Guardians ad Litem (GALs) are often confronted with complex issues that don't involve interviews, records collection, and recommendations. This course explores those issues. We will discuss topics such as the GAL role in court, navigating cases with protection orders, the GAL role in appeals, and checklists that will ensure all facets of a case are given adequate attention.

In-Service: Behavioral Considerations and Safety Planning

Date: Thursday, April 28, 2022 **Time:** 5:30 pm – 7:30 pm (2 Credit Hours) Place: Webinar Cost: Free Instructor: Alice Duey and Ohio Institute for Trauma and Wellness, LLC To sign up: https://summitcasagal.org/news-events/event-calendar.html/event/2022/04/28/in-service-traumarecoverv/373084

Description: OTW believes trauma impacts individuals across their lifespan at intersections of age, race, cultural identities, sexual orientation, gender, and socioeconomic status. As practitioners, we acknowledge the ethical responsibility to provide trauma-focused, culturally-informed care. We support professionals in the enrichment of the skills and knowledge necessary to provide ethical treatment to trauma survivors. OTW brings a diverse array of personal identities, professional education, training, and practical experience to our training program.

Cultural Issues in Domestic Violence

Date: Thursday, April 28, 2022 Place: Lucas County Conference and Learning Center, 711 Adams St. Cost: Free Instructor: Dan Houston

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: This workshop examines domestic violence within the interconnections of race, culture, and class, and takes as a case study black women and intimate partner violence (domestic violence). The workshop will define violence and risk factors within the black community. It will also review the most common psychological problems associated with black women and violence, including substance abuse, depression, suicide attempts, and physical health problems.

*Rule 48 **Time:** 1:00 pm – 4:00 pm (3 Credit Hours) Cost: Free

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Time: 1:00pm – 4:20pm (3.0 Credit Hours) Cost: Free

*Rule 48

Time: 9:00 am – 4:00 pm (6.0 Credit Hours)

Additionally, the workshop explores prevention, intervention and advocacy options from research, and community-based and feminist perspectives. The workshop assesses cultural filters and misunderstandings when helping professionals consider domestic violence, and explores the following questions:

- How do men of color explain their behavior when confronted with domestic violence?
- How do men of European descent explain their behavior?
- What explains the difference in these scripts when clarifying behavior toward domestic violence?
- What typical situations arise when women of color are confronted with domestic violence issues?
- What typical situations arise when women of European descent are confronted with domestic violence?
- What are the practice applications when understanding these differences?

May 2022

Building a Teen's Capacity for Relationships: Ongoing Impact of...

Date: Tuesday May 3, and May 10, 2022

*Rule 48 Time: 9:00 am – 4:00 pm (12 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St. Cost: Free Instructor: Jayne Schooler

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: This workshop will identify six of the essential skills of trauma informed care through the lens/needs of a teen. It will guide participants in understanding the "perfect storm" of a teen's trauma history and emerging adolescent stressors, why the adult relationship is fundamental to healing, and how to recollect strategies for managing adolescents with a traumatic history.

You MUST attend both 6 Hour Sessions to receive training credit

Personal Safety: Saving Your Neck

Date: Friday, May 6, 2022Time: 9:00 amPlace: Lucas County Conference and Learning Center, 711 Adams St.Cost: FreeInstructor: Anthony PresidentFree

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: While at the workplace or in the field, your personal safety comes first and foremost. You must be on guard at all times and understand that the potential for an attack is always there, whether by one of your clients or a stranger. You must assess each interaction to determine, "Am I at risk right now?" and if so, you must be able to formulate an action plan. This workshop teaches personal safety strategies that can be used to avoid violent conflict and assaults, and to defuse crisis situations.

Fathers, Inequity, and Ethics in Child Welfare

Date: Friday, May 6, 2022Time: 1:00Place: Lucas County Conference and Learning Center, 711 Adams St.Cost: FreeInstructor: Anthony PresidentPresident

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Both male and female child welfare workers have been accused of unfair treatment of fathers (Journal of Social Work Values and Ethics, 2014). Institutional bias against fathers and their families has historically led to mothers being given the benefit of the doubt, whereas fathers are often doubted. Many ethical dilemmas can arise when working with fathers who often are mislabeled and misunderstood. In this workshop we will discuss ethics as a tool to help resolve the ethical dilemmas that can arise when working with fathers who may have life challenges or made life choices that conflict with the personal values of child welfare workers.

*Rule 48

Time: 9:00 am – 12:00 pm (3.0 Credit Hours) **Cost:** Free

*Rule 48

Time: 1:00 pm – 4:15 pm (3.0 Credit Hours) Cost: Free

Cactus People in the Petunia Patch

Date: Monday, May 16, 2022 **Time:** 9:00 am – 4:00 pm (6.0 Credit Hours) Place: Lucas County Conference and Learning Center, 711 Adams St. Cost: Free Instructor: Ruby Johnston To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Ouch, that hurt. Some people just seem to be the prickly sort. Dealing with them requires a certain amount of finesse and tact. This workshop looks at the knowledge and skills essential for survival in a petunia patch that hides the occasional cactus.

Communicating with Difficult Customers

Date: Tuesday, May 17, 2022 Place: Webinar Instructor: Rita Rizzo

To sign up: https://www.ohsts.org/training-registration-questions.html

Description: This is a 3-hour instructor-led online course offered via a virtual classroom platform. Conflict and consternation are abundant throughout society today, so it is not uncommon to encounter anger and frustration in those we serve. Some customers arrive upset and others grow increasingly unreasonable as we attempt to help them meet their needs. Attend this workshop to discuss how to best deliver bad news, confront dishonest customers, engage helprejecting customers in participative problem solving, and render effective feedback that inspires customer confidence.

GAL: Divorce – The Impact of Children and the GAL Response

Date: Thursday, May 19, 2022 Place: Webinar Instructor: Supreme Court of Ohio EDU To sign up: https://sco.csod.com/client/sco/default.aspx

Description: Divorce can have subtle and long lasting effects on children. This three-hour course will explore those impacts and provide techniques that guardians ad litem can use to interact with and help divorced families. It will also discuss interviewing children who are going through divorce, assessing and encouraging parental relationships, and creating parenting time plans that work.

Best Practices: LGBTQ Youth

*Rule 48 **Time:** 9:00 am – 12:00 pm (3.0 Credit Hours)

Time: 8:30am – 11:50am (3.0 Credit Hours)

Cost: Free

Date: Tuesday, May 24, 2022 Place: Lucas County Conference and Learning Center, 711 Adams St. Cost: Free **Instructor:** Corv Chan-Frederick

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Lesbian, Gay, Bisexual, Trans*, Queer/Questioning (LGBTQ) Youth face many obstacles in our society as they challenge the social constructs of gender and sexual orientation. In this workshop, we will explore the basics of biology as well as theories on "Nature Vs Nurture".

This workshop will highlight unique experiences like "Coming Out" and Transitioning, and participants will learn best practices to support LGBTQ Youth.

Best Practices: LGBTQ Youth

*Rule 48 Date: Tuesday, May 24, 2022 **Time:** 1:00 pm – 4:00 pm (3.0 Credit Hours) Place: Lucas County Conference and Learning Center, 711 Adams St. Cost: Free Instructor: Cory Chan-Frederick

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Time: 1:00 pm – 4:00 pm (3 Credit Hours) Cost: Free

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Lesbian, Gay, Bisexual, Trans*, Queer/Questioning (LGBTQ) Youth face many obstacles in our society as they challenge the social constructs of gender and sexual orientation. In this workshop, we will explore the basics of biology as well as theories on "Nature Vs Nurture".

This workshop will highlight unique experiences like "Coming Out" and Transitioning, and participants will learn best practices to support LGBTQ Youth.

Child and Adolescent Psychiatric Disorder

*Rule 48

Date: Thursday, May 26, 2022

Time: 9:00 am – 4:00 pm (6.0 Credit Hours)

Place: Lucas County Conference and Learning Center, 711 Adams St. Cost: Free Instructor: Paul Martin

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: This is an in-depth discussion of the most commonly seen psychiatric disorders in children and adolescents:

- Reactive Attachment Disorder (RAD)
- Attention Deficit Hyperactivity Disorder (ADHD)
- Bipolar Disorder in Children
- Oppositional Defiant Disorder (ODD)
- Conduct Disorder

Adjustment Disorder with Depressed Mood vs. Major Depression

Additionally, we will discuss current and cutting-edge medication and psychotherapy treatment modalities.

Psychiatric Medications Date: Friday, May 27, 2022

*Rule 48 **Time:** 9:00 am – 4:00 pm (6.0 Credit Hours) Place: Lucas County Conference and Learning Center, 711 Adams St. Cost: Free

Instructor: Paul Martin

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: We will discuss commonly used psychiatric medications for children, adolescents, and adults, as well as the newest psychiatric medications on the market, including:

- Antidepressants
- Anti-convulsant medications .
- Mood-stabilizing medications •
- Stimulant medications
- Anti-anxiety medications

June 2022

Working with Youth with Sexually Abusive Behaviors

Date: Monday & Tuesday, June 6 & 7, 2022

Time: 9:00 am – 4:00 pm (12.0 Credit Hours) Place: Lucas County Conference and Learning Center, 711 Adams St. Cost: Free **Instructor:** Tanisha Knighton

To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov

Description: Caseworkers are seeing an increase in the number of children and teens who perpetrate sex crimes against other youth. This workshop will help caseworkers assess sexual behavior and risk, identify and work with parents and out-of-home caregivers, understand the dynamics and issues involved in working with this population and their victims, recognize and obtain offense-specific assessments, and develop case plans.

You MUST attend both 6 Hour Sessions to receive training credit

*Rule 48

Poverty: Living with Less than Enough

Date: Tuesday, June 7, 2022 Place: Webinar Instructor: Rita Rizzo To sign up: https://www.ohsts.org/training-registration-questions.html *Rule 48 Time: 9:00 am – 12:00 pm (3 Credit Hours) Cost: Free

Description: This three-hour instructor-led online workshop is offered via a virtual training platform (Go To Training), enabling participants to participate from any computer with internet access. Recall personal experiences of living with "enough", "more than enough", or 'less than enough". Emotions associated may include: shame, guilt, fear, powerlessness, rage, determination. Consider official definitions of wealth, middle class status, working class poverty or street survival. How do JFS clients meet steep expenses in your county? Let us avoid: "the violence of looking away.

Secondary Traumatic Stress: The Professional in Distress

Date: Thursday, June 9, 2022 Place: Virtual Webinar Instructor: Ruby Johnston To sign up: Email Megan Hite at megan.hite@jfs.ohio.gov *Rule 48 Time: 9:00 am – 4:00 pm (6.0 Credit Hours) Cost: Free

Description: The Child Welfare Team (workers and supervisors) often find it difficult to keep objective and emotionally strong when in the middle of the abuse, neglect, and trauma history of the cases in front of them. Crisis management, trauma stories, severe abuse, overwhelming neglect, and more are part of the everyday work. When left unattended these stressors for the worker or the supervisor can result in serious outcomes such as burnout or secondary traumatic stress. The very core of the daily work tasks has been proven to break down resilience and leave the professional experiencing Secondary Traumatic Stress/Compassion Fatigue and even PTSD.

This workshop will provide a concise overview of secondary traumatic stress, how it differs from stress and burnout, its potential impact on the professional and explore options for prevention and strategies to ensure workplace well-being. A review of Post-Traumatic Stress Disorder and strategies to use in the workplace to keep oneself aware of the impact on their own personal health as well as how to manage the different warning signs of overwhelming stress.

NOTE: Each Participant Must Connect Individually From A Desktop Computer, Laptop, Or Tablet. We Need To Track Each Person's Participation And Engagement, Which Is Not Possible If Connected As A Group; Therefore, Each Learner Must Connect Individually From A Desktop Computer, Laptop, Or Tablet.

You SHOULD NOT USE A MOBILE PHONE, As Your Phone May Not Provide Access To All Functionalities.

GAL: Substance Abuse and the GAL's Role Date: Tuesday, June 14, 2022

Place: Webinar

*Rule 48 Time: 1:00pm – 4:25pm (3.0 Credit Hours) Cost: Free

Instructor: Supreme Court of Ohio EDU

To sign up: https://sco.csod.com/client/sco/default.aspx

Description: This three-hour course will focus on the GAL's role in cases involving substance use of either the child or their caregiver. The presence of substance use, abuse and/or dependency can have a significant impact on the child's development and well-being.

As a result of this course, guardians ad litem will be able to:

- 1. Recognize and distinguish between the signs of use, abuse and dependency in children and caregivers;
- 2. Identify the essential characteristics of recovery and realistic expectations for a recovery;
- 3. Apply interview techniques to obtain information about a person's substance use, abuse and/or dependency; and
- 4. Compose accurate and compelling reports for cases involving substance use, abuse and/or dependency.

Verbal De-Escalation of Aggressive Clients Date: Thursday, June 16, 2022 Place: Webinar

Instructor: Rita Rizzo

*Rule 48 Time: 9:00 am – 12:00 pm (3 Credit Hours)

Cost: Free

To sign up: https://www.ohsts.org/training-registration-questions.html

Description: Yelling, threatening, swearing, and pacing; these are the telltale signs that your customer is so upset that they may try to harm you. Calming aggressive customers and preventing the situation from escalating is something that is within your control. This webinar series will present strategies that can be implemented to curtail violent episodes and successfully defuse aggressive customers. The Violence Cycle, when and how to interrupt it, will be discussed. Come prepared to tell your own "war stories" and increase the skills and knowledge you need to keep yourself and others safe at work.

Additional Continuing Education that is available <u>on line, anytime</u>:

Date: Available anytime online Place: Webinar Instructor: CASA of Ohio To sign up: <u>https://www.ohiocasa.org/available-courses/</u>

Offers multiple on line learning opportunities:

Altering the Path to Delinquent Behaviors: A Guide for GALs Understanding Ohio's Child Protection System On the Margin: Foster Youth at Risk for Human Trafficking Best Practices: Testifying in Court CASA Volunteers + Special Education Trauma in Childhood

Date: Available anytime online Place: Webinar Instructor: Supreme Court of Ohio EDU To sign up: <u>https://sco.csod.com/client/sco/default.aspx</u>

Offers multiple on line learning opportunities:

Advanced Topics in Substance Abuse Child Development Domestic Violence-Informed Practice for Guardians ad Litem Enhancing Judicial Response to Domestic Child Sex Trafficking and Runaway Youth Psychiatric Disorders in Children Recognizing Child Abuse, Neglect, and Mandatory Reporting Report Writing for Guardians ad Litem Superintendence Rule 48 Amendments Working with Youth Who Self Harm Working with Youth who Suffer from Eating Disorders

*Rule 48

1.5 Credit Hours 1.5 Credit Hours 1.0 Credit Hour 1.75 Credit Hours 1.5 Credit Hours 1.5 Credit Hours

Time: Open Cost: Free

Time: Open

Cost: Free

*Rule 48

3.0 Credit Hours 1.5 Credit Hours 3.0 Credit Hours 3.25 Credit Hours 3.0 Credit Hours 1.25 Credit Hours 3.0 Credit Hours 1.5 Credit Hours 0.5 Credit Hours 0.75 Credit Hours

Hope, Presence and Attachment: Breaking the Cycles Driving all forms of Human Trafficking *Rule 48

Date: Available anytime online Place: Webinar Time: Open (12.0 Credit Hours) Cost: Free

Instructor: Advocating Opportunities

To sign up: https://www.advocatingopportunity.com/hopepresence2021register

Description: Participants will be introduced to the neurobiology of trauma as it relates to human trafficking, how this same neurobiology of connection is used to entrap and maintain a hold on victims, possible ways to break the trauma bond and promote healing. The components of successful trauma resolution and the top five resilience factors found in those who move beyond their trauma, especially those found in traffic victims who move beyond their experiences will be presented.

We will also explore how parallel process and secondary trauma impacts everyone working with complex trauma survivors and what can be done to lessen and address them. By looking at what research tells us and what our work experiences have shown us, we will develop strategies to assist in negotiating this work that is as important as it is challenging. Participants will leave more aware of the power of the work they do, and how to enhance connection, healing, resiliency and hope from their role in addressing human trafficking.