

# CASA/CRB Training Opportunities

## April to June 2019



1. CASA volunteers are to take twelve (12) hours of on-going training annually, of which 3 hours must qualify as GAL training under Ohio Supreme Court Rule 48, noted as such below: **\*Rule 48.**
2. Trainings in **BLUE** are especially recommended and are organized by CASA.
3. Submit all training certificates to **Colleen** in the CASA office for credit towards your required annual training.
4. **LCCS Note:** If you miss more than 15 minutes of any training at the Lucas County Conference and Learning Center, you will not be given a training certificate. Arrive on time!
5. **Please remember to cancel if you are unable to attend. Thank you!**

## April, 2019

### Interventions with Reactive Attachment Disorder

**\*Rule 48**

**Date:** Thursday, April 4, 2019

**Time:** 9:00 am – 12:00 pm (3 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St.

**Cost:** Free

**Instructor:** David Zidar

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** Many children suffer from a pathology classified by the American Pediatric Association as Reactive Attachment Disorder. This disorder is rooted in disrupted attachment in childhood - age zero to five. This three-hour workshop will provide the participants with an understanding of the origins of the pathology, family reactions, signs, symptoms, and interventions.

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### Interventions for Children who have Suffered Trauma

**\*Rule 48**

**Date:** Thursday, April 4, 2019

**Time:** 1:00 pm – 4:00 pm (3 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St.

**Cost:** Free

**Instructor:** David Zidar

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** Children in foster care have a vastly higher rate of trauma than their non-foster peers. Some estimates are that 51% of the children in care suffer Post-Traumatic Stress Disorder. All adults in these children's lives must have an understanding of the role trauma plays in their behavior and achievement of developmental milestones. Participants need to understand that the impact of trauma is idiosyncratic - each child will manifest it differently. Participants will learn ways to help improve functioning, as well as how to work with the mental health system.

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### Drug Detection in Child Protection

**\*Rule 48**

**Date:** Tuesday, April 9, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St.

**Cost:** Free

**Instructor:** Brian Bethel

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** Parental substance use disorders remain a prevalent and complex issue within the child welfare system. Child welfare workers are challenged with the difficult task of ascertaining adequate information about families to complete accurate assessments and make appropriate decisions in order to protect children. Consequently, the recognition and detection of substances and related paraphernalia is an important competency for social service professionals. This training will provide a general overview of the most common substances and their related paraphernalia, as well as the effects these substances have on the body.

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### The Importance of Working with Primary Families

**\*Rule 48**

**Date:** Tuesday, April 9, 2019

**Time:** 5:30 pm – 8:30 pm (3 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St.

**Cost:** Free

**Instructor:** Val Larkin

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This workshop provides information about the losses experienced by birth families, expected behaviors of grieving birth parents, and ways to work effectively with birth families.

**NAMI Family and Friends****\*Rule 48****Date:** Tuesday, April 9, 2019 and Thursday, April 11, 2019**Time:** 10:00 am – 12:30 pm (5 Credit Hours)**Place:** NAMI Greater Toledo, 2753 W. Central Ave. Toledo, OH 43606**Cost:** Free**Instructor:** Mary Finch and Kristen Zientek**To sign up:** Call 419-243-1119 or <https://www.nami.org/Find-Support/NAMI-Programs/NAMI-Family-Friends/details?programListingId=a2u1Q0000015E1eQAM>

**Description:** NAMI Family & Friends is a free seminar that informs people who have loved ones with a mental health condition how to best support them. It's also an opportunity to meet other people in similar situations and gain community support. The seminar is led by trained people with lived experience of supporting a family member with a mental health condition. They will walk you through the following topics.

- Understanding diagnoses, treatment and recovery
  - Effective communication strategies
  - The importance of self-care
  - Crisis preparation strategies
  - NAMI and community resources
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**Best Practices for CASA Volunteers (CASA Core Repeat)****\*Rule 48****Date:** Wednesday, April 10, 2019**Time:** 5:30 pm - 7:30 pm (2 Credit Hours)**Place:** Juvenile Justice Center, Training Room 2**Cost:** Free**Instructor:** Rochelle Abou-Arraj, J.D. and Emily Richter, J.D.**To Sign-Up:** E-mail [casainfo@co.lucas.oh.us](mailto:casainfo@co.lucas.oh.us) or call 419-213-6753

**Description:** Interested in refreshing your CASA skills? Want to learn what's new with CASA? Ready to have your questions answered by CASA Staff? Join us for this training session to brush up on your CASA skills. Office staff will update you regarding new developments in CASA cases, new CASA procedures, and Rule 48 requirements.

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**Filtering the Noise from Young "Hood" Boys****\*Rule 48****Date:** Tuesday, April 16, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**Instructor:** Anthony President**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** In the communication process, noise is anything that impedes a message from being heard. Research suggests that positive messages from parents, teachers, and the media go ignored by black urban youth; yet these same youth display macho attitudes they see from media images of street subculture. The negative messages are sticking, and the good messages are not. Young boys need an adult voice to help them understand the dangers of buying into and emulating the negative subculture of "thugism." This workshop presents strategies for empowering boys to resist the call of "thug life" and become good, law-abiding citizens.

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**Removed: Strategies for Hope and Healing for Youth in Care****\*Rule 48****Date:** Tuesday, April 16, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Adopt America Network, 3100 W. Central Ave. Toledo, OH 43606**Cost:** Free**Instructor:** John Ward**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** When children are removed from their biological homes, they often experience fear, trauma, and feelings of powerlessness and hopelessness. In this class, you will learn practical ways to educate foster parents on how to bring hope and healing to children through real-life case examples and experiences. The culture of trauma, attachment, grief and loss, nurturing techniques, sibling connection, and ways to help children feel safe will be addressed.

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**Understanding and Building Attachment****\*Rule 48****Date:** Tuesday, April 16, 2019**Time:** 1:00 pm – 4:00 pm (3 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**Instructor:** Angie Irby**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This three-hour training is part of the Fundamentals of Fostering series. Participants will explore how attachment develops and the causes of insecure attachment. The impact of placement into foster care will be discussed. Participants will learn about and practice strategies for supporting the development of attachment with children in their care. Participants will be able to describe how insecure attachment develops and be able to describe the indicators of insecure attachment.

### De-Escalation Workshop

**\*Rule 48**

**Date:** Wednesday, April 17, 2019

**Time:** 1:00 pm – 3:00 pm (2 Credit Hours)

**Place:** Promedica Toledo Children's Hospital, 2142 Cove Blvd. Education Center Room K, Free Parking in Garage P2, Take the McIntosh Tower Entrance. Room K is at the basement level of the center.

**Instructor:** Community Partnership Against Child Abuse

**Cost:** Free

**To sign up:** Call Tristin Crawley at 419-244-3053 ext. 233 or email at [tcrawley@fcapc.org](mailto:tcrawley@fcapc.org)

**Description:** Learn fun ways to teach kids self-calming techniques to reduce stress and behavioral problems, and support emotional management and problem solving skills. Attendees will learn about traumatic stress and its impact on children throughout their lifespan. They will learn about building resiliency and ways to achieve trauma-informed environments. Attendees will learn several ways to de-escalate unwanted behaviors and reduce stress.

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### Growing Up: Child Development from 0 to 18

**\*Rule 48**

**Date:** Thursday, April 18, 2019

**Time:** 5:30 pm - 7:30 pm (2 Credit Hours)

**Place:** Juvenile Justice Center, Training Room 2

**Cost:** Free

**To Sign-Up:** E-mail [casainfo@co.lucas.oh.us](mailto:casainfo@co.lucas.oh.us) or call 419-213-6753

**Instructor:** Susan Edwards, R.N. and CASA Volunteer

**Description:** The early years of a child's life are very important for his or her health and development. During the training you will be taken on a journey to learn about children's developmental milestones and healthy child development for children of all ages.

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### Cultural Issues in Foster Care: Dealing with the Dynamics

**\*Rule 48**

**Date:** Friday, April 19, 2019

**Time:** 9:00 am - 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St.

**Cost:** Free

**Instructor:** Raymond Lloyd

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This workshop will explore the importance of culture in a foster family. Participants will learn to differentiate culture from race, ethnicity, or gender. Common cultural misconceptions and conflicts, particularly those involving foster families, will be addressed. Participants will learn about ethnocentrism, stereotyping, prejudice, and discrimination. The formation of racial identity for children will be presented. Finally, participants will develop parenting strategies to assist children in the development of strong, healthy identity formation and self-esteem.

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### Using Psychotropic Medications in Children with Mental Health Diagnoses

**\*Rule 48**

**Date:** Thursday, April 25, 2019

**Time:** 5:30 pm - 8:30 pm (3 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St.

**Cost:** Free

**Instructor:** Carilyn White

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** Psychotropic medications are used to treat mental health disorders. Caregivers who give psychotropic medications to children and adolescents should be familiar with the psychotropic medication and side effects. This workshop will provide an overview of the psychotropic medications used to treat mental health disorders in children and adolescents. The side effects, risk factors, and safety factors associated with psychotropic medications will be reviewed. In addition, the workshop will review the importance of giving psychotropic medications as prescribed, follow-up care, and collaboration with the health care provider.

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### Reaching Higher: Increasing Competency in Practice with LGBTQ Youth in Child Welfare Systems

**\*Rule 48**

**Date:** Friday, April 26, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St.

**Cost:** Free

**Instructor:** Ronna Johnson

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** This training is design to increase the awareness, knowledge, and skills of social workers and administrators in the child welfare system so that they may effectively and competently meet the needs of LGBTQ youth and their families.

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### Working with Kids who have Experienced Loss

**\*Rule 48**

**Date:** Friday, April 26, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St.

**Cost:** Free

**Instructor:** Sister M. Rybicki

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** Participants will examine the correlation of the lack of bonding, attachment, and multiple losses. Trainees will learn the stages of grief related to children. They will learn the coping skills necessary to help and support the grieving child. Participants will read scenarios and see how the grieving process works differently in various situations. Though the focus is on working with kids, this training can be applied to early teens and adults, as well.

### Effects of Domestic Violence and Abuse on Children

**\*Rule 48**

**Date:** Monday, April 29, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Jim Marlow

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This workshop focuses on the effects that witnessing domestic violence and experiencing other forms of child maltreatment have on the child victims. Research findings and information from professional practice are highlighted to reinforce the fact that cognitive, emotional, and behavioral difficulties result from the traumatizing events these children are exposed to. Interventions that caregivers and professionals can use to address this "child traumatic stress" are discussed.

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### Communication Enhancement

**\*Rule 48**

**Date:** Monday, April 29, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County JFS, 3210 Monroe St. Toledo, OH 43699

**Cost:** Free

**Instructor:** Lou Vincent

**To sign up:** To register for any of these trainings you must use this link: <http://www.ohsts.org/guest-registration-form.html>

Use your own email and phone number. Use "Lucas County CASA" for your Agency Name with the address 1801 Speilbusch Ave. in Toledo. Type "CASA Volunteer" in for Position. Use Colleen Schoonmaker as your Supervisor's Name with the email [cschoo@co.lucas.oh.us](mailto:cschoo@co.lucas.oh.us). We are in the Northwest Training Region.

**Description:** This workshop examines the communication process and explains why even the most straightforward message can result in misunderstandings. Take a brief listening quiz to find out what sort of information you tend to listen to best. Appreciate the factors that influence communications such as nonverbal cues, conversational context, use of time, and feedback foibles. Recognize the hidden barriers to fostering understanding and cooperation. Participants will leave with increased confidence in your ability to target your message to the behavioral style of the listener, thereby improving your chances at being understood.

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### Culture of Poverty

**\*Rule 48**

**Date:** Tuesday, April 30, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County JFS, 3210 Monroe St. Toledo, OH 43699

**Cost:** Free

**Instructor:** Lou Vincent

**To sign up:** To register for any of these trainings you must use this link: <http://www.ohsts.org/guest-registration-form.html>

Use your own email and phone number. Use "Lucas County CASA" for your Agency Name with the address 1801 Speilbusch Ave. in Toledo. Type "CASA Volunteer" in for Position. Use Colleen Schoonmaker as your Supervisor's Name with the email [cschoo@co.lucas.oh.us](mailto:cschoo@co.lucas.oh.us). We are in the Northwest Training Region.

**Description:** At times it may appear that the poor are invested in staying poor. It seems their decisions, judgments and attitudes serve to keep them stuck in poverty. This workshop addresses the norms, traditions, behaviors, values and survival skills employed by the impoverished and explains how the impact of generational poverty affects behavior and thinking. Perhaps not everyone is enthused about joining the middle class.

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## May, 2019

### Having a Purpose Matters! Helping Children Find Purposeful Activity

**\*Rule 48**

**Date:** Thursday, May 2, 2019

**Time:** 5:30 pm – 8:30 pm (3 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Megan Wendling

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** Purposeful activity is vital to well-being and is unique to each person. It is something that gets you out of bed in the morning. These activities make you feel like a contributor, build your sense of self-worth, give you satisfaction and meaning, and help you rise from the challenges to cope with adversity. How can you nurture a child to find purposeful activity in day-to-day life, especially when they are exiting a world that was neglectful? This session will explore resources to find the many activities and techniques to engage children in these activities. Participants will also discuss re-direction techniques toward appropriate, purposeful activities.

### Combating Compassion Fatigue through Self Care

**Date:** Friday, May 3, 2019

**Place:** Lucas County JFS, 3210 Monroe St. Toledo, OH 43699

**Instructor:** Anthony President

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Cost:** Free

**To sign up:** To register for any of these trainings you must use this link: <http://www.ohsts.org/guest-registration-form.html>

Use your own email and phone number. Use "Lucas County CASA" for your Agency Name with the address 1801 Speilbusch Ave. in Toledo. Type "CASA Volunteer" in for Position. Use Colleen Schoonmaker as your Supervisor's Name with the email [cschoo@co.lucas.oh.us](mailto:cschoo@co.lucas.oh.us). We are in the Northwest Training Region.

**Description:** On most days, supporting Human Services Clients takes up considerable time and emotional labor for workers. When workers fail to take care of themselves in the midst of dealing with other's trauma, stressors can mount, and compassion fatigue could result. This workshop deals with strategies to help workers develop a comprehensive plan of self-care that encompasses the four (4) dimensions of wellness – Social Support, Diet and Exercise, Hobbies and Leisure Time Activities, and Managing Mental Processes for the purpose of increasing compassion satisfaction.

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### The Resilient Father

**Date:** Tuesday, May 7, 2019

**Place:** Lucas County Conference and Learning Center, 711 Adams St.

**Instructor:** Anthony President

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** It is well documented that many birth fathers do not respond as well as birth mothers to the outreach efforts of social workers (Franck, 2001). There are, however, a number of birth fathers who are able to beat the odds and successfully complete case plan goals and become positive, productive fixtures in their children's lives. What separates the father who is able to be successful from the one who is not? Resiliency is one of the many qualities necessary for a father to be a successful client in the child welfare system. Resiliency is the quality of successfully adapting in the midst of trauma and stress. This workshop takes an exploratory view of resiliency and seeks to answer: What is resiliency? How can it help the birth father to succeed? What are the 10 components of resiliency, and how can they benefit the birth father? What are the barriers to a father becoming resilient? And how can we help a father to develop the habits, attitude, and skill set it takes to become the resilient father?

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**\*Rule 48**

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Cost:** Free

### Annual Potluck and Diversity Training: White Fragility

**Date:** Tuesday, May 7, 2019

**Place:** 3450 River Road, Toledo, OH 43614, Park on Central Grove

**Instructor:** Rachael Gardner

**To Sign-Up:** E-mail [casainfo@co.lucas.oh.us](mailto:casainfo@co.lucas.oh.us) or call 419-213-6753

**Description:** As is our tradition, we will view a short video of Robin DiAngelo sharing some of the highlights from her critically acclaimed, New York Times bestselling book, *White Fragility: Why It's So Hard for White People to Talk about Racism*. Cultural diversity trainer, Rachael Gardner, will lead the discussion about the video. If you have the opportunity to read the book prior to the training, that would be wonderful, but it is not required.

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**\*Rule 48**

**Time:** 5:30 pm – 7:30 pm (2 hours)

**Cost:** Free

### Oh No, Not Again! Educational Advocacy

**Date:** Thursday, May 9, 2019

**Place:** Lucas County Conference and Learning Center, 711 Adams St.

**Instructor:** Deb McMullen

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This workshop will include information on how to acclimate a child coming from one culture into another culture within a different school district. Participants will discuss the importance of helping their foster/adoptive children to feel safe and secure in their new school setting. Participants will also learn ways to help bridge the cultural gap within the school with administration and staff.

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**\*Rule 48**

**Time:** 5:30 pm – 8:30 pm (3 Credit Hours)

**Cost:** Free

### A New Look at Marijuana Usage: Growing Like a Weed

**Date:** Monday, May 13, 2019

**Place:** Lucas County Conference and Learning Center, 711 Adams St.

**Instructor:** Brian Bethel

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** Marijuana is one of the most commonly used drugs in the United States. Many individuals may consider it to be completely harmless and in fact believe that it should actually be legalized. However, these beliefs do not negate the fact that marijuana is an illegal substance. Despite the growing popularity of marijuana, significant physical and psychological consequences are common with marijuana misuse. Consequently, social services professionals confront unique challenges when working with parents and/or children who engage in marijuana use. This workshop will provide an overview of marijuana use in our society, and highlight the increased prevalence of marijuana addiction. In addition, this training will address the physical, psychological, and medical consequences of marijuana use. Evidence-based treatment strategies will be introduced to guide participants toward advocating for individuals who confront issues associated with marijuana use.

**\*Rule 48**

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Cost:** Free

**Avoiding ANTs: Automatic Negative Thoughts****\*Rule 48****Date:** Thursday, May 16, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Adopt America Network, 3100 W. Central Ave. Toledo, OH 43606**Cost:** Free**Instructor:** John Ward**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** Have you ever heard the expression, "You are what you think."? Effective parenting requires clear and logical thinking; however, sometimes parents' thoughts and expectations become less positive as they continue to parent difficult children. Come and explore the ANTs and learn how to teach parents/caregivers practical ways to avoid them.

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**Making Report Writing Easy (CASA Core Repeat)****\*Rule 48****Date:** Saturday, May 18, 2019**Time:** 9:30 am – 11:30 am (2 Credit Hours)**Place:** Juvenile Justice Center, Training Room 2**Cost:** Free**Instructor:** Rochelle Abou-Arraj, J.D. and Emily Richter, J.D.**To Sign-Up:** E-mail [casainfo@co.lucas.oh.us](mailto:casainfo@co.lucas.oh.us) or call 419-213-6753

**Description:** Join Emily and Rochelle to brush up on your report writing skills. Learn tips and tricks to making your court report the most useful tool in your CASA tool belt.

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**Human Trafficking and Beyond for Caseworkers****\*Rule 48****Date:** Tuesday, May 21, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**Instructor:** Tanisha Knighton**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** This workshop will focus on the different types of missing persons, analyzing the profiles and vulnerability factors of "victims," recruitment and grooming tactics used in both sexual and labor trafficking, terminology, and rules associated with pimping subcultures. This workshop will provide tips on how to identify and interact with "victims." Participants will review legislative changes in Ohio and the nation, and consider the impact of social media on how business is done. Finally, using numerous case studies, participants will learn some common problems and pitfalls associated with attempts to match deceased persons with missing persons. Participants are encouraged to bring their smartphones and tablets to this workshop so they may participate in the workshop activities.

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**Addressing Self-Injurious Behavior in Youth and Adolescents: A Holistic & Trauma-Informed Approach****\*Rule 48****Date:** Thursday, May 23, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St.**Cost:** Free**Instructor:** Kris Buffington**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This workshop will provide information and tools that assist foster parents and kinship caregivers to respond more effectively to youth who engage in self-injurious behaviors. The types, goals, and risk factors of self-injurious behavior will be presented, along with information on child traumatic stress and its impact. Participants will also consider ways to reduce the risk of vicarious trauma.

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**Safety Awareness and Self Protection****\*Rule 48****Date:** Thursday, May 23, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County JFS, 3210 Monroe St. Toledo, OH 43699**Cost:** Free**Instructor:** Dan Elliott**To sign up:** To register for any of these trainings you must use this link: <http://www.ohsts.org/guest-registration-form.html>

Use your own email and phone number. Use "Lucas County CASA" for your Agency Name with the address 1801 Speilbusch Ave. in Toledo. Type "CASA Volunteer" in for Position. Use Colleen Schoonmaker as your Supervisor's Name with the email [cschoo@co.lucas.oh.us](mailto:cschoo@co.lucas.oh.us). We are in the Northwest Training Region.

**Description:** It may seem there is little one can do to defuse the anger and hostility of others. Sometimes it seems to be set off by the smallest things; and above all, it seems to be unpredictable. Even so, workers can do things to defuse the anger and reduce abusive behavior. People can learn to act in ways that reduce this kind of behavior and ensure that they don't do anything that will result in an unpleasant situation deteriorating even further. This workshop not only covers early recognition and de-escalation of anger in others, but also explores our own triggers in dealing with anger and conflict management. By the end of this workshop, participants will be able to:

- Recognize one's own reaction to other's anger
- Recognize when emotional boundaries are crossed
- Understand the skills needed to deescalate angry and irate clients or others workers may come in contact with
- Understand the skills needed to maintain interactions that are both productive and safe

## Normalcy and the Reasonable and Prudent Parent Standard

**\*Rule 48**

**Date:** Thursday, May 30, 2019

**Time:** 10:00 am – 1:00 pm (3 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Laura Draheim

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This three-hour training introduces caregivers to the concept of normalcy and defines the Reasonable and Prudent Parent Standard (RPPS). Caregivers will learn what needs to be considered when applying the RPPS, and will practice applying the standard in a number of scenarios.

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## Working with Youth with Sexually Abusive Behaviors

**\*Rule 48**

**Date:** Thursday, May 30, 2019 AND Friday, May 31, 2019

**Time:** 9:00 am – 4:00 pm (12 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Dawn Smitley

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** Caseworkers are seeing an increase in the number of children and teens who perpetrate sex crimes against other youth. This workshop will help caseworkers assess sexual behavior and risk, identify and work with parents and out-of-home caregivers, understand the dynamics and issues involved in working with this population and their victims, recognize and obtain offense-specific assessments, and develop case plans.

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## June, 2019

### Supporting and Working with African-American Families: A Non-Stereotypical Approach

**\*Rule 48**

**Date:** Tuesday, June 4, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Dan Houston

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** This workshop explores African-American families in the United States by placing them within the context of culture. This highly interactive workshop fosters self-exploration and self-awareness of one's own culture, including traditions, values, and codes of conduct. Using The Ohio Child Welfare Training Program's approved definition of culture, participants explore common errors individuals make when examining culture and African-American families. By distinguishing between race and culture, participants review dynamic forces affecting African-American families, parents, and children. Additionally, by using case studies, participants explore a framework for supporting and proactively working with African-American families.

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### Girls, Trauma, and Delinquency

**\*Rule 48**

**Date:** Wednesday, June 5, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Anthony President

**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)

**Description:** There has been a rise in delinquent acts committed by girls and increased gang activity including girls. Today girls account for 30% of all juvenile arrests and 18% of the arrests for violent crime (Office of Juvenile Justice). This workshop first takes an exploratory view into the world of delinquent girls and the eight factors correlated to female delinquency. Secondly, the workshop reviews the root causes of female delinquency, such as trauma, victimization, social learning, and family/community strain. Also discussed are strategies to advocate for girls across systems and empower them by helping them to build protective factors to refrain from delinquent behaviors.

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### Warning Signs: Recognizing Signs and Symptoms of Developmental Delays, Childhood Mental Health Disorders, Learning Disabilities & Substance Abuse

**\*Rule 48**

**Date:** Friday, June 7, 2019

**Time:** 9:00 am - 12:00 pm (3 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Laura Gains

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** Children in care are at a high risk for developmental delays, substance abuse, mental health concerns, and learning disorders. Foster and adoptive parents spend the most time with these children and are therefore in the best position to notice concerns. This workshop will review warning signs and symptoms of the most common problems in order to increase awareness. Each topic will include resources for more information, prevention, and the beginning steps of intervention.

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### **In Pursuit of Permanence**

**\*Rule 48**

**Date:** Friday, June 7, 2019

**Time:** 10:00 am - 1:00 pm (3 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Unknown

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This training is adapted, with permission, from "Lifelong Connections: Permanency for Older Youth" by the National Resource Center for Youth Development, 2012. This workshop addresses how to define permanency with youth, provides an overview of youth aging out of care, explores why youth resist discussions about their independence, and provides strategies and tools for helping youth to identify permanent connections as they age out of care.

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### **Child Development Fundamentals**

**\*Rule 48**

**Date:** Friday, June 7, 2019

**Time:** 1:00 pm - 4:00 pm (3 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Laura Gains

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This training, part of the Fundamentals of Fostering series, introduces the fundamental principles of child development and the importance of relationships, structure, and experiences for healthy development. Brain development and normalcy will be addressed. The caregiver's role in supporting development will be discussed, including addressing developmental concerns.

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### **Early Childhood Development**

**\*Rule 48**

**Date:** Saturday, June 8, 2019

**Time:** 9:00 am - 12:00 pm (3 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Laura Gains

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This training, part of the Fundamentals of Fostering series, focuses on the physical, cognitive, social, and emotional development of children ages newborn to five years. Participants will learn about typical development, how to recognize developmental concerns, and how to support healthy development in young children.

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### **Development of School Age Children**

**\*Rule 48**

**Date:** Saturday, June 8, 2019

**Time:** 1:00 pm - 4:00 pm (3 Credit Hours)

**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free

**Instructor:** Laura Gains

**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>

**Description:** This training, part of the Fostering of Fundamentals series, focuses on the physical, cognitive, social, and emotional development of children six to 11 years. Participants will learn about typical development, how to address developmental concerns, and how to support healthy development in school age children.

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### **Laughing Just for the Health of It**

**Date:** Tuesday, June 11, 2019

**Time:** 9:00 am – 4:00 pm (6 Credit Hours)

**Place:** Lucas County JFS, 3210 Monroe St. Toledo, OH 43699

**Cost:** Free

**Instructor:** Karen Vadino

**To sign up:** To register for any of these trainings you must use this link: <http://www.ohsts.org/guest-registration-form.html>

Use your own email and phone number. Use "Lucas County CASA" for your Agency Name with the address 1801 Speilbusch Ave. in Toledo. Type "CASA Volunteer" in for Position. Use Colleen Schoonmaker as your Supervisor's Name with the email [cschoo@co.lucas.oh.us](mailto:cschoo@co.lucas.oh.us). We are in the Northwest Training Region.

**Description:** Laughter and humor provide some wonderful benefits. No matter how old we are, or what our physical or mental abilities may be, we can all laugh. Laughing unleashes a host of health benefits, including combating depression, dementia, Alzheimer's and Parkinson's. Laughter has been found to be a sound form of complementary medicine for seniors that can help keep them in good health and good cheer. Many older adults suffer from at least one or two chronic conditions. Laughter boosts the immune system, relieves pain and is good for the cardiovascular, respiratory and nervous systems. Researchers have also found that people with a sense of humor can expect to live longer than those who have difficulty laughing at daily events. By the end of this workshop, participants will:

- Have an increased awareness of the importance of humor in our lives
- Recognize the significance of the relationship between laughter and stress reduction
- Explore the many emotional and physical benefits of humor and laughter
- Learn methods of how to put more humor in our lives



**Solving CASA Conundrums (Repeat)****\*Rule 48****Date:** Wednesday, June 12, 2019**Time:** 5:30 pm - 7:30 pm (2 hours)**Place:** Juvenile Justice Center, Training Room 2**Cost:** Free**To Sign-Up:** E-mail [casainfo@co.lucas.oh.us](mailto:casainfo@co.lucas.oh.us) or call 419-213-6753**Instructor:** Emily Richter, J.D. and Colleen Schoonmaker**Description:** This training focuses on answering excellent questions we have received from you. The training will include information regarding filling out release forms, reading police checks and drug screen results, obtaining a three day alcohol screen, and understanding legal language.**Two Weeks to a Less Defiant Child****\*Rule 48****Date:** Thursday, June 13, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** John Ward**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)**Description:** Participants will learn how to regain control over defiant children or teens, including those with Oppositional Defiant Disorder. We will discuss the causes of defiance in kids and how their behavior can be transformed without resorting to yelling. Participants will learn how to teach caregivers: how to avoid power struggles, dependable discipline tactics, successful communication (with no yelling), how to overcome stubborn obstacles, how to reinforce the positive changes in a child, and, last but not least, how to reduce defiance for the long run.**Cultural Issues in Domestic Violence****\*Rule 48****Date:** Thursday, June 13, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County JFS, 3210 Monroe St. Toledo, OH 43699**Cost:** Free**Instructor:** Anthony President**To sign up:** To register for any of these trainings you must use this link: <http://www.ohsts.org/guest-registration-form.html>Use your own email and phone number. Use "Lucas County CASA" for your Agency Name with the address 1801 Speilbusch Ave. in Toledo. Type "CASA Volunteer" in for Position. Use Colleen Schoonmaker as your Supervisor's Name with the email [cschoo@co.lucas.oh.us](mailto:cschoo@co.lucas.oh.us). We are in the Northwest Training Region.**Description:** Close to 20 people per minute are physically abused by an intimate partner in the U.S. and that includes 1 in 4 women and 1 in 9 men (National Coalition Against Domestic Violence). This workshop deals with the dynamics of domestic violence and the impact culture has on it. We will discuss the typologies of domestic violence, common indicators, cultural barriers to engaging clients and strategies to support human services clients to seek safety and support. By the end of this workshop, participants will:

- Define domestic violence and list the typologies such as physical, sexual, financial, verbal, or emotional in older adults
- Know the common indicators of domestic violence in later life
- Understand the cultural attitudes and issues that could be barriers to older adult victims accepting help
- Use strategies to more effectively understand, engage and support older adult clients experiencing domestic violence

**An Overview of Codependency: The Need to be Needed****\*Rule 48****Date:** Thursday, June 13, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Brian Bethel**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)**Description:** This workshop will illuminate the concept of codependency and address common symptoms and characteristics associated with the term. Moreover, specific strategies will be offered for working with individuals who have codependent behavior. In addition, evidenced-based treatment strategies will be provided to assist professionals toward advocating for individuals and families.**Normalcy & the Reasonable and Prudent Parent Standard: What's the Standard?****\*Rule 48****Date:** Monday, June 24, 2019**Time:** 1:00 pm - 4:00 pm (3 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Deb McMullen**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>**Description:** This three-hour training introduces caregivers to the concept of normalcy and defines the Reasonable and Prudent Parent Standard (RPPS). Caregivers will learn what needs to be considered when applying the RPPS, and will practice applying the standard in a number of scenarios.

**Oh No, Not Again! Educational Advocacy****\*Rule 48****Date:** Tuesday, June 25, 2019**Time:** 10:00 am – 1:00 pm (3 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Deb McMullen**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>**Description:** This workshop will include information on how to acclimate a child coming from one culture into another culture within a different school district. Participants will discuss the importance of helping their foster/adoptive children to feel safe and secure in their new school setting. Participants will also learn ways to help bridge the cultural gap within the school with administration and staff.**Testifying in Court (CASA Core Repeat)****\*Rule 48****Date:** Thursday, June 27, 2018**Time:** 5:30 pm - 7:30 pm (2 Contact Hours)**Place:** Juvenile Justice Center, Training Room 2**Cost:** Free**To Sign-Up:** E-mail [casainfo@co.lucas.oh.us](mailto:casainfo@co.lucas.oh.us) or call 419-213-6753**Instructor:** Emily Richter, J.D. and Rochelle Abou-Arraj, J.D.**Description:** Testifying in Court is one of the most important skills a CASA/GAL can learn. In this training tips and tricks will be given to help you identify what information needs to be given to the Court. Additionally, our attorneys will teach you how to present the information to the Court in a compelling way.**Supporting Grandfamilies Raising Children in Child Welfare****\*Rule 48****Date:** Friday, June 28, 2019**Time:** 9:00 am – 4:00 pm (6 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Anthony President**To sign up:** Email Megan Hite at [megan.hite@jfs.ohio.gov](mailto:megan.hite@jfs.ohio.gov)**Description:** For every one kid in Foster Care, there are 20 being raised by Grandparents or other kin. (Annie E. Casey Foundation). Grandfamilies are families where Grandparents or other elderly kin raise children because their parents can't or won't. The opioid epidemic has created an increased need for substitute care and Grandfamilies are stepping up. This workshop deals with ways in which Workers can support the challenges of Grandfamilies such as social isolation, depression, caregiver stress and service navigation.**Interventions for Children who have Suffered Trauma****\*Rule 48****Date:** Saturday, June 29, 2019**Time:** 1:00 pm – 4:00 pm (3 Credit Hours)**Place:** Lucas County Conference and Learning Center, 711 Adams St. **Cost:** Free**Instructor:** Dave Zidar**To sign up:** Call AnneVictoria Smith at 419-213-3505 or <http://ocwtp.net/NWORTC/NWORTC%20FP%20Training.html>**Description:** Children in foster care have a higher rate of trauma than their non-foster peers. Some estimates are that 51% of the children in care suffer Post-Traumatic Stress Disorder. Adults in these children's lives must have an understanding of the role trauma plays in their behavior and achievement of developmental milestones. Participants need to understand that each child will manifest the impact of trauma differently. Participants will learn ways to help improve functioning and how to work with the mental health system.