

# CASA/CRB Training Opportunities

## August and September 2019



1. CASA volunteers are to take twelve (12) hours of on-going training annually, of which 3 hours must qualify as GAL training under Ohio Supreme Court Rule 48, noted as such below: **\*Rule 48**.
2. Trainings in **BLUE** are especially recommended and are organized by CASA.
3. Submit all training certificates to **Colleen** in the CASA office for credit towards your required annual training.
4. **LCCS Note:** If you miss more than 15 minutes of any training at the Lucas County Conference and Learning Center, you will not be given a training certificate. Arrive on time!
5. **Please remember to cancel if you are unable to attend. Thank you!**

## August, 2019

### Fathers, Inequity and Ethics in Child Welfare

**\*Rule 48**

**Date:** Thursday, August 1, 2019

**Time:** 9:00 am – 12:15 pm OR 1:00 pm - (3.25 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Anthony President

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** Both male and female child welfare workers have been accused of unfair treatment of fathers (Journal of Social Work Values and Ethics, 2014). Institutional bias against fathers and their families has historically lead to mothers being given the benefit of the doubt, whereas fathers are often doubted. Many ethical dilemmas can arise when working with fathers who often are mislabeled and misunderstood. In this workshop we will discuss ethics as a tool to help resolve the ethical dilemmas that can arise when working with fathers who may have life challenges or made life choices that conflict with the personal values of child welfare workers.

### 7<sup>th</sup> Annual African American Conference “Our Children’s Minds Matter”

**\*Rule 48**

**Date:** Friday, August 2, 2019

**Time:** 8:30 am – 3:30 pm (6 Credit Hours)

**Place:** Glenwood Lutheran Church, 2545 Monroe St. Toledo, OH 43620 **Cost:** Free or \$15 with CEU

**Instructor:** Panel of Toledo Experts and Dr. Romules Durant, Superintendent of Toledo Public Schools

**To sign up:** <https://www.eventbrite.com/e/nami-greater-toledo-7th-annual-african-american-conference-830-am-330-pm-tickets-59524042012>

**Description:** The African American Leadership Initiative is focused on increasing education, understanding and awareness of mental health and recovery serves in the African American community. We will continue to target the communities, consumers, business professionals and all community health centers to introduce NAMI's education, support programs and advocacy to the African American community. The African American Leadership Initiative is responsible for planning and arranging our 7th Annual African American Conference.

**Morning Session:** Panel of Toledo Experts - Our Children's Minds Matter

**Afternoon Session:** Keynote Speaker - Dr. Romules Durant, Superintendent of Toledo Public Schools

### Making Report Writing Easy (CASA Core Repeat)

**\*Rule 48**

**Date:** Wednesday, August 7, 2019

**Time:** 5:30 pm - 7:30 pm (2 Credit Hours)

**Place:** Juvenile Justice Center, Training Room 2

**Cost:** Free

**To Sign-Up:** E-mail [casainfo@co.lucas.oh.us](mailto:casainfo@co.lucas.oh.us) or call 419-213-6753

**Instructor:** Rochelle Abou-Arraj, J.D. and Emily Richter, J.D.

**Description:** Attend this training to brush up on your report writing skills. Learn tips and trick to making your court report the most useful tool in your CASA tool belt.

### Papa was a Rolling Stone

**\*Rule 48**

**Date:** Thursday, August 8, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Raymond Lloyd

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** Engagement of fathers in the case plan process is an important component to achieving a family-centered approach. To not do so is contradictory to the philosophy of child welfare; yet our system continues to operate with a bias toward mothers. This workshop addresses this issue in order to create a healthy balance, if at all possible.

**I'm Lovable & I Like Myself: Twenty Tips for Building Self-Esteem****\*Rule 48****Date:** Friday, August 9, 2019**Time:** 9:00 am – 12:00 pm (3 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Jody Johnston-Pawel**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>**Description:** This informative workshop uses fun games and activities to teach participants at least twenty practical language and action skills for building children's self-esteem. Participants learn the difference between praise and encouragement, and how to build self-esteem without creating "praise junkies" or egotistical, self-centered children. These techniques also increase children's confidence and resistance to peer pressure, and can prevent and diffuse sibling rivalry and competition.**Avoiding A.N.T.S. (Automatic Negative Thoughts)****\*Rule 48****Date:** Friday, August 9, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County JFS, 3210 Monroe St., Toledo, OH 43699 **Cost:** Free**Instructor:** John Ward**To sign up:** To register use this link: <http://www.ohsts.org/guest-registration-form.html>. Use your own email and phone number. Use "Lucas County CASA" for your Agency Name with the address 1801 Spielbusch Ave. in Toledo. Type "CASA Volunteer" in for Position. Use Colleen Schoonmaker as your Supervisor's Name with the email [cschoo@co.lucas.oh.us](mailto:cschoo@co.lucas.oh.us). The Training Region is Northwest.**Description:** ANTS are those "Automatic Negative Thoughts" that bug your mind and hinder your relationships with working with vulnerable adults and their families. In this workshop, participants will be able to identify the 9 types of negative thoughts which infiltrate our mind and how it impacts one's relationship with vulnerable adults. Come and explore practical and creative methods of exterminating these ANTs to help the worker improve his/her relationship with vulnerable adults and the impact of the quality of services provided.**Connect: Supporting Children Exposed to Domestic Violence****\*Rule 48****Date:** Saturday, August 10, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Michele Bell**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>**Description:** Participants will learn basic dynamics of domestic violence and its impact on children who have been exposed to the violence. Specific needs of children who've been exposed to domestic violence will be presented, along with recommendations for responding effectively to some of those needs. Participants will also learn ways to promote resiliency in children who have been exposed to domestic violence, and to support the development of their positive coping strategies.**An Overview of Inhalant Abuse: Don't Get Yourself in a Huff****\*Rule 48****Date:** Monday, August 12, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Brian Bethel**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)**Description:** Tragically, "huffing" has become a common occurrence for adolescents in our society. Although the abuse of inhalants is widespread across the United States, it remains under-reported due to the easy accessibility of chemicals and lack of awareness of parents, educators, and professionals. This training will highlight the current trends of inhalant abuse and addiction. Additionally, participants will be offered a variety of strategies and evidenced-based treatment methods for working with individuals who engage in inhalant abuse.**Inter-Generational Cultures: How to Work with Generation X and Y Clients and Coworkers****\*Rule 48****Date:** Tuesday, August 13, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Dan Houston**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)**Description:** In acknowledging the differences between generations, we discover the importance of the values and codes of conduct in each generation. This strengths-based, practical approach offers insight into understanding generational differences that often lead to the misunderstanding, tension, and open conflict that arises between family members, colleagues, and clients. Participants will explore the elements and characteristics of different generations and will examine in-depth one generational group to outline a methodology for understanding the impact of generational culture on communication styles and behaviors. Participants will be introduced to proven methods of working with individuals who come from different generational cultures.

### **I'm Not Crazy, I'm Just Not You**

**\*Rule 48**

**Date:** Wednesday, August 14, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Dan Houston

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** Have you ever asked yourself why it is easier to interact with some people than with others? Have you ever approached a conversation with the best intentions, only to watch it disintegrate before your eyes? The fact is that innate preferences influence how we think, interact, and communicate with others, how we perceive the world and define what's important to us. In short, people have different "styles." This workshop will help you understand how to work with different communication styles, behaviors, and interaction types.

---

### **The Challenges of Pediatric Medication Administration: First Do No Harm**

**\*Rule 48**

**Date:** Wednesday, August 14, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Ronna Johnson

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** There has been a dramatic rise in the number of children who require daily medications for chronic medical and mental health concerns. This reality mandates that caregivers are knowledgeable about medication administration techniques and precautions. Children and adolescents are at greater risk than adults for medication errors (First Do No Harm). Research also supports that foster youth who lack a knowledgeable, assertive primary caregiver are more likely to be misdiagnosed and over-medicated (Psychotropic Medication and Children in Foster Care). The goals of this course are: an increased knowledge regarding the common classes of prescribed medications, understanding of techniques and guidelines for giving children medications, and awareness of common medications used for chronic medical and mental health diagnoses.

---

### **Living the Legacy: The Dramatic Effects of Prenatal Substance Exposure**

**\*Rule 48**

**Date:** Wednesday, August 14, 2019

**Time:** 5:30 pm – 8:30 pm (3 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Ronna Johnson

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** The tragic legacy of drug abuse is lived out by the children whose lives are forever changed by prenatal substance exposure. This course will provide an overview of commonly abused drugs, with a focus on how prenatal exposure impacts the developing child, both before and after birth. Focus will be on understanding and supporting children, from birth through adolescence, who are challenged by drug withdrawal, prematurity, sensory integration disorders, and nutritional and health risks, as well as processing and attentional challenges that impact skill acquisition and learning.

---

### **Human Trafficking: Modern Day Slavery**

**\*Rule 48**

**Date:** Thursday, August 15, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County JFS, 3210 Monroe St., Toledo, OH 43699

**Cost:** Free

**Instructor:** Ken Lawson

**To sign up:** To register use this link: <http://www.ohsts.org/guest-registration-form.html>. Use your own email and phone number. Use "Lucas County CASA" for your Agency Name with the address 1801 Spielbusch Ave. in Toledo. Type "CASA Volunteer" in for Position. Use Colleen Schoonmaker as your Supervisor's Name with the email [cschoo@co.lucas.oh.us](mailto:cschoo@co.lucas.oh.us). The Training Region is Northwest.

**Description:** Human Trafficking has received increasing attention in recent years. Ohio has gone from a state where very little was understood, and little public policy addressed the issue to identifying a growing number of victims within our state. This workshop will provide an in-depth look into human trafficking and help participants become familiar with what victim's experience. Participants will learn skills to determine questions to ask vulnerable adults and assist with identifying and assisting victims of human trafficking.

---

### **What the Heck is MAT?**

**\*Rule 48**

**Date:** Thursday, August 15, 2019

**Time:** 5:30 pm – 7:30 pm (2 Credit Hours)

**Place:** Juvenile Justice Center, Training Room 2

**Cost:** Free

**To sign up:** E-mail [casainfo@co.lucas.oh.us](mailto:casainfo@co.lucas.oh.us) or call 419-213-6753

**Instructor:** Ashley Kopaniasz

**Description:** Medication Assisted Treatment (MAT) is the use of FDA-approved medications, in combination with counseling and behavioral therapies to provide a "whole-patient" approach to the treatment of substance use disorders. Ashley Kopaniasz, Director of Integrated AOD Services at Unison Behavioral Health Group, will join us to explain:

- What are Methadone, Buprenorphine, and Naltrexone?
- How do they help parents with substance use disorders?

**Verbal De-Escalation of Aggressive Clients and Customers****\*Rule 48****Date:** Tuesday, August 20, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County JFS, 3210 Monroe St., Toledo, OH 43699**Cost:** Free**Instructor:** Lou Vincent

**To sign up:** To register use this link: <http://www.ohsts.org/guest-registration-form.html>. Use your own email and phone number. Use "Lucas County CASA" for your Agency Name with the address 1801 Spielbusch Ave. in Toledo. Type "CASA Volunteer" in for Position. Use Colleen Schoonmaker as your Supervisor's Name with the email [cschoo@co.lucas.oh.us](mailto:cschoo@co.lucas.oh.us). The Training Region is Northwest.

**Description:** Yelling, threatening, swearing and pacing; these are the telltale signs that your client is so upset that they may try to harm you. Calming aggressive clients and preventing the situation from escalating is something that is within your control. This workshop will present both organizational and individual strategies that can be implemented in social service settings to curtail violent episodes and successfully defuse aggressive clients. The Violence Cycle, when and how to interrupt it, will be discussed. Come prepared to tell your own "war stories" and increase the skills and knowledge you need to keep yourself and others safe at work.

---

**Escalation****\*Rule 48****Date:** Tuesday, August 20, 2019**Time:** 11:30 am – 1:30 pm (2 Credit Hours)**Place:** United Way of Greater Toledo, 424 Jackson St.**Cost:** Free**Instructor:** Adrienne Fricker-Elhai, Ph.D.**To sign up:** <https://bit.ly/2XTcfAq>

**Description:** The Youth Advocacy Alliance, a Committee of the Lucas County Family and Children First Council, in collaboration with the Region I PREP Program and the HEALthy Relationships for Teens (HEART) Coalition will be hosting the One Love Foundation's presentation of "Escalation", an engaging, emotional 1.5 hour feature film workshop which is transforming the way youth and caring adults view and discuss relationship abuse. This will be followed by a facilitated discussion with Dr. Adrienne Fricker-Elhai, Ph.D., Director of the Cullen Center. A light lunch will be provided. The trailer for Escalation can be watched here: [https://www.youtube.com/watch?v=fmV\\_aZ0LzhQ](https://www.youtube.com/watch?v=fmV_aZ0LzhQ).

---

**Letting Kids be Kids: The Dangers of Over-Protective Parenting****\*Rule 48****Date:** Wednesday, August 21, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**Instructor:** John Ward**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** Sometimes even the most well-intentioned parents or social workers can hinder development of children by being overly protective, indulgent, and too controlling. This class will explore the issues of over-protection and the family conflicts that can spring from excessive attachment. We will offer practical alternative strategies that underline the importance of allowing children to make their own mistakes and develop resilience, resourcefulness, and the inner determination necessary for success.

---

**Youth Mental Health First Aid****\*Rule 48****Date:** Thursday, August 22, 2019**Time:** 9:00 am – 5:00 pm (8 Credit Hours)**Place:** Sanger Public Library, 3030 Central Ave. Toledo, OH 43606**Cost:** Free**Instructor:** NAMI Toledo**To sign up:** <https://bit.ly/2XK5xNc>

**Description:** Youth Mental Health First Aid is an interactive, evidence-based 'first responder' training course that presents an overview of mental illness and substance use disorders. Learn how to recognize the symptoms of mental health problems, how to provide initial help, and how to guide a youth towards appropriate professional assistance. Participants will learn a 5-step action plan encompassing the skills, resources and knowledge to help a youth in crisis connect with appropriate professional, peer, social, and self-help care.

---

**Helping Children with Mentally Ill Parents****\*Rule 48****Date:** Thursday, August 22, 2019**Time:** 9:00 am – 12:00 pm (3 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**Instructor:** Susan Tucker**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This workshop is designed to help caregivers understand the dynamics of a variety of mental health problems that impact parents and children. Caregivers will learn about the various behaviors caused by mental illness and the treatment approaches that can help parents functioning. Caregivers will learn how children are impacted by their parent's illness and how caregivers can assist children in understanding the nature of the illness and develop positive coping skills for dealing with the contact with or absence of the mentally ill parent.

**Children's Literature to Help Prevent Sexual Abuse****\*Rule 48****Date:** Monday, August 26, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Linda Davis**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This workshop will explore the issue of sexual abuse. Participants will be presented with evidence-based research regarding the components of sexual abuse, and discussions will occur as to how child sexual abuse can be prevented. Bibliotherapy techniques will be explored as one means to help prevent child sex abuse. Other discussions will focus on identifying ways to help children develop positive self-esteem and respect for others so children do not create victims of child sex abuse. Resources will be provided that will assist participants in talking about appropriate and inappropriate sexual contact.

---

**How Do I Talk to my Child about Adoption? Bernard, Miss Bianca, and Evinrude can Rescue You from this Dilemma****\*Rule 48****Date:** Tuesday, August 27, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Linda Davis**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** In this workshop, participants will learn the history of bibliotherapy and how it can help children understand adoption. Trainees will be provided with a list of children's adoption book resources that could help children to better understand and attach to their adoptive families. The facilitator will demonstrate how to use books and fairy tales to assist children as they adjust to their adoptive families.

---

**Using Films to Understand Adjustment Disorders, Psychotic Disorders, Alzheimer's Disorder, and other Personality Disorders****\*Rule 48****Date:** Wednesday, August 28, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Linda Davis**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** This workshop is part of a series that uses popular Hollywood films to help participants learn how to identify mental health disorders. Explanation of current treatment methods for the disorders will be presented. This workshop will focus on adjustment disorders, psychotic disorders, Alzheimer's disorder, and other personality disorders.

---

**Fasten Your Seat Belts: The Rollercoaster is Beginning! Helping Children Deal with the Emotions Before and After Parental Visits****\*Rule 48****Date:** Thursday, August 29, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Linda Davis**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** During this workshop, the participants will identify the feelings the birth parent, child, foster parent, social worker, and case aide may feel before, during, and after the visitation process. The participants will explore how Maslow's Hierarchy of Needs explains some of the emotional turmoil children experience as they deal with loss and separation. Participants will also be presented with research on anger and depression, as it relates to the visitation process. Participants will be provided a toolbox of resources that will assist children and foster parents/kinship providers in dealing with feelings related to the emotional roller coaster of the visitation process.

---

**Using Nemo and Pinocchio to Build Attachment During Visits****\*Rule 48****Date:** Friday, August 30, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Linda Davis**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** This workshop will present materials that will assist participants in understanding the importance of promoting attachment during the visitation process. The workshop will outline the key factors and the theory of Bowlby's Attachment Theory. Different Hollywood films will be utilized to provide examples of appropriate and inappropriate attachment styles. Participants will learn the different types of attachment styles. Social workers and counselors will learn how to create appropriate action plans during the visit to help children develop healthy attachment styles.

---



## September, 2019

### **NCTSN's Caring for Children who have Experienced Trauma: Trauma 101**

**\*Rule 48**

**Date:** Tuesday, September 3, 2019

**Time:** 10:00 am – 1:00 pm (3 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Laura Draheim

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This workshop introduces the concept of trauma as an underlying factor in some foster children's problems. It provides an overview of the essential elements of trauma-informed parenting and provides real world examples of trauma in children. Caregivers are introduced to factors that influence a child's response to traumatic experiences and to the concept of resilience. This workshop is the first in a series of workshops developed by the National Child Traumatic Stress Network.

---

### **Born Addicted: Promoting Best Care for Substance Exposed Infants through a Focus on Caregiver Assessment, Training, and Support**

**\*Rule 48**

**Date:** Wednesday, September 4, 2019

**Time:** 9:00 am - 12:00 pm (3 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Ronna Johnson

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** The most tragic and vulnerable victims of the drug culture are infants who are prenatally forced to share in their mother's substance use disorder. The focus of this course will be on promoting best care of infants through the facilitation of caregiver training and support regarding common signs of withdrawal, potential medical and developmental needs, and identifying strategies to minimize the potential negative effects of drug withdrawal, prematurity, sensory processing disorders, and nutritional and health risks.

---

### **Assessment and Treatment of Opiate Addiction: After Addiction, Now What?**

**\*Rule 48**

**Date:** Thursday, September 5, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Brian Bethel

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** The misuse and addiction of opiates and heroin continues to be a significant challenge in the social service profession. Child welfare caseloads are filled with families who are impacted by opiate addiction. While the primary role of child welfare workers is the safety and well-being of children, professionals must also establish guidelines for successful intervention and treatment for caregivers. Treatment strategies do not always align with mandates of the child welfare system. Consequently, child welfare professionals are charged with the duty of continually assessing for risk factors and locating the most appropriate resources for individuals with substance use disorders. This workshop will offer strategies for participants in assessing risk factors relative to opiate and heroin addiction.

---

### **Normalcy and the Reasonable and Prudent Standard: What's the Standard?**

**\*Rule 48**

**Date:** Saturday, September 7, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Dr. Chris Cross

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** With the passing of the Preventing Sex Trafficking and Strengthening Families Act of 2014, child welfare agencies have been tasked to help foster caregivers make decisions to allow foster youth to have experiences on par with peers who are not in foster care. This workshop seeks to shed light on the Reasonable and Prudent Standard and what agency staff and foster parents should do to help youth develop socially and emotionally while ensuring compliance with the law.

---

### **NCTSN's Caring for Children who have Experienced Trauma: Understanding Trauma's Effects & Building a Safe Place**

**\*Rule 48**

**Date:** Tuesday, September 10, 2019

**Time:** 10:00 am – 1:00 pm (3 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Laura Draheim

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This workshop will help caregivers understand how trauma can interfere with children's development and functioning, and how children of different ages may respond to trauma. Caregivers will be introduced to the concept of the "invisible suitcase" and how trauma-informed parenting can "repack" the suitcase. They will gain an understanding of the difference between physical and psychological safety and be introduced to the key component of a safety message. Caregivers will learn techniques to help children cope with trauma reminders. This workshop is the second in a series of workshops developed by the National Child Traumatic Stress Network.

### Meeting the Needs of People with Challenging Behaviors

**\*Rule 48**

**Date:** Wednesday, September 11, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Dan Houston

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** This session is the advanced companion to the learning: Working with Difficult Behavior. This advance session grew out of requests for strategies for dealing with chronic "belligerents" who take out their anger on you or who are so weighted down by jealousy, rage or resentment that they are difficult, or the difficult person who deliberately lies, cheats, double-crosses, deceives, misrepresents, or misleads you. These people use any means to achieve their ends, including distorting the situation, telling half-truths, or blaming others. This workshop focuses on proven strategies for handling most difficult behaviors.

---

### Understanding Abused Youth and the Influence of Hip-Hop Culture

**\*Rule 48**

**Date:** Wednesday, September 11, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Anthony President

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** Can hip-hop heal abused and neglected youth? Can rap music be therapeutic? Is hip-hop social work a credible area of practice? Is hip-hop culture a legitimate culture, worthy of respect in the field of social work? This class takes an exploratory view of maltreated youth and the appeal of hip-hop culture, and the impact of the culture on the healing process of Generation Y youth. We will explore the themes of survival, triumph, and strength that form the basic ethos upon which hip-hop culture was founded and still exudes today. After this workshop, you will never view hip-hop culture the same.

---

### Growing Up: Child Development from 0 to 18

**\*Rule 48**

**Date:** Wednesday, September 11, 2019

**Time:** 5:30 pm - 7:30 pm (2 Credit Hours)

**Place:** Juvenile Justice Center, Training Room 2

**Cost:** Free

**To Sign-Up:** E-mail [casainfo@co.lucas.oh.us](mailto:casainfo@co.lucas.oh.us) or call 419-213-6753

**Instructor:** Susan Edwards, R.N. and CASA Volunteer

**Description:** The early years of a child's life are very important for his or her health and development. During the training you will be taken on a journey to learn about children's developmental milestones and healthy child development for children of all ages.

---

### Autism Spectrum Disorders: Practical Help for the Child Diagnosed with Autism, Asperger's, or Other Pervasive Developmental Disorders

**\*Rule 48**

**Date:** Friday, September 13, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Gene Smiley

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** Caseworkers will enter the world experienced daily by the child diagnosed with autism, Asperger's syndrome, or one of the other pervasive developmental disorders. Participants will understand the symptoms of the various disorders making up the spectrum, and become more familiar with the most effective therapeutic treatments currently available. Caseworkers will have the opportunity to consider the world of autism from the child's perspective, and be reminded that the child is a child – not a diagnosis. Participants will come to understand the importance of self-soothing and other strategies, including how to recognize triggers leading to explosive responses, and how to deescalate a meltdown. They will consider helpful school-related information related to autism found in the Individuals with Disabilities Act. Practical techniques, helpful websites, and other resources will be identified to further inform participants beyond the training event.

---

### Best Practices for CASA Volunteers (CASA Core Repeat)

**\*Rule 48**

**Date:** Saturday, September 14, 2019

**Time:** 9:30 am - 11:30 am (2 Credit Hours)

**Place:** Juvenile Justice Center, Training Room 2

**Cost:** Free

**To Sign-Up:** E-mail [casainfo@co.lucas.oh.us](mailto:casainfo@co.lucas.oh.us) or call 419-213-6753

**Instructor:** Rochelle Abou-Arraj, J.D. and Emily Richter, J.D.

**Description:** Interested in refreshing your CASA skills? Want to learn what's new with CASA? Ready to have your questions answered by CASA Staff? Join us for this training session to brush up on your CASA skills. Office staff will update you regarding new developments in CASA cases, new CASA procedures, and Rule 48 requirements.

**The Art of Listening and Confronting Conflict****\*Rule 48****Date:** Monday, September 16, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County JFS, 3210 Monroe St., Toledo, OH 43699**Cost:** Free**Instructor:** Lou Vincent

**To sign up:** To register use this link: <http://www.ohsts.org/guest-registration-form.html>. Use your own email and phone number. Use "Lucas County CASA" for your Agency Name with the address 1801 Spielbusch Ave. in Toledo. Type "CASA Volunteer" in for Position. Use Colleen Schoonmaker as your Supervisor's Name with the email [cschoo@co.lucas.oh.us](mailto:cschoo@co.lucas.oh.us). The Training Region is Northwest.

**Description:** We will discuss practical applications that will help you restore and deepen stalled or conflictive relationships with staff, vulnerable adults and others. You will learn how to ask helpful questions that yield fresh insight. You will discover how to improve your ability to help others by becoming more genuine, focused, and confident in your confrontations with others. You will also learn essential skills for handling emotionally charged people and circumstances gracefully. Lastly, discussion will occur in learning how to break through barriers with the vulnerable adult population, communicate empathy, and show understanding and respect.

---

**Gangs, Cliques, and Crews: Understanding Gangs and Youth****\*Rule 48****Date:** Monday, September 16, 2019**Time:** 10:00 am - 1:00 pm (3 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**Instructor:** Anthony President

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** Youth of all socio-economic and racial/ethnic groups are emulating the behaviors, ideology, and pose of the most notorious national street gangs from Los Angeles, Chicago, and New York. The mass media has glamorized the culture such that youth have found its allure mesmerizing. This workshop explores the proliferation of gang culture among the spectrum of members, from hardcore members to "posers" who try to gain popularity by pretending to be members of a gang. Also discussed are reasons why kids join gangs, the profile of gang members, the pathos of gangs, and prevention strategies for keeping kids out of gangs.

---

**NCTSN's Caring for Children who have Experienced Trauma: Feelings, Behaviors, Connections & Healing****\*Rule 48****Date:** Tuesday, September 17, 2019**Time:** 10:00 am - 1:00 pm (3 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**Instructor:** Laura Draheim

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This workshop introduces caregivers to the cognitive triangle and the impact of trauma on children's thoughts, feelings, and behaviors. Caregivers will learn techniques for helping traumatized children to understand and control their emotional and behavioral reactions. This workshop also explores how identity is created through connections and the impact trauma may have on these connections. This workshop is third in a series of workshops developed by the National Child Traumatic Stress Network.

---

**Social and Electronic Media Law: Working with the Digital Native Generation****\*Rule 48 and CLE****Date:** Wednesday, September 18, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**Instructor:** Christina Rosebrough-Zody

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** In this workshop, participants will get a broad range of knowledge and practical skills to answer the following questions:

- Who are those in the Digital Native Generation?
  - What does identity mean for young people who have dozens of online profiles and avatars?
  - What are the privacy issues and laws/regulations surrounding privacy related to casework practice?
  - How can we protect the privacy of children in care in regard to social and electronic media?
- 

**Ohio CASA Celebrating Kids! Conference 2019****\*Rule 48****Date:** September 18-20, 2019**Time:** Wednesday: 1:45 pm - 5:00 pm, Thursday: 8:30 am – 4:45 pm, Friday: 8:30 am – 2:00 pm (12 Credit Hours)**Place:** Doubletree Columbus-Worthington, 175 Hutchison Ave. Columbus, OH 43235**Cost:** \$125 100% can be reimbursed for the first 20 CASA volunteers who sign up by calling Colleen, 419-213-6781.

Other costs may also be reimbursed. If you decide to attend reserve your hotel room and register soon as this conference always fills up.

**Instructor:** Various

**To sign up:** <https://www.ohiocasa.org/2019-ckc/>

**Description:** The Ohio CASA Annual Celebrate Kids! Conference will feature more than 40 educational workshops designed to cultivate knowledge and skill development, encourage networking, and provide an enjoyable environment for camaraderie for all who participate in the 3-day event.



### **Developmental Stages and Effects of Child Abuse/Neglect**

**\*Rule 48**

**Date:** Thursday, September 19, 2019

**Time:** 5:30 pm - 8:30 pm (3 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Jody Johnston-Pawel

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** Workshop objectives:

- Understand the developmental stages children typically follow and the effects that child abuse and neglect can have on child development.
  - Recognize when developmental delays or misbehaviors are a result of the child's developmental "style," past upbringing, or a true developmental delay.
- 

### **International Human Trafficking and Social Justice Conference 2019**

**\*Rule 48**

**Date:** Thursday, September 19 and Friday, September 20, 2019

**Time:** 8:00 am - 5:00 pm (12 Credit Hours)

**Place:** University of Toledo, Lancelot Thompson Student Union, 3154 North Towerview Blvd. Toledo, OH 43606

**Cost:** Fees vary. Lucas County CASA can reimburse 90% of the conference fee if the CASA volunteer completes the training reimbursement form.

**Instructor:** Various

**To sign up:** <https://www.traffickingconference.com/register2019>

**Description:** Since 2004, The International Human Trafficking and Social Justice Conference has been bringing together researchers, practitioners, and individuals with lived experience in an effort to lay the groundwork for future collaborative research, advocacy, and program development. Join us September 19-20 to hear from over 100 different presenters including researchers, advocates, direct service providers, healthcare professionals, law enforcement, and individuals with lived experience. Our conference has a maximum of 12 continuing education credits pending for social work, counseling, marriage & family therapy, chemical dependency, nursing, health education, public health, and law.

---

### **Keep Your Cool: Anger and Stress Management**

**\*Rule 48**

**Date:** Friday, September 20, 2019

**Time:** 9:00 am - 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Jody Johnston-Pawel

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This informative workshop explores myths and bubbles over with practical ideas you can use immediately. Discover the two simple steps for helping any child create an individualized stress and anger management plan. Learn the secrets of preventing stress and anger build-ups. Get dozens of ideas for appropriate ways children and adults can express anger appropriately, and practical tips for defusing and redirecting an angry child.

---

### **Chronic Pain and Adoption**

**\*Rule 48**

**Date:** Friday, September 20, 2019

**Time:** 9:00 am – 12:00 pm (3 Credit Hours)

**Place:** Lucas County JFS, 3210 Monroe St., Toledo, OH 43699

**Cost:** Free

**Instructor:** Jennifer Haywood

**To sign up:** To register use this link: <http://www.ohsts.org/guest-registration-form.html>. Use your own email and phone number. Use "Lucas County CASA" for your Agency Name with the address 1801 Spielbusch Ave. in Toledo. Type "CASA Volunteer" in for Position. Use Colleen Schoonmaker as your Supervisor's Name with the email [cschoo@co.lucas.oh.us](mailto:cschoo@co.lucas.oh.us). The Training Region is Northwest.

**Description:** Participants will learn about how chronic pain can lead to addiction, the differences between someone with chronic pain who is addicted and the person with chronic pain who is "only" physiologically tolerant. The DSM IV TR to DSM 5 transition will be discussed as the section on substance has changed to accommodate chronic pain folks. Ways to assess and treat these issues will also be reviewed. At the conclusion of this workshop, participants will:

- Gain an understanding of what leads a chronic pain client to overuse;
  - Gain an understanding of the differences between the chronic pain addict and the person with a tolerance to medication; and
  - Review assessment and treatment options.
- 

### **Understanding the Opiate Epidemic and Treating the Opiate Addict**

**\*Rule 48**

**Date:** Friday, September 20, 2019

**Time:** 1:00 pm – 4:00 pm (3 Credit Hours)

**Place:** Lucas County JFS, 3210 Monroe St., Toledo, OH 43699

**Cost:** Free

**Instructor:** Jennifer Haywood

**To sign up:** To register use this link: <http://www.ohsts.org/guest-registration-form.html>. Use your own email and phone number. Use "Lucas County CASA" for your Agency Name with the address 1801 Spielbusch Ave. in Toledo. Type "CASA Volunteer" in for Position. Use Colleen Schoonmaker as your Supervisor's Name with the email [cschoo@co.lucas.oh.us](mailto:cschoo@co.lucas.oh.us). The Training Region is Northwest.

**Description:** Participants will receive an overview of the components of an opiate, the statistics affecting Ohio and the latest trends in use, and the red flags to develop this dependency. Participants will learn techniques on how to engage with an opiate addict during

rapport building and the assessment process and how to refer to different levels of care. Heroin as well as narcotics will be covered. The "typical" opiate client will be discussed and the different cultural issues surrounding this epidemic will be learned. At the conclusion of this workshop, participants will:

- Gain an increased understanding of opiate addiction;
- Learn what heroin is, and what a narcotic is; and
- Learn techniques and skills specifically designed in helping the opiate addict.

---

### **Why Kids Lie...and How to Encourage Truthfulness**

**\*Rule 48**

**Date:** Saturday, September 21, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Jody Johnston-Pawel

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This stimulating workshop facilitates several thought-provoking discussions that provide insights and reveal surprising facts about:

- What really qualifies as a lie?
- When do children understand they are lying?
- Why do children lie?
- How can parents prevent lying?
- How might parents accidentally model lying without even realizing it?

Finally, "Truth or Consequences" will provide practical tools for responding to lies in ways that encourage permanent truthfulness.

---

### **Nine Essential Connections to Independent Living**

**\*Rule 48**

**Date:** Tuesday, September 24, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** David Zidar

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** Casework staff will learn how to coach children and youth on soft and hard skills needed for successful independent living. Skills that will be discussed are:

- Knowledge, skills and Information
- Maintaining relationships with significant people in their lives
- Connections to groups (family, spiritual community, work)
- Meaningful roles
- Source of joy (what makes them happy)
- System of values
- History (where they came from)
- Sense of place (certain places that are important to us)
- Means of support

---

### **NCTSN's Caring for Children who have Experienced Trauma: Workshop 4**

**\*Rule 48**

**Date:** Tuesday, September 24, 2019

**Time:** 10:00 am – 1:00 pm (3 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Laura Draheim

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This workshop will help caregivers feel empowered as trauma-informed care providers and as advocates for the children in their care. They will understand the need for, and the role of, trauma-informed professionals on the child's treatment team. This workshop also explores the definitions and warning signs of compassion fatigue and secondary traumatic stress. Caregivers will identify specific self-care techniques and develop a self-care plan for preventing secondary traumatic stress. This workshop is fourth in a series of four workshops developed by the National Child Traumatic Stress Network.

---

### **Understanding Families who are Muslim**

**\*Rule 48**

**Date:** Wednesday, September 25, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Anthony President

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** There are between 3 and 5.7 million Muslims in the United States (Shaefer); and Islam, the religion of the Muslims, is one of the fastest-growing religions in this country. Muslims are from many different racial and ethnic groups, as well as diverse countries of origin. Not all Muslims are the same, nor are all Middle Easterners. This session seeks to inform participants of the range of beliefs, customs, and racial/ethnic make-up of Muslims and Middle Easterners living in America. Participants will learn about culture of Muslims and Middle Easterners, as well as how to honor and value customs and traditions and overcome the barriers to understanding.

**Marsha, Marsha, Marsha! Promoting Sibling Visitation****\*Rule 48****Date:** Friday, September 27, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Linda Davis**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** This workshop presents materials that will assist participants in understanding the importance of promoting sibling relationships. The workshop will explore Erikson's life stage theory as it relates to the healthy development of ego strengths in sibling relationships. Participants will learn the definitions of the eight myths for separating siblings, and how these myths can be avoided. Participants will also create strategies and activities to help sibling bonding to occur during the visitation process.

---

**Reaching Higher: Increasing Competency in Practice with LGBTQ Youth in Child Welfare Systems** **\*Rule 48****Date:** Friday, September 27, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Wood County JFS, 1928 E Gypsy Lane, Bowling Green, OH **Cost:** Free**Instructor:** Susan Kautz**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** This training is design to increase the awareness, knowledge, and skills of social workers and administrators in the child welfare system so that they may effectively and competently meet the needs of LGBTQ youth and their families.

---

**Autism Spectrum Disorders: Practical Help for the Child Diagnosed****\*Rule 48****Date:** Saturday, September 28, 2019**Time:** 9:00 am – 12:00 pm (3 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Gene Smiley**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** Participants will enter the world experienced daily by the child diagnosed with autism, Asperger's syndrome, or one of the other pervasive developmental disorders. Participants will understand the symptoms of the various disorders making up the spectrum, and become more familiar with the most effective therapeutic treatments currently available. Participants will have the opportunity to consider the world of autism from the child's perspective, and be reminded that the child is a child – not a diagnosis. Participants will come to understand the importance of self-soothing and other strategies, including how to recognize triggers leading to explosive responses, and how to de-escalate a meltdown. They will consider helpful school-related information found in the Individuals with Disabilities Act (IDEA) related to autism. Practical techniques, helpful websites, and other resources will be identified to further inform participants beyond the training event.

---

**Before First Breath: The Impact of In-utero Alcohol and Drug Use****\*Rule 48****Date:** Saturday, September 28, 2019**Time:** 1:00 pm – 4:00 pm (3 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Gene Smiley**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This workshop will illuminate the concept of codependency and address common symptoms and characteristics associated with the term. Moreover, specific strategies will be offered for working with individuals who have codependent behavior. In addition, evidenced-based treatment strategies will be provided to assist professionals toward advocating for individuals and families.